

[Submitting Counsel on Signature Page]

UNITED STATES DISTRICT COURT
WESTERN DISTRICT OF WASHINGTON AT SEATTLE

KENT SCHOOL DISTRICT NO. 415,

Plaintiff,

v.

META PLATFORMS, INC., FACEBOOK
HOLDINGS, LLC, FACEBOOK
OPERATIONS, LLC, META PAYMENTS
INC., FACEBOOK TECHNOLOGIES, LLC,
INSTAGRAM, LLC, SICULUS, INC., SNAP
INC., TIKTOK INC., BYTEDANCE INC.,
ALPHABET INC., GOOGLE LLC, XXVI
HOLDINGS INC., and YOUTUBE, LLC,

Defendants.

No.

COMPLAINT

JURY TRIAL DEMANDED

I. INTRODUCTION

1. Meta Platforms, Inc., Facebook Holdings, LLC, Facebook Operations, LLC, Meta Payments Inc., Facebook Technologies, LLC, Instagram, LLC, Siculus, Inc., Snap Inc., TikTok Inc., ByteDance Inc., Alphabet Inc., Google LLC, XXVI Holdings Inc., and YouTube, LLC (collectively, “**Defendants**”) design, market, promote, and operate social media platforms. Over the past decade, each has grown their respective platforms exponentially, from millions to billions of users. And Defendants have grown not just their user bases, but the frequency with which users use their platforms and the time each user spends on their platforms. Defendants’ growth is a product of choices they made to design and operate their platforms in ways that exploit the psychology and neurophysiology of their users into spending more and more time on their platforms. These techniques are both particularly effective and harmful to the youth audience Defendants have intentionally cultivated, creating a mental health crisis among America’s youth.

2. Defendants have done so for profit. Their business models are based on advertisements. The more time users spend on their platforms, the more ads Defendants can sell.

3. Youths are central to Defendants’ business models. Youths are more likely to have a phone, to use social media, and to have downtime to spend on Defendants’ social media platforms. Plus, youth influence the behavior of their parents and younger siblings. As one Defendant put it, “los[ing] the teen foothold in the U.S.[.]” would mean “los[ing] the pipeline” for growth.¹

4. Defendants have maximized the time users—particularly youth—spend on their platforms by purposely designing, refining, and operating them to exploit the neurophysiology of the brain’s reward systems to keep users coming back, coming back frequently, and staying on the respective platforms for as long as possible.

5. Youths are particularly susceptible to Defendants’ manipulative conduct because

¹ Sheera Frenkel *et al.*, *Instagram Struggles with Fears of Losing Its ‘Pipeline’: Young Users*, N.Y. Times (Oct. 26, 2021), <https://www.nytimes.com/2021/10/16/technology/instagram-teens.html>.
COMPLAINT

1 their brains are not fully developed, and they consequently lack the same emotional maturity,
2 impulse control, and psychological resiliency as other more mature users.

3 6. Defendants have successfully exploited the vulnerable brains of youth, hooking
4 tens of millions of students across the country into positive feedback loops of excessive use and
5 abuse of Defendants' social media platforms. Worse, the content Defendants curate and direct to
6 youth is too often harmful and exploitive (e.g., promoting a "corpse bride" diet, eating 300
7 calories a day, or encouraging self-harm).

8 7. Defendants' misconduct has been a substantial factor in causing a youth mental
9 health crisis, which has been marked by higher and higher proportions of youth struggling with
10 anxiety, depression, thoughts of self-harm, and suicidal ideation. The rates at which children
11 have struggled with mental health issues have climbed steadily since 2010 and by 2018 made
12 suicide the second leading cause of death for youths. The pandemic and the corresponding
13 increase in time youth spend on Defendants' platforms has only intensified this crisis.

14 8. The state of children's mental health led the American Academy of Pediatrics, the
15 American Academy of Child and Adolescent Psychiatry, and the Children's Hospital Association
16 to declare a national emergency, and the U.S. Surgeon General to issue an advisory "to highlight
17 the urgent need to address the nation's youth mental health crisis."²

18 9. In his 2022 State of the Union Address, President Joe Biden also called attention
19 to the harm social media has wrought on youth and implored all to "hold social media platforms
20 accountable for the national experiment they're conducting on our children for profit."³

21 10. Plaintiff Kent School District No. 415 brings this action to do just that. Youth in
22 Plaintiff's community are experiencing the same mental health crisis observed nationally. King
23

24 ² AAP-AACAP-CHA Declaration of a National Emergency in Child and Adolescent Mental Health, Am. Acad.
25 Pediatrics (Oct. 19, 2021), [https://www.aap.org/en/advocacy/child-and-adolescent-healthy-mental-](https://www.aap.org/en/advocacy/child-and-adolescent-healthy-mental-development/aap-aacap-cha-declaration-of-a-national-emergency-in-child-and-adolescent-mental-health/)
26 [development/aap-aacap-cha-declaration-of-a-national-emergency-in-child-and-adolescent-mental-health/](https://www.aap.org/en/advocacy/child-and-adolescent-healthy-mental-development/aap-aacap-cha-declaration-of-a-national-emergency-in-child-and-adolescent-mental-health/); U.S.
27 Surgeon General Issues Advisory on Youth Mental Health Crisis Further Exposed by COVID-19 Pandemic, U.S.
Dep't Health & Hum. Servs. (Dec. 7, 2021), [https://www.hhs.gov/about/news/2021/12/07/us-surgeon-general-](https://www.hhs.gov/about/news/2021/12/07/us-surgeon-general-issues-advisory-on-youth-mental-health-crisis-further-exposed-by-covid-19-pandemic.html)
[issues-advisory-on-youth-mental-health-crisis-further-exposed-by-covid-19-pandemic.html](https://www.hhs.gov/about/news/2021/12/07/us-surgeon-general-issues-advisory-on-youth-mental-health-crisis-further-exposed-by-covid-19-pandemic.html).

³ President Biden, State of the Union Address (Mar. 1, 2022) (transcript available at
<https://www.whitehouse.gov/state-of-the-union-2022/>).

County, Washington, where Plaintiff is located, has “seen drastic increases in suicides, attempted suicides, and mental-health related ER visits[,]” that has made it “clear to any parent across this country and here in King County that,” even before the COVID-19 pandemic, there was and is “an *existing* youth mental health crisis[.]”⁴

11. Students experiencing anxiety, depression, and other mental health issues perform worse in school, are less likely to attend school, more likely to engage in substance use, and to act out, all of which directly affects Plaintiff’s ability to fulfill its educational mission.

12. That is why Plaintiff, like 96 percent of other schools, provides mental health services to its students. For example, Plaintiff trains its teachers and staff to screen students for mental health symptoms and refer them to services, such as those offered by the school-based health clinics it operates in partnership with local service providers. But Plaintiff needs a comprehensive, long-term plan and funding to drive a sustained reduction in the record rates of anxiety, depression, suicidal ideation, and other tragic indices of the mental health crisis its youth are experiencing at Defendants’ hands.

II. JURISDICTION AND VENUE

13. This Court has subject-matter jurisdiction over this case under 28 U.S.C. § 1332(a) because the amount in controversy exceeds \$75,000, and Plaintiff and Defendants are residents and citizens of different states.

14. The Court has personal jurisdiction over Defendants because they do business in the Western District of Washington and have sufficient minimum contacts with the District. Defendants intentionally avail themselves of the markets in this State through the promotion, marketing, and operations of their platforms at issue in this lawsuit in Washington, and by retaining the profits and proceeds from these activities, to render the exercise of jurisdiction by this Court permissible under Washington law and the United States Constitution.

⁴ Press Release, *Council approves \$5 million in funding for youth mental health*, King Cnty. (Aug. 17, 2022), <https://kingcounty.gov/council/news/2022/August/8-17-youth-mental-health-funding-release.aspx> (emphasis added).

15. Venue is proper in the Western District of Washington pursuant to 28 U.S.C. § 1391(b)(2) and (3) because a substantial part of the events or omissions giving rise to the claims at issue in this Complaint arose in this District and Defendants are subject to the Court's personal jurisdiction with respect to this action.

III. PARTIES

A. Plaintiff

16. Plaintiff Kent School District No. 415 (“**Plaintiff**” or “**Kent School District**”) is a school district located in King County, Washington. Kent School District is the fifth largest district in Washington, serving approximately 25,000 students at the 42 schools and academies it operates.⁵ Plaintiff’s offices are located at 12033 SE 256th Street, Kent, Washington.

B. Facebook and Instagram Defendants

17. Defendant Meta Platforms, Inc. (“**Meta**”), formerly known as Facebook, Inc., is a Delaware corporation with its principal place of business in Menlo Park, California.

18. Defendant Meta develops and maintains social media platforms, communication platforms, and electronic devices that are widely available to users throughout the United States. The platforms developed and maintained by Meta include Facebook (including its self-titled app, Marketplace, and Workplace), Messenger (including Messenger Kids), Instagram, and a line of electronic virtual reality devices and services called Meta Quest (collectively, “**Meta platforms**”).

19. Meta transacts or has transacted business in this District and throughout the United States. At all times material to this Complaint, acting alone or in concert with its subsidiaries (identified below), Meta has advertised, marketed, and distributed the Meta platforms to consumers throughout the United States. At all times material to this Complaint, Meta formulated, directed, controlled, had the authority to control, or participated in the acts and practices set forth in this Complaint.

⁵ *Fast Facts*, Kent Sch. Dist., <https://www.kent.k12.wa.us/Page/12621> (last visited Dec. 14, 2022).

20. Defendant Meta’s subsidiaries include Facebook Holdings, LLC; Facebook Operations, LLC; Meta Payments Inc.; Facebook Technologies, LLC; Instagram, LLC; and Siculus, Inc.

21. Defendant Facebook Holdings, LLC (“**Facebook Holdings**”) was organized under the laws of the state of Delaware on March 11, 2020, and is a wholly owned subsidiary of Meta Platforms, Inc. Facebook Holdings is primarily a holding company for entities involved in Meta’s supporting and international endeavors, and its principal place of business is in Menlo Park, California. Defendant Meta is the sole member of Facebook Holdings.

22. Defendant Facebook Operations, LLC (“**Facebook Operations**”) was organized under the laws of the state of Delaware on January 8, 2012, and is a wholly owned subsidiary of Meta Platforms, Inc. The principal place of business of Facebook Operations is in Menlo Park, California. Defendant Meta is the sole member of Facebook Operations.

23. Defendant Meta Payments Inc. (“**Meta Payments**”) was incorporated in Florida on December 10, 2010, as Facebook Payments Inc. In July 2022, the entity’s name was amended to Meta Payments Inc. Meta Payments is a wholly owned subsidiary of Meta Platforms, Inc. Meta Payments manages, secures, and processes payments made through Meta, among other activities, and its principal place of business is in Menlo Park, California.

24. Defendant Facebook Technologies, LLC (“**Facebook Technologies**”) was organized under the laws of the state of Delaware as “Oculus VR, LLC” on March 21, 2014, and acquired by Meta on March 25, 2014. Facebook Technologies develops Meta’s virtual and augmented reality technology, such as the Meta Quest line of services, among other technologies related to Meta’s platforms, and its principal place of business is in Menlo Park, California. Defendant Meta is the sole member of Facebook Technologies.

25. Defendant Instagram, LLC (“**Instagram**”) was founded by Kevin Systrom and Mike Krieger in October 2010 and is a social media platform designed for photo and video sharing. In April 2012, Meta purchased the company for approximately \$1 billion. Meta reformed the limited liability company under the laws of the state of Delaware on April 7, 2012,

COMPLAINT

KELLER ROHRBACK L.L.P.
1201 THIRD AVENUE, SUITE 3200
SEATTLE, WA 98101-3052
TELEPHONE: (206) 623-1900
FACSIMILE: (206) 623-3384

1 and the company's principal place of business is in Menlo Park, California. Defendant Meta is
2 the sole member of Instagram.

3 26. Defendant Siculus, Inc. ("**Siculus**") was incorporated in Delaware on October 19,
4 2011. Siculus is a wholly owned subsidiary of Meta, which supports Meta platforms by
5 constructing data facilities and other projects. Siculus's principal place of business is in
6 Menlo Park, California.

7 **C. Snap Defendant**

8 27. Defendant Snap Inc. ("**Snap**") is a Delaware corporation with its principal place
9 of business in Santa Monica, California. Snap transacts or has transacted business in this District
10 and throughout the United States. At all times material to this Complaint, acting alone or in
11 concert with others, Snap has advertised, marketed, and distributed the Snapchat social media
12 platform to consumers throughout the United States. At all times material to this Complaint,
13 Snap formulated, directed, controlled, had the authority to control, or participated in the acts and
14 practices set forth in this Complaint.

15 **D. TikTok Defendants**

16 28. Defendant TikTok Inc. was incorporated in California on April 30, 2015, with its
17 principal place of business in Culver City, California. TikTok Inc. transacts or has transacted
18 business in this District and throughout the United States. At all times material to this Complaint,
19 acting alone or in concert with others, TikTok Inc. has advertised, marketed, and distributed the
20 TikTok social media platform to consumers throughout the United States. At all times material to
21 this Complaint, acting alone or in concert with ByteDance Inc., TikTok Inc. formulated, directed,
22 controlled, had the authority to control, or participated in the acts and practices set forth in this
23 Complaint.

24 29. Defendant ByteDance Inc. ("**ByteDance**") is a Delaware corporation with its
25 principal place of business in Mountain View, California. ByteDance transacts or has transacted
26 business in this District and throughout the United States. At all times material to this Complaint,
27 acting alone or in concert with others, ByteDance has advertised, marketed, and distributed the

COMPLAINT

KELLER ROHRBACK L.L.P.
1201 THIRD AVENUE, SUITE 3200
SEATTLE, WA 98101-3052
TELEPHONE: (206) 623-1900
FACSIMILE: (206) 623-3384

1 TikTok social media platform to consumers throughout the United States. At all times material to
 2 this Complaint, acting alone or in concert with TikTok Inc., ByteDance formulated, directed,
 3 controlled, had the authority to control, or participated in the acts and practices set forth in this
 4 Complaint.

5 **E. YouTube Defendants**

6 30. Defendant Alphabet Inc. is a Delaware corporation with its principal place of
 7 business in Mountain View, California. Alphabet Inc. is the sole stockholder of XXVI Holdings
 8 Inc.

9 31. Defendant XXVI Holdings Inc. is a Delaware corporation with its principal place
 10 of business in Mountain View, California. XXVI Holdings, Inc. is a wholly owned subsidiary of
 11 Alphabet Inc. and the managing member of Google LLC (“Google”).

12 32. Defendant Google is a limited liability company organized under the laws of the
 13 state of Delaware, and its principal place of business is in Mountain View, California. Google
 14 LLC is a wholly owned subsidiary of XXVI Holdings Inc., and the managing member of
 15 YouTube, LLC. Google LLC transacts or has transacted business in this District and throughout
 16 the United States. At all times material to this Complaint, acting alone or in concert with others,
 17 Google LLC has advertised, marketed, and distributed its YouTube video sharing platform to
 18 consumers throughout the United States. At all times material to this Complaint, acting alone or
 19 in concert with YouTube, LLC, Google LLC formulated, directed, controlled, had the authority
 20 to control, or participated in the acts and practices set forth in this Complaint.

21 33. Defendant YouTube, LLC is a limited liability company organized under the laws
 22 of the state of Delaware, and its principal place of business is in San Bruno, California.
 23 YouTube, LLC is a wholly owned subsidiary of Google LLC. YouTube, LLC transacts or has
 24 transacted business in this District and throughout the United States. At all times material to this
 25 Complaint, acting alone or in concert with Defendant Google LLC, YouTube, LLC has
 26 advertised, marketed, and distributed its YouTube social media platform to consumers
 27 throughout the United States. At all times material to this Complaint, acting alone or in concert

COMPLAINT

with Google LLC, YouTube, LLC formulated, directed, controlled, had the authority to control, or participated in the acts and practices set forth in this Complaint.

IV. FACTUAL ALLEGATIONS

A. Millions of Youth Have Become Excessive and Problematic Users of Social Media

34. Researchers studying the effect social media⁶ has on the brain have shown that social media exploits “the same neural circuitry” as “gambling and recreational drugs to keep consumers using their products as much as possible.”⁷

35. As described below, each Defendant designed and marketed their exploitive social media platform to be extremely popular with youth. And they have been successful. Ninety percent of children ages 13–17 use social media.⁸ Younger children also regularly use social media. One study reported 38 percent of children ages 8–12 used social media in 2021.⁹ Other studies reveal numbers as high as 49 percent of children ages 10–12 use social media and 32 percent of children ages 7–9 use social media.¹⁰

36. The most popular of these platforms is YouTube. A vast majority, 95 percent, of children ages 13-17 have used YouTube.¹¹

37. TikTok has skyrocketed in popularity with teenagers since its merger with Musical.ly in 2018. As of July 2020, “TikTok classified more than a third of its 49 million *daily* users in the United States as being 14 years old or younger[,]” and that likely underestimates

⁶ The term “social media” is commonly used to refer to text, photos, videos, and ideas that are exchanged among virtual communities. The interactive technologies that allow for the virtual exchange of these media among networks of users are known as social media platforms.

⁷ *Social Media Addiction*, Addiction Ctr, <https://www.addictioncenter.com/drugs/social-media-addiction/#:~:text=Due%20to%20the%20effect%20that,when%20taking%20an%20addictive%20substance> (last visited Dec. 8, 2022).

⁸ *Social Media and Teens*, Am. Acad. Child & Adolescent Psychiatry (Mar. 2018), https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Social-Media-and-Teens-100.aspx.

⁹ Victoria Rideout et al., *The Common Sense Census: Media Use by Tweens and Teens, 2021* at 5, Common Sense Media (2022), https://www.common sense media.org/sites/default/files/research/report/8-18-census-integrated-report-final-web_0.pdf.

¹⁰ *Sharing Too Soon? Children and Social Media Apps*, C.S. Mott Child.’s Hosp. Univ. Mich. Health (Oct. 18, 2021), https://mottpoll.org/sites/default/files/documents/101821_SocialMedia.pdf.

¹¹ Emily Vogels et al., *Teens, Social Media and Technology 2022*, Pew Rsch. Ctr. (Aug. 10, 2022), <https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022/>.

those under 14 and older teenagers (i.e., those between 15 and 18 years old) because TikTok claims not to know how old a third of its daily users are.¹² TikTok is now the second most popular social media platform with over 67 percent of children ages 13–17 having used the app.¹³

38. Instagram’s numbers are comparable to TikTok, with 62 percent of children ages 13–17 reporting they have used the app.¹⁴

39. Snapchat also remains popular with youth, with 59 percent of children ages 13–17 reporting they have used the app.¹⁵

40. Facebook rounds out the five most popular social media platforms, with 32 percent of children ages 13–17 reporting they have used Facebook’s app or website.¹⁶

41. Teenagers who use these social media platforms are also likely to use them every day. One study estimates that 62 percent of children ages 13–18 use social media every day.¹⁷ An increasing number of younger children also use social media daily with 18 percent of children ages 8–12 reporting using a social media site at least once a day.¹⁸

42. Daily use for many teenagers does not consist of logging onto a platform just once. Rather, many teenage users check social media repeatedly throughout the day. In one study, teenage users reported checking Snapchat thirty times a day on average.¹⁹

¹² Raymond Zhong & Sheera Frenkel, *A Third of TikTok’s U.S. Users May Be 14 or Under, Raising Safety Questions*, N.Y. Times (Sept. 17, 2020), <https://www.nytimes.com/2020/08/14/technology/tiktok-underage-users-etc.html>.

¹³ Emily Vogels *et al.*, *Teens, Social Media and Technology 2022*, Pew Rsch. Ctr. (Aug. 10, 2022), <https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022/>.

¹⁴ *Id.*

¹⁵ *Id.*

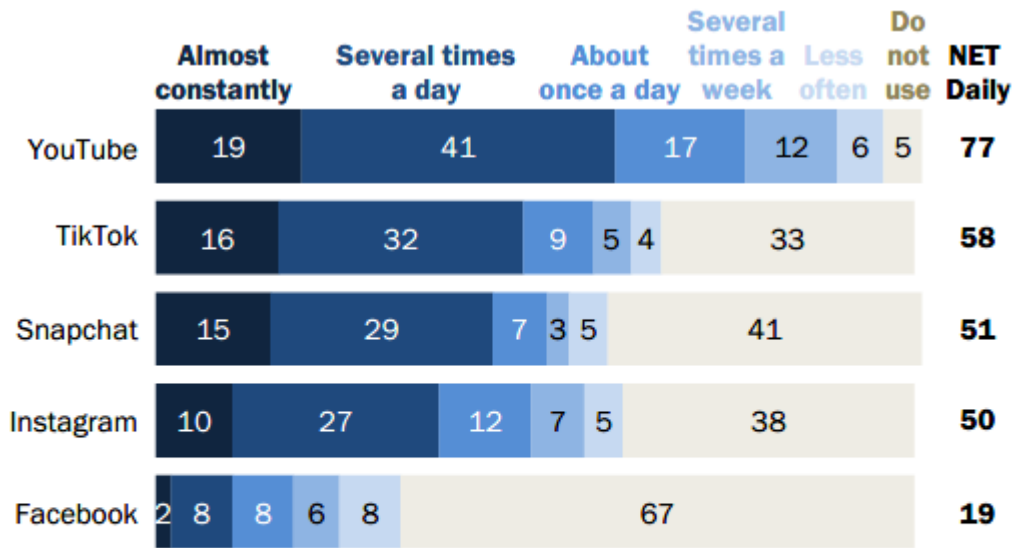
¹⁶ *Id.*

¹⁷ Victoria Rideout *et al.*, *The Common Sense Census: Media Use by Tweens and Teens, 2021* at 4, Common Sense Media (2022), https://www.common Sense Media.org/sites/default/files/research/report/8-18-census-integrated-report-final-web_0.pdf.

¹⁸ *Id.* at 5.

¹⁹ Erinn Murphy *et al.*, *Taking Stock with Teens, Fall 2021* at 13, Piper Sandler (2021), tinyurl.com/89ct4p88.

43. Even more alarming, some teenagers never stop looking at social media.²⁰



Note: Teens refer to those ages 13 to 17. Those who did not give an answer are not shown.

Figures may not add up to the NET values due to rounding.

Source: Survey conducted April 14-May 4, 2022.

"Teens, Social Media and Technology 2022"

PEW RESEARCH CENTER

44. Nearly 20 percent of teens use YouTube almost constantly.²¹ TikTok and Snapchat are close behind, with near constant use rates among teens at 16 percent and 15 percent respectively.²² Meanwhile, 10 percent of teens use Instagram almost constantly.²³ And two percent of teens report using Facebook almost constantly.²⁴

45. Teenagers are aware of the grip social media has on their lives yet still cannot stop using it. Thirty-six percent of teenagers admit they spend too much time on social media.²⁵ And over half of teens say that giving up social media would be somewhat hard, with nearly one-

²⁰ Emily Vogels et al., *Teens, Social Media and Technology 2022*, Pew Rsch. Ctr. (Aug. 10, 2022), <https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022/>.

²¹ *Id.*

²² *Id.*

²³ *Id.*

²⁴ *Id.*

²⁵ *Id.*

1 in-five teens saying giving up social media would be very hard.²⁶ And of the subgroup of
 2 teenagers who use at least one platform “almost constantly,” 71 percent said giving up social
 3 media would be hard, with 32 percent saying giving up social media would be very hard.²⁷

4 46. The more that teenagers use social media, the harder they find it to give up.
 5 Teenagers who say they spend too much time on social media are almost twice as likely to say
 6 that giving up social media would be hard as teens who see their social media usage as about
 7 right.²⁸

8 47. Another study shows that among teenagers who regularly use social media, 32
 9 percent “wouldn’t want to live without” YouTube.²⁹ Twenty percent of teenagers said the same
 10 about Snapchat; 13 percent said the same about both TikTok and Instagram; and 6 percent said
 11 the same about Facebook.³⁰

12 48. Despite using social media frequently, most youth do not enjoy it. Only 27
 13 percent of boys and 42 percent of girls ages 8–18 reported enjoying social media “a lot” in
 14 2021.³¹

15 **B. Research Has Confirmed the Harmful Effects of Social Media on Youth**

16 49. Social media use—especially excessive use—has severe and wide-ranging effects
 17 on youth mental health. Social media use is linked to increases in mental, emotional,
 18 developmental, and behavior disorders. Independent research and internal data from these social
 19 media platforms show social media has a direct negative impact on teenagers’ mental health on
 20 various fronts.

21 50. In general, electronic screen use causes lower psychological well-being.³² This

22 ²⁶ *Id.*

23 ²⁷ *Id.*

24 ²⁸ *Id.*

25 ²⁹ Victoria Rideout *et al.*, *Common Sense Census: Media use by tweens and teens, 2021* at 31, Common Sense
 Media (2022), [https://www.commonsensemedia.org/sites/default/files/research/report/8-18-census-integrated-](https://www.commonsensemedia.org/sites/default/files/research/report/8-18-census-integrated-report-final-web_0.pdf)
[report-final-web_0.pdf](https://www.commonsensemedia.org/sites/default/files/research/report/8-18-census-integrated-report-final-web_0.pdf).

26 ³⁰ *Id.*

27 ³¹ *Id.* at 34.

³² Jean M. Twenge & W. Keith Campbell, *Associations between screen time and lower psychological well-being among children and adolescents: Evidence from a population-based study*, 12 *Prev. Med. Rep.* 271–83 (2018),
 COMPLAINT

link is especially apparent among adolescents. Those with high screen time are twice as likely to receive diagnoses of depression, anxiety, or need treatment for mental or behavior health conditions compared to low screen time users.³³

51. Social media specifically has a “detrimental effect on the psychological health of its users.”³⁴ One systematic review of 16 studies on the effects of social media on mental health found social media use increases levels of anxiety and depression.³⁵

52. Social media also has detrimental effects on the mental health of adolescents specifically. Increased social media use increases depressive symptoms, suicide-related outcomes, and suicide rates among adolescents.³⁶

53. One of the primary reasons the use of social media is associated with depressive symptoms among adolescents is because it encourages unhealthy social comparison and feedback seeking behaviors.³⁷ Because adolescents spend a majority of their time on social media looking at other users’ profiles and photos, they are likely to engage in negative comparisons with their peers.³⁸ Specifically, adolescents are likely to engage in harmful upward comparisons with others they perceive to be more popular.³⁹

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6214874/>; Ariel Shensa *et al.*, *Social Media Use and Depression and Anxiety Symptoms: A Cluster Analysis*, 42(2) *Am. J. Health Behav.* 116–28 (2018),

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5904786/>.

³³ Jean M. Twenge & W. Keith Campbell, *Associations between screen time and lower psychological well-being among children and adolescents: Evidence from a population-based study*, 12 *Prev. Med. Rep.* 271–83 (2018), <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6214874/>.

³⁴ Fazida Karim *et al.*, *Social Media Use and Its Connection to Mental Health: A Systemic Review*, *Cureus* Volume 12(6) (June 15, 2020), <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7364393/>.

³⁵ *Id.*

³⁶ Jean M. Twenge *et al.*, *Increases in Depressive Symptoms, Suicide-Related Outcomes, and Suicide Rates Among U.S. Adolescents After 2010 and Links to Increased New Media Screen Time*, 6 *Clinical Psych. Sci.* 3–17 (2017), <https://doi.org/10.1177/2167702617723376>.

³⁷ Jacqueline Nesi & Mitchell J Prinstein, *Using Social Media for Social Comparison and Feedback-Seeking: Gender and Popularity Moderate Associations with Depressive Symptoms*, 43 *J. Abnormal Child Psych.* 1427–38 (2015), <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5985443/>.

³⁸ *Id.*; see also Nino Gugushvili *et al.*, *Facebook use intensity and depressive symptoms: a moderated mediation model of problematic Facebook use, age, neuroticism, and extraversion* at 3, *BMC Psych.* 10, 279 (2022), <https://doi.org/10.1186/s40359-022-00990-7> (explaining that youth are particularly vulnerable because they “use social networking sites for construing their identity, developing a sense of belonging, and for comparison with others”).

³⁹ *Id.*

COMPLAINT

KELLER ROHRBACK L.L.P.
1201 THIRD AVENUE, SUITE 3200
SEATTLE, WA 98101-3052
TELEPHONE: (206) 623-1900
FACSIMILE: (206) 623-3384

54. Clinicians have also observed a clear relationship between youth social media use and disordered eating behavior.⁴⁰ The more social media accounts an adolescent has, the greater disordered eating behaviors they exhibit. Additionally, research shows the more time young girls spend on social media platforms, such as Instagram and Snapchat, the more likely they are to develop disordered eating behaviors.⁴¹

55. Social media use has also caused an increase in cyberbullying. The more time an individual, especially males, spend on social media, the more likely they are to commit acts of cyberbullying.⁴² Cyberbullying is now so common that most American teens, 59 percent, have experienced some form of cyberbullying.⁴³ This number includes 42 percent of teens experiencing name calling; 32 percent being subject to false rumors; 25 percent receiving an unsolicited explicit image; 21 percent being subject to online stalking; 16 percent receiving physical threats online; and 7 percent having had explicit images of them shared without their consent.⁴⁴

56. Social media use also contributes to sleep deprivation. Young adults who spend a lot of time on social media during the day or check it frequently throughout the week are more likely to suffer sleep disturbances than their peers who use social media infrequently.⁴⁵ In turn, disturbed and insufficient sleep is associated with poor health outcomes.⁴⁶

57. Defendants exacerbate the disruption of sleep by sending push notifications and emails either at night when children should be sleeping or during school hours when they should

⁴⁰ Simon M. Wilksch *et al.*, *The relationship between social media use and disordered eating in young adolescents*, 53 Int'l J. Eating Disorders 96–106 (2020), <https://pubmed.ncbi.nlm.nih.gov/31797420/>.

⁴¹ *Id.*

⁴² Amanda Giordano *et al.*, *Understanding Adolescent Cyberbullies: Exploring Social Media Addiction and Psychological Factors*, 7(1) J. Child & Adolescent Counseling 42–55 (2021), <https://www.tandfonline.com/doi/abs/10.1080/23727810.2020.1835420?journalCode=ucac20>.

⁴³ Monica Anderson, *A Majority of Teens Have Experienced Some Form of Cyberbullying*, Pew Rsch. Ctr. (Sept. 27, 2018), <https://www.pewresearch.org/internet/2018/09/27/a-majority-of-teens-have-experienced-some-form-of-cyberbullying/>.

⁴⁴ *Id.*

⁴⁵ Jessica C. Levenson *et al.*, *The Association Between Social Media Use and Sleep Disturbance Among Young Adults*, 85 Preventive Med. 36–41 (Apr. 2016), <https://www.sciencedirect.com/science/article/abs/pii/S0091743516000025>.

⁴⁶ *Id.*

1 be studying, thereby prompting children to re-engage with Defendants' platforms at times when
2 using them is harmful to their health and well-being.⁴⁷

3 58. Further, children are especially vulnerable to developing harmful behaviors
4 because their prefrontal cortex is not fully developed.⁴⁸ Consequently, they find it particularly
5 difficult to exercise the self-control required to regulate their own use of Defendants' platforms.
6 In this regard, self-regulation allows people to delay gratification, postponing an immediate
7 reward for a better reward later. Adolescents' low capacity for self-regulation means they are
8 particularly vulnerable to the immediately pleasurable, but ultimately harmful, effects of the
9 repeated dopamine spikes caused by an external stimulus, such as "likes" that activate the reward
10 system in the brain.⁴⁹

11 59. As discussed in further detail *infra* Section IV.D., these reward-based learning
12 systems "contribute to the maintenance of excessive usage patterns."⁵⁰ Researchers investigating
13 the "directionality between social networking [platforms] and problematic use," have found that
14 "increases in the intensity of use . . . predict[] problematic use."⁵¹ And empirical studies have
15 found that problematic use is associated with "insomnia, stress, relationship dissatisfaction,
16 anxiety, social anxiety, and depressive symptoms."⁵²

17 60. In this regard, adolescents are especially vulnerable to long-term harm from
18 Defendants' platforms because excessive and problematic use can disrupt their brains'
19 development at a critical stage.

22 ⁴⁷ See, e.g., Beatrice Nolan, *Kids are waking up in the night to check their notifications and are losing about 1*
23 *night's worth of sleep a week, study suggests*, Bus. Insider (Sept. 19, 2022),
<https://www.businessinsider.com/social-media-costing-children-one-night-sleep-study-2022-9> (approximately
12.5% of children report waking up to check social media notifications).

24 ⁴⁸ Nino Gugushvili *et al.*, *Facebook use intensity and depressive symptoms: a moderated mediation model of*
25 *problematic Facebook use, age, neuroticism, and extraversion* at 3, BMC Psych. 10, 279 (2022),
<https://doi.org/10.1186/s40359-022-00990-7>.

26 ⁴⁹ *Id.*

27 ⁵⁰ *Id.*

⁵¹ *Id.*

⁵² *Id.* (collecting sources).

C. As a Result, America's Youth are Facing a Mental Health Crisis

61. The number of youths using Defendants' social media platforms and the intensity of their use has increased significantly since 2008, which has contributed to a wide range of negative effects on youth mental health. Over that same time the number of youths experiencing depression, contemplating suicide, seeking emergency room help for mental health issues and—tragically—committing suicide has skyrocketed.

62. Today, one in five children ages 3–17 in the United States have a mental, emotional, developmental, or behavioral disorder.⁵³

63. On December 7, 2021, these issues led the United States Surgeon General to issue an advisory on youth the mental health crisis.⁵⁴ In issuing the advisory, the Surgeon General noted, “[m]ental health challenges in children, adolescents, and young adults are real and widespread. Even before the pandemic, an alarming number of young people struggled with feelings of helplessness, depression, and thoughts of suicide — and rates have increased over the past decade.”⁵⁵

64. While the report highlights ways in which the COVID-19 pandemic has exacerbated mental health issues for American youth, it also highlights the mental health challenges youth faced before the pandemic. Specifically, the report notes that before the pandemic, “mental health challenges were the leading cause of disability and poor life outcomes in young people.”⁵⁶

65. Before the pandemic, one-in-five children ages 3–17 in the United States had a mental, emotional, developmental, or behavior disorder.⁵⁷

⁵³ *U.S. Surgeon General Issues Advisory on Youth Mental Health Crisis Further Exposed by COVID-19 Pandemic*, U.S. Dep’t Health & Hum. Servs. (Dec. 7, 2021), <https://www.hhs.gov/about/news/2021/12/07/us-surgeon-general-issues-advisory-on-youth-mental-health-crisis-further-exposed-by-covid-19-pandemic.html>.

⁵⁴ *Protecting Youth Mental Health: The U.S. Surgeon General’s Advisory*, U.S. Dep’t Health & Hum. Servs. (Dec. 7, 2021), <https://www.hhs.gov/sites/default/files/surgeon-general-youth-mental-health-advisory.pdf>.

⁵⁵ *U.S. Surgeon General Issues Advisory on Youth Mental Health Crisis Further Exposed by COVID-19 Pandemic*, U.S. Dep’t Health & Hum. Servs. (Dec. 7, 2021), <https://www.hhs.gov/about/news/2021/12/07/us-surgeon-general-issues-advisory-on-youth-mental-health-crisis-further-exposed-by-covid-19-pandemic.html>.

⁵⁶ *Id.*

⁵⁷ *Id.*

66. From 2009–19, the rate of high school students who reported persistent feelings of sadness or hopelessness increased by 40 percent (to one out of every three kids).⁵⁸ The share of kids seriously considering attempting suicide increased by 36 percent and the share creating a suicide plan increased by 44 percent.⁵⁹

67. From 2007 to 2019, suicide rates among youth ages 10–24 in the United States increased by 57 percent.⁶⁰ By 2018, suicide was the second leading cause of death for youth ages 10–24.⁶¹

68. From 2007 to 2016, emergency room visits for youth ages 5–17 rose 117 percent for anxiety disorders, 44 percent for mood disorders, and 40 percent for attention disorders.⁶²

69. This and other data led the American Academy of Pediatrics, the American Academy of Child and Adolescent Psychiatry, and the Children’s Hospital Association to join the Surgeon General and declare a national emergency in child and adolescent mental health.⁶³

70. President Biden also addressed the mental health harms Defendants’ platforms have caused youth in his state of the union address this year.⁶⁴ There he noted that children were struggling from the harms of social media—even before the pandemic—and called on all to “hold social media platforms accountable for the national experiment they’re conducting on our children for profit.”⁶⁵

⁵⁸ *Protecting Youth Mental Health: The U.S. Surgeon General’s Advisory* at 8, U.S. Dep’t Health & Hum. Servs. (Dec. 7, 2021), <https://www.hhs.gov/sites/default/files/surgeon-general-youth-mental-health-advisory.pdf>.

⁵⁹ *Id.*

⁶⁰ *Id.*

⁶¹ *AAP-AACAP-CHA Declaration of a National Emergency in Child and Adolescent Mental Health*, Am. Acad. Pediatrics (Oct. 19, 2021), <https://www.aap.org/en/advocacy/child-and-adolescent-healthy-mental-development/aap-aacap-cha-declaration-of-a-national-emergency-in-child-and-adolescent-mental-health/>.

⁶² Matt Richtel, *A Teen’s Journey Into the Internet’s Darkness and Back Again*, N.Y. Times (Aug. 22, 2022), <https://www.nytimes.com/2022/08/22/health/adolescents-mental-health-technology.html>.

⁶³ *AAP-AACAP-CHA Declaration of a National Emergency in Child and Adolescent Mental Health*, Am. Acad. Pediatrics (Oct. 19, 2021), <https://www.aap.org/en/advocacy/child-and-adolescent-healthy-mental-development/aap-aacap-cha-declaration-of-a-national-emergency-in-child-and-adolescent-mental-health/>.

⁶⁴ President Biden, State of the Union Address (Mar. 1, 2022) (transcript available at <https://www.whitehouse.gov/state-of-the-union-2022/>).

⁶⁵ *Id.*

D. Defendants Intentionally Market to, Design, and Operate Their Social Media Platforms for Youth Users

71. This mental health crisis is no accident. It is the result of the Defendants' deliberate choices and affirmative actions to design and market their social media platforms to attract youth.

72. Defendants each run and operate social media platforms. The interactive features Defendants provide on their platforms are similar in many respects. For example, Facebook, Instagram, Snap, TikTok, and YouTube all offer tailored "feeds" of content curated by complex algorithms intended to learn your interests; ways to publicly express affirmation for such curated content through "likes," comments, and sharing or reposting the content; and, in fact, each is known to copy the designs and features of one another.⁶⁶ The salient features of Defendants' social media platforms are described in more detail below.

73. Defendants' make money from their social media platforms by using them as advertising platforms. Defendants collect data on their users' viewing habits and behaviors and use that data to sell advertisers access to their youth and other users to allow those companies to promote their products. Advertisers pay a premium to target advertisements to specific categories of users, including youth.

74. Defendants view youth, adolescent, and even pre-adolescent users as one of their most valuable commodities as an audience for their advertisements. Young users are central to Defendants' business model and advertising revenue as children are more likely than adults to use social media. Indeed, 95 percent of children ages 13–17 have cellphones,⁶⁷ 90 percent use social media,⁶⁸ and 28 percent buy products and services through social media.⁶⁹

⁶⁶ See, e.g., Kevin Hurler, *For Sites Like Instagram and Twitter, Imitation Is the Only Form of Flattery*, Gizmodo (Aug. 16, 2022), <https://gizmodo.com/instagram-tiktok-snapchat-facebook-meta-1849395419>.

⁶⁷ Emily Vogels *et al.*, *Teens, Social Media and Technology 2022*, Pew Rsch. Ctr. (Aug. 10, 2022), <https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022/>.

⁶⁸ *Social Media and Teens*, Am. Acad. Child & Adolescent Psychiatry (Mar. 2018), https://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Social-Media-and-Teens-100.aspx.

⁶⁹ Erinn Murphy *et al.*, *Taking Stock with Teens, Fall 2021* at 13, Piper Sandler (2021), tinyurl.com/89ct4p88.

75. To profit from these young users, Defendants intentionally market their platforms to youths and adolescents. For children under 13, the Children’s Online Privacy Protection Act (“COPPA”)⁷⁰ regulates the conditions under which platforms, like Defendants’, can collect and use their information.

76. COPPA requires platforms that either target children under age 13 or have actual knowledge of users under age 13 to obtain “verifiable parental consent” prior to collecting and using information about children under age 13.⁷¹ Defendants have blatantly violated COPPA or turned a blind eye to younger users on their platforms by leaving users to self-report their age. More recently, Defendants embarked on a bolder strategy and sought to capture pre-adolescent audiences by offering “kid versions” of their platforms that, while not collecting and using their information, are reportedly “designed to fuel [kids’] interest in the grown-up version.”⁷²

77. To maximize revenue, Defendants have intentionally designed and operated their platforms to maximize users’ screen time. Defendants have done so by building features and operating their platforms in a manner intended to exploit human psychology using complex algorithms driven by advanced artificial intelligence and machine-learning systems. In this regard, Defendants have progressively modified their platforms in ways that promote excessive and problematic use and have done so in ways known to be harmful to children.

78. One way Defendants maximize the time users spend on their platforms involves the design of feeds—whether of photos, videos, or sponsored or promoted content. Each uses algorithms to serve users personalized content for them to consume ad nauseum. Google’s former design ethicist, Tristan Harris, explained that this never-ending stream is designed to “keep [users] scrolling, and purposely eliminate any reason for [them] to pause, reconsider or leave.”⁷³ Defendants’ feeds take “an experience that was bounded and finite, and turn it into a

⁷⁰ See 15 U.S.C. §§ 6501-6506.

⁷¹ *Id.*

⁷² Leonard Sax, *Is TikTok Dangerous for Teens?*, Inst. Fam. Stud. (Mar. 29, 2022), <https://ifstudies.org/blog/is-tiktok-dangerous-for-teens->.

⁷³ Von Tristan Harris, *The Slot Machine in Your Pocket*, Spiegel Int’l (July 27, 2016), <https://www.spiegel.de/international/zeitgeist/smartphone-addiction-is-part-of-the-design-a-1104237.html>.

bottomless flow that keeps going.”⁷⁴ This “flow state,” as psychologists describe it, “fully immerse[s]” users, distorts their perception of time, and “has been shown to be associated with problematic use of social networking sites.”⁷⁵

79. A second way social media platforms manipulate users is through social reciprocity. “Reciprocity,” from a psychology perspective, refers to the powerful social phenomenon of how people respond to positive or, conversely, hostile actions. Reciprocity means that in response to friendly actions, people respond in a friendly manner and vice versa.⁷⁶ Phillip Kunz best illustrated the automatic nature of reciprocity through his Christmas card experiment. In the experiment, Mr. Kunz sent a group of complete strangers holiday cards with pictures of his family and included a brief note.⁷⁷ Those people, whom he had never met or communicated with before, reciprocated, flooding him with holiday cards.⁷⁸ The majority of the responses did not even ask Mr. Kunz who he was.⁷⁹ They simply responded to his initial gesture with a reciprocal action.

80. Reciprocity is why Facebook and Snapchat automatically tell a “sender when you ‘saw’ their message, instead of letting you avoid disclosing whether you read it. As a consequence, you feel more obligated to respond[,]” immediately.⁸⁰ That keeps users on the platform or, through push notifications—another insidious tool—users feel psychologically compelled to return to the platform.

81. A third way Defendants manipulate users to keep using or coming back to their

⁷⁴ *Id.*

⁷⁵ Gino Gugushvili *et al.*, *Facebook use intensity and depressive symptoms: a moderated mediation model of problematic Facebook use, age, neuroticism, and extraversion* at 3, BMC Psych. 10, 279 (2022), <https://doi.org/10.1186/s40359-022-00990-7>.

⁷⁶ Ernst Fehr & Simon Gächter, *Fairness and Retaliation: The Economics of Reciprocity*, 14(3) J. Econ. Persps. 159–81 (2000), https://www.researchgate.net/profile/Ernst-Fehr-2/publication/23756527_Fairness_and_Retaliation_The_Economics_of_Reciprocity/links/5eb024e945851592d6b87d3b/Fairness-and-Retaliation-The-Economics-of-Reciprocity.pdf.

⁷⁷ Phillip R. Kunz & Michael Woolcott, *Season’s Greetings: From my status to yours*, 5(3) Soc. Sci. Rsch. 269–78 (Sept. 1976), [https://doi.org/10.1016/0049-089X\(76\)90003-X](https://doi.org/10.1016/0049-089X(76)90003-X).

⁷⁸ *Id.*

⁷⁹ *Id.*

⁸⁰ Von Tristan Harris, *The Slot Machine in Your Pocket*, Spiegel Int’l (July 27, 2016), <https://www.spiegel.de/international/zeitgeist/smartphone-addiction-is-part-of-the-design-a-1104237.html>.

platforms is through the use of intermittent variable rewards (“**IVR**”). Slot machines are a frequent example of how IVR works.⁸¹ Users pull a lever to win a prize. With each pull, the user may or may not win a prize (i.e., an intermittent reward that varies in value).

82. IVR works by spacing out dopamine triggering stimuli with dopamine gaps—allowing for anticipation and craving to develop, which strengthens the desire to engage in the activity with each release of dopamine.

83. Defendants bake IVR into the design and operations of their respective platforms by “link[ing] a user’s action (like pulling a lever) with a variable reward.”⁸² For example, when “we swipe down our finger to scroll the Instagram feed, we’re playing a slot machine to see what photo comes next.”⁸³ Meta also delays the time it takes to load the feed. “This is because without that three-second delay, Instagram wouldn’t feel variable.”⁸⁴ Without that delay, there would be no time for users’ anticipation to build. In slot machine terms, there would be “no sense of *will I win?* because you’d know instantly. So the delay isn’t the app loading. It’s the cogs spinning on the slot machine.”⁸⁵ Each of the Defendants’ platforms exploits this biochemical reaction among its users, typically using “likes,” “hearts,” or other forms of approval that serve as the reward. *See infra* Section IV.D.1–4.

84. “Everyone innately responds to social approval, but some demographics, in particular teenagers, are more vulnerable to it than others.”⁸⁶

85. Youth are especially vulnerable both to the ways in which Defendants manipulate users to maximize their “watch time,” and to the resulting harms. Children’s brains undergo a fundamental shift around age 10 that makes “preteens extra sensitive to attention and admiration

⁸¹ See, e.g., Julian Morgans, *The Secret Ways Social Media is Built for Addiction*, Vice (May 17, 2017), <https://www.vice.com/en/article/vv5jkb/the-secret-ways-social-media-is-built-for-addiction>.

⁸² Von Tristan Harris, *The Slot Machine in Your Pocket*, Spiegel Int’l (July 27, 2016), <https://www.spiegel.de/international/zeitgeist/smartphone-addiction-is-part-of-the-design-a-1104237.html>.

⁸³ *Id.*

⁸⁴ Julian Morgans, *The Secret Ways Social Media is Built for Addiction*, Vice (May 17, 2017), <https://www.vice.com/en/article/vv5jkb/the-secret-ways-social-media-is-built-for-addiction>.

⁸⁵ *Id.*

⁸⁶ Von Tristan Harris, *The Slot Machine in Your Pocket*, Spiegel Int’l (July 27, 2016), <https://www.spiegel.de/international/zeitgeist/smartphone-addiction-is-part-of-the-design-a-1104237.html>.

1 from others.”⁸⁷ Consequently, Defendants’ use of IVR, reciprocity, and other “rewards” to
 2 maximize the time users spend on their platforms exploits a vulnerability unique to youth. This
 3 “extra sensitivity” also puts them at greater risk.

4 86. In adolescence, the structures of the brain “closely tied” to social media activity
 5 and that drive instinctual behavior begin to change.⁸⁸ The ventral striatum is one of those
 6 structures. It receives a rush of dopamine and oxytocin, known as the “happy hormones[.]”
 7 whenever we experience social rewards.⁸⁹ Between the ages of 10 and 12, the receptors for those
 8 happy hormones begin to multiply in this region of the brain, which makes compliments on a
 9 new hairstyle, laughter from a classmate, or other social rewards “start to feel a lot more
 10 satisfying.”⁹⁰

11 87. Historically, these biological changes incentivized kids and teens to develop
 12 healthy social skills and connections. “But arriving at school in a new pair of designer jeans,
 13 hoping your crush will smile at you in the hallway, is worlds away from posting a video on
 14 TikTok that may get thousands of views and likes,” according to Mitch Prinstein, Chief Science
 15 Officer for the American Psychology Association.⁹¹

16 88. Part of what makes the “interactions so different,”⁹² is that they are often
 17 permanent and public in nature. There is no public ledger tracking the number of consecutive
 18 days you have spoken to someone, like there is for Snap “streaks.” Similarly, “[a]fter you walk
 19 away from a regular conversation, you don’t know if the other person liked it, or if anyone else
 20 liked it[.]”⁹³ Conversely, on Defendants’ platforms, kids, their friends, and even complete
 21 strangers can publicly deliver or withhold social rewards in the form of likes, comments, views,
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23 ⁸⁷ Zara Abrams, *Why young brains are especially vulnerable to social media*, Am. Psych. Ass’n (Aug. 25, 2022),
 24 <https://www.apa.org/news/apa/2022/social-media-children-teens>.

25 ⁸⁸ *Id.*

26 ⁸⁹ *Id.*

27 ⁹⁰ *Id.*

⁹¹ *Id.*

⁹² *Id.*

⁹³ *Id.*

1 and follows.⁹⁴

2 89. These social rewards release dopamine and oxytocin in the brains of youth and
3 adults alike but there are two key differences, as Chief Science Officer Prinstein explained:
4 “First, adults tend to have a fixed sense of self that relies less on feedback from peers. Second,
5 adults have a more mature prefrontal cortex, an area that can help regulate emotional responses
6 to social rewards.”⁹⁵

7 90. Adolescents, by contrast, are in a “period of personal and social identity
8 formation,” much of which “is now reliant on social media.”⁹⁶ “Due to their limited capacity for
9 self-regulation and their vulnerability to peer pressure,” adolescents “are at greater risk of
10 developing mental disorder.”⁹⁷

11 91. Together, Meta, Snap, TikTok, and Google have designed, refined, marketed, and
12 operated their social media platforms to maximize the number of youths who use their platforms
13 and the time they spend on those platforms. Despite knowing that social media inflicts harms on
14 youth, Defendants have continued to create more sophisticated versions of their platforms with
15 features designed to keep users engaged and maximize the amount of time they spend using
16 social media. Defendants’ conduct in designing and marketing exploitive and manipulative
17 platforms, youth spend excessive amounts of time on Defendants’ platforms.

18 92. Defendants’ efforts worked. The majority of teenagers use the same five social
19 media platforms: YouTube, TikTok, Instagram, Snapchat, and Facebook.⁹⁸ Each of these
20 platforms individually boasts high numbers of teenage users.

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22 ⁹⁴ *Id.*

23 ⁹⁵ *Id.*

24 ⁹⁶ Betul Keles *et al.*, *A systematic review: the influence of social media on depression, anxiety and psychological*
25 *distress in adolescents*, *Int’l J. Adolescence & Youth* (202) 25:1, 79–93 (Mar. 3, 2019),
https://www.researchgate.net/publication/331947590_A_systematic_review_the_influence_of_social_media_on_depression_anxiety_and_psychological_distress_in_adolescents/fulltext/5c94432345851506d7223822/A-systematic-review-the-influence-of-social-media-on-depression-anxiety-and-psychological-distress-in-adolescents.pdf.

26 ⁹⁷ *Id.*

27 ⁹⁸ Emily Vogels *et al.*, *Teens, Social Media and Technology 2022*, Pew Rsch. Ctr. (Aug. 10, 2022),
<https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022/>.

1. Meta Intentionally Marketed to and Designed Their Social Media Platforms for Youth Users, Substantially Contributing to the Mental Health Crisis

a. The Meta Platform

93. The Meta platform, including Facebook and Instagram, are among the most popular social networking platforms in the world, with more than 3.6 billion users worldwide.⁹⁹

(i) The Facebook Platform

94. Facebook is a social networking platform that is one of Meta's platforms.

95. Facebook was founded in 2004 and has become the largest social network in the world. As of October 2021, Facebook had approximately 2.9 billion monthly active users, approximately 2 billion of whom use Facebook every day.¹⁰⁰

96. When Facebook was founded in 2004, only students at certain colleges and universities could use the social media platform, and verification of college enrollment was required to access Facebook.

97. In 2005, Facebook expanded and became accessible to students at more universities around the world, after which Meta launched a high school version of Facebook that also required an invitation to join.

98. Meta later expanded eligibility for Facebook to employees of several companies, including Apple and Microsoft, and also added more universities to its network.

99. In September 2006, Facebook became available to all internet users. At the time, Meta claimed that it was open only to persons aged 13 and older with a valid email address; however, on information and belief, Meta did not in fact require verification of a user's age or identity and did not actually verify users' email addresses, such that underage users could easily register an account with and access Facebook.

100. Facebook then underwent a series of changes aimed at increasing user

⁹⁹ Felix Richter, *Meta Reaches 3.6 Billion People Each Month*, Statista (Oct. 29, 2021), <https://www.statista.com/chart/2183/facebook-mobile-users/>.

¹⁰⁰ See *id.*; S. Dixon, *Number of Daily Active Facebook Users Worldwide as of 3rd Quarter 2022 (in Millions)*, Statista (Oct. 27, 2022), <https://www.statista.com/statistics/346167/facebook-global-dau/>.

engagement and platform growth, without regard to user safety, including the following changes:

- In 2009, Facebook launched the “like” button;
- In 2011, Facebook launched Messenger, its direct messaging service, and started allowing people to subscribe to non-friends;
- In 2012, Facebook started showing advertisements in its news feed and launched a real-time bidding system through which advertisers could bid on users based on their visits to third-party websites;
- In 2014, Facebook’s facial recognition algorithm (DeepFace) reached near-human accuracy in identifying faces;
- In 2015, Facebook made significant changes to its news feed algorithm to determine what content to show users and launched its live-streaming service;
- In 2016, Facebook launched games for its social media platform, so that users could play games without having to install new apps; and
- In 2017, Facebook launched Facebook Creator, an app for mobile video posts that assists with content creation.

(ii) The Instagram Platform

101. Instagram is a social media platform that launched in 2010, which Meta acquired for \$1 billion in April 2012.

102. Instagram enables users to share photos and videos with other users and to view other users’ photos and videos. These photos and videos appear on users’ Instagram “feeds,” which are virtually bottomless, scrollable lists of content.

103. After being acquired by Meta, Instagram experienced exponential user growth, expanding from approximately 10 million monthly active users in September 2012 to more than one billion monthly active users worldwide today, including approximately 160 million users in the United States.¹⁰¹

¹⁰¹ S. Dixon, *Number of Instagram Users Worldwide from 2020 to 2025 (in Billions)*, Statista (May 23, 2022), <https://www.statista.com/statistics/183585/instagram-number-of-global-users/>.
COMPLAINT

104. Instagram’s user growth was driven by design and development changes to the Instagram platform that increased engagement at the expense of the health and well-being of Instagram’s users—especially the children using the platform.

105. For example, in August 2020, Instagram began hosting and recommending short videos to users, called Reels.¹⁰² Like TikTok, Instagram allows users to view an endless feed of Reels that are recommended and curated to users by Instagram’s algorithm.

106. Instagram has become the most popular photo sharing social media platform among children in the United States—approximately 72 percent of children aged 13–17 in the United States use Instagram.¹⁰³

b. Meta Markets Its Platforms to Youth

107. To maximize the revenue generated from relationships with advertisers, Meta has expended significant effort to attract youth, including teens and preteens, to its platforms, including designing features that appeal to them. Meta also views teenagers as a way to attract other potential users, such as by using teenagers to recruit parents who want to participate in their children’s lives as well as younger siblings who look to older siblings as models for which social media platforms to use and how to use them.¹⁰⁴

108. Meta explicitly targets teenagers. An internal Instagram marketing plan reveals, Meta knows that “[i]f we lose the teen foothold in the U.S. we lose the pipeline” for growth.¹⁰⁵ To ensure that did not happen, Meta’s Instagram devoted almost all of its \$390 million annual marketing budget for 2018 to target teenagers.¹⁰⁶

109. Meta also views preteens or “tweens” as a “valuable but untapped audience,”

¹⁰² *Introducing Instagram Reels*, Instagram (Aug. 5, 2020),

<https://about.instagram.com/blog/announcements/introducing-instagram-reels-announcement>.

¹⁰³ Katherine Schaeffer, *7 Facts About Americans and Instagram*, Pew Rsch. Ctr. (Oct. 7, 2021),

<https://www.pewresearch.org/fact-tank/2021/10/07/7-facts-about-americans-and-instagram/>.

¹⁰⁴ Sheera Frenkel *et al.*, *Instagram Struggles with Fears of Losing Its ‘Pipeline’: Young Users*, N.Y. Times (Oct. 26, 2021), <https://www.nytimes.com/2021/10/16/technology/instagram-teens.html>.

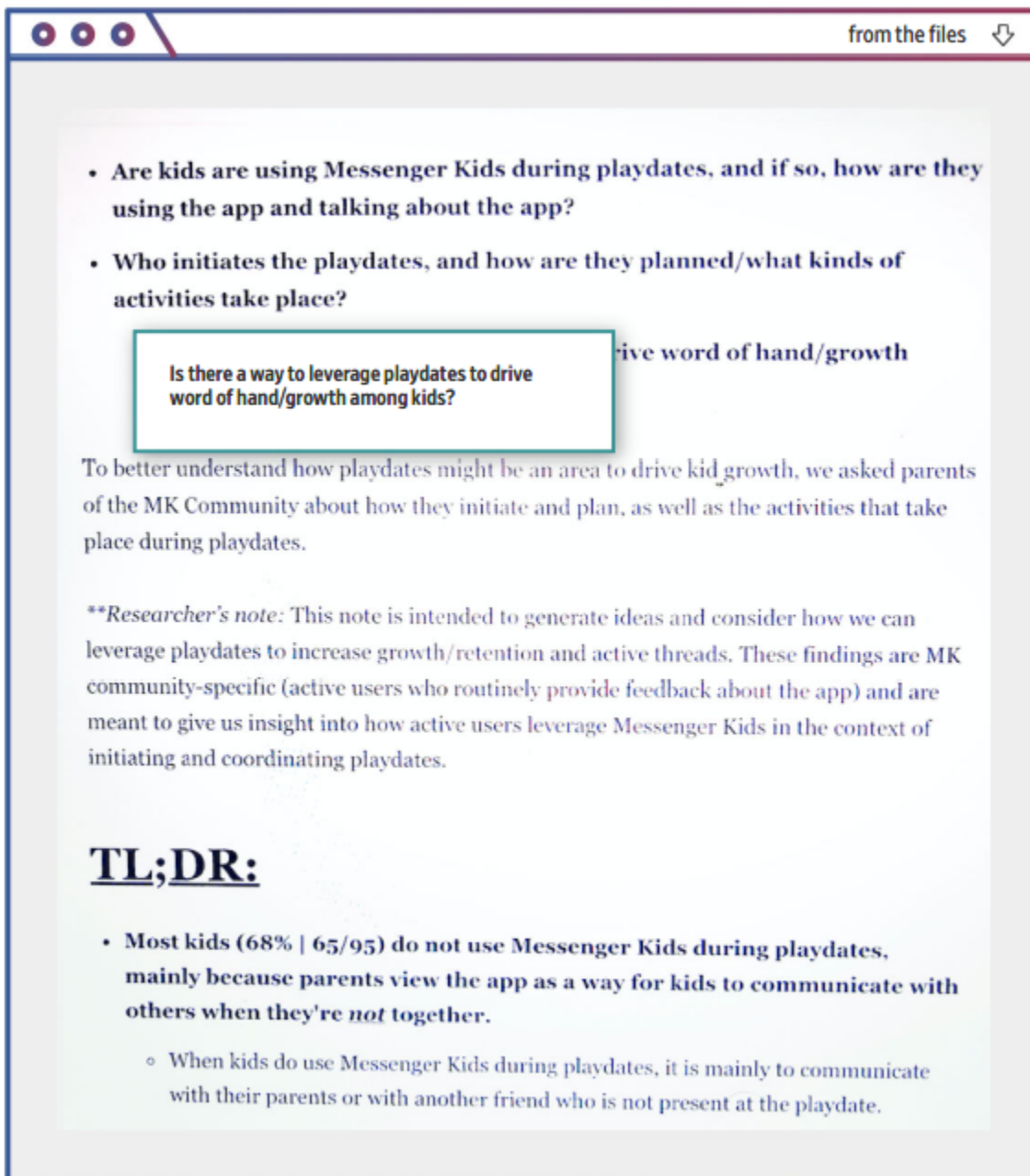
¹⁰⁵ *Id.*

¹⁰⁶ *Id.*

1 even contemplating “exploring playdates as a growth lever.”¹⁰⁷ Meta formed a team to study
2 preteens, endeavored to create more products designed for them, and commissioned strategy
3 papers regarding the “business opportunities” created.¹⁰⁸
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25 ¹⁰⁷ *Id.*

26 ¹⁰⁸ Georgia Wells & Jeff Horwitz, *Facebook’s Effort to Attract Preteens Goes Beyond Instagram Kids, Documents*
27 *Show; It has investigated how to engage young users in response to competition from Snapchat, TikTok;*
‘Exploring playdates as a growth lever, Wall St. J. (Sept. 28, 2021), [https://www.wsj.com/articles/facebook-](https://www.wsj.com/articles/facebook-instagram-kids-tweens-attract-11632849667)
[instagram-kids-tweens-attract-11632849667](https://www.wsj.com/articles/facebook-instagram-kids-tweens-attract-11632849667).



110. For these reasons, the Meta platforms are designed to be used by children and are actively marketed to children throughout the Meta markets in the United States. Meta advertises to children through its own efforts as well as through advertisers that create and target advertisements to children. Internal Meta documents establish that Meta spends hundreds of

1 millions of dollars researching, analyzing, and marketing to children to find ways to make its
 2 platforms more appealing to these age groups and to maximize the time they spend on its
 3 platforms, as these age groups are seen as essential to Meta’s long-term profitability and market
 4 dominance.¹⁰⁹ For instance, after Instagram’s founders left Meta in September 2018, “Facebook
 5 went all out to turn Instagram into a main attraction for young audiences,” and “began
 6 concentrating on the ‘teen time spent’ data point,” in order to “drive up the amount of time that
 7 teenagers were on the app with features including Instagram Live, a broadcasting tool, and
 8 Instagram TV, where people upload videos that run as long as an hour.”¹¹⁰

9 111. Similarly, Instagram’s popularity among young people is the result of Meta’s
 10 deliberate efforts to target children—which in turn is driven by the desire of advertisers and
 11 marketers to target children on Meta’s platforms. In fact, Meta’s acquisition of Instagram was
 12 primarily motivated by its desire to make up for declines in the use of Facebook by children, and
 13 Meta views Instagram as central to its ability to attract and retain young audiences. A 2018
 14 internal Meta marketing report is indicative of this, lamenting the loss of teenage users to
 15 competitors’ platforms as “an existential threat.”¹¹¹ In contrast, a Meta presentation from 2019
 16 indicated that “Instagram is well positioned to resonate and win with young people,” and “[t]here
 17 is a path to growth if Instagram can continue their trajectory.”¹¹²

18 112. With respect to pre-teens, Meta’s policy is that they cannot register an account,
 19 but it knowingly lacks effective age-verification protocols. Since at least 2011, Meta has known
 20 that its age-verification protocols are largely inadequate, estimating at that time that it removed
 21
 22

23 ¹⁰⁹ *Id.*

24 ¹¹⁰ Sheera Frenkel *et al.*, *Instagram Struggles with Fears of Losing Its ‘Pipeline’: Young Users*, N.Y. Times (Oct.
 25 26, 2021), <https://www.nytimes.com/2021/10/16/technology/instagram-teens.html>.

26 ¹¹¹ *Id.*

27 ¹¹² Georgia Wells *et al.*, *Facebook Knows Instagram Is Toxic for Teen Girls, Company Documents Show; Its own
 in-depth research shows a significant teen mental-health issue that Facebook plays down in public*, Wall St. J.
 (Sept. 14, 2021), [https://www.wsj.com/articles/facebook-knows-instagram-is-toxic-for-teen-girls-company-
 documents-show-11631620739](https://www.wsj.com/articles/facebook-knows-instagram-is-toxic-for-teen-girls-company-documents-show-11631620739).

20,000 children under age 13 from Facebook every day.¹¹³ In 2021, Adam Mosseri, the Meta executive in charge of Instagram, acknowledged users under 13 can still “lie about [their] age now,” to register an account.¹¹⁴

113. Meta has yet to implement protocols to verify a users’ age, presumably because it has strong business incentives not to or to laxly enforce its policy. Meta also has agreements with cell phone manufacturers and/or providers and/or retailers, who often pre-install its platforms on mobile devices prior to sale and without regard to the age of the intended user of each such device. That is, even though Meta is prohibited from providing the Meta platforms to users under the age of 13, Meta actively promotes and provides underage users access to its platforms by encouraging and allowing cell phone manufacturers to pre-install the platforms on mobile devices indiscriminately. Consequently, approximately 11 percent of United States children between the ages of 9 and 11 used Instagram in 2020,¹¹⁵ despite Meta claiming to remove approximately 600,000 underage users per quarter.¹¹⁶

114. Meta’s efforts to attract young users have been successful. *See supra* Section IV.A. In a recent study, 62 percent of children ages 13–17 reported they have used the Instagram app and 32 percent of children ages 13–17 reported they have used the Facebook app or website.

c. Meta Intentionally Maximizes the Time Users Spend on its Platforms

115. The Meta platforms are designed to maximize user engagement, using features

¹¹³ Austin Carr, *Facebook Booting “20,000” Underage Users Per Day: Reaction to Growing Privacy Concerns?*, Fast Co. (Mar. 22, 2011), <https://www.fastcompany.com/1741875/facebook-booting-20000-underage-users-day-reaction-growing-privacy-concerns>.

¹¹⁴ Georgia Wells & Jeff Horwitz, *Facebook’s Effort to Attract Preteens Goes Beyond Instagram Kids, Documents Show; It has investigated how to engage young users in response to competition from Snapchat, TikTok; ‘Exploring playdates as a growth lever*, Wall St. J. (Sept. 28, 2021), <https://www.wsj.com/articles/facebook-instagram-kids-tweens-attract-11632849667>.

¹¹⁵ Brooke Auxier *et al.*, *Parenting Children in the Age of Screens*, Pew Rsch. Ctr. (July 28, 2020), <https://www.pewresearch.org/internet/2020/07/28/childrens-engagement-with-digital-devices-screen-time/>.

¹¹⁶ Georgia Wells & Jeff Horwitz, *Facebook’s Effort to Attract Preteens Goes Beyond Instagram Kids, Documents Show; It has investigated how to engage young users in response to competition from Snapchat, TikTok; ‘Exploring playdates as a growth lever*, Wall St. J. (Sept. 28, 2021), <https://www.wsj.com/articles/facebook-instagram-kids-tweens-attract-11632849667>.

1 that exploit the natural human desire for social interaction and the neurophysiology of the brain's
 2 reward systems to keep users endlessly scrolling, posting, "liking," commenting, and counting
 3 the number of "likes" and comments to their own posts. The still-developing brains of children
 4 are particularly vulnerable to such exploitation.

5 116. One of the ways in which Meta employs IVR is through its push notifications and
 6 emails, which encourage habitual use and are designed to prompt users to open and be exposed
 7 to content selected to maximize the use of Meta's platforms and the ads run on them. In
 8 particular, Meta spaces out notifications of likes and comments into multiple bursts rather than
 9 notifying users in real time, so as to create dopamine gaps that leave users craving in anticipation
 10 for more. In this regard, Meta's push notifications and emails are specifically designed to
 11 manipulate users into reengaging with Meta's platforms to increase user engagement
 12 regardless of a user's health or wellbeing.

13 117. Meta also exploits IVR to manipulate users with one of its most defining features:
 14 the "Like" button. Meta knows "Likes" are a source of social comparison harm for many users,
 15 as detailed below. Several Meta employees involved in creating the Like button have since left
 16 Meta and have spoken publicly about the manipulative nature of Meta's platforms and the harm
 17 they cause users.¹¹⁷

18 118. Additionally, Meta designed other features of its platforms on IVR principles,
 19 such as posts, comments, tagging, and the "pull to refresh" feature (which is similar to the way
 20 that slot machines work).

21 119. Other design decisions were motivated by reciprocity, such as the use of visual
 22 cues to reflect that someone is currently writing a message (a feature designed to keep a user on
 23 the platform until they receive the message), and alerting users when a recipient has read their
 24 message (which encourages the recipient to respond and return to the platform to check for a
 25

26 ¹¹⁷ See, e.g., Paul Lewis, *'Our minds can be hijacked': the tech insiders who fear a smartphone dystopia*, Guardian
 27 (Oct. 6, 2017), <https://www.theguardian.com/technology/2017/oct/05/smartphone-addiction-silicon-valley-dystopia>.

1 response).

2 120. The Meta platforms are designed to encourage users to post content and to like,
3 comment, and interact with other users' posts. Each new post that appears on a user's feed
4 functions as a dopamine-producing social interaction in the user's brain. Similarly, likes,
5 comments, and other interactions with user's posts function as an even stronger dopamine-
6 producing stimulus than does seeing new posts from other users. This in turn drives users to
7 generate content they expect will generate many likes and comments. In this regard, Meta has
8 designed its platforms to function in concert, as popular content posted by other users
9 psychologically compels users to post similar content themselves, trapping users—especially
10 youth—in endless cycles of “little dopamine loops.”¹¹⁸

11 **d. Meta's Algorithms Are Manipulative and Harmful**

12 121. Meta also employs advanced computer algorithms and artificial intelligence to
13 make its platforms as engaging and habit forming as possible for users. For example, the Meta
14 platforms display curated content and employ recommendations that are customized to each user
15 by using sophisticated algorithms. The proprietary services developed through such algorithms
16 include News Feed (a newsfeed of stories and posts published on the platform, some of which
17 are posted by connections and others that are suggested by Meta's algorithms), People You May
18 Know (algorithm-based suggestions of persons with common connections or background),
19 Suggested for You, Groups You Should Join, and Discover (algorithm-based recommendations
20 of groups). Such algorithm-based content and recommendations are pushed to each user in a
21 steady stream as the user navigates the platform as well as through notifications sent to the user's
22 smartphone and email addresses when the user is disengaged with the platform.

23 122. Meta's algorithms are not based exclusively on user requests or even user inputs.
24 Meta's algorithms combine information entered or posted by the user on the platform with the
25

26 ¹¹⁸ Allison Slater Tate, *Facebook whistleblower Frances Haugen says parents make 1 big mistake with social*
27 *media*, Today (Feb. 7, 2022), <https://www.today.com/parents/teens/facebook-whistleblower-frances-haugen-rcna15256>.

1 user's demographics and other data points collected and synthesized by Meta, make assumptions
 2 about that user's interests and preferences, make predictions about what else might appeal to the
 3 user, and then make very specific recommendations of posts and pages to view and groups to
 4 visit and join based on rankings that will optimize Meta's key performance indicators. In this
 5 regard, Meta's design dictates the way content is presented, such as its ranking and
 6 prioritization.¹¹⁹

7 123. Meta's current use of algorithms in its platforms is driven and designed to
 8 maximize user engagement. Over time, Meta has gradually transitioned away from chronological
 9 ranking, which organized the interface according to when content was posted or sent, to
 10 prioritize Meaningful Social Interactions ("MSI"), which emphasizes users' connections and
 11 interactions such as likes and comments and gives greater significance to the interactions of
 12 connections that appeared to be the closest to users. Meta thus developed and employed an
 13 "amplification algorithm" to execute engagement-based ranking, which considers a post's likes,
 14 shares, and comments, as well as a respective user's past interactions with similar content, and
 15 exhibits the post in the user's newsfeed if it otherwise meets certain benchmarks.

16 124. Meta's algorithms covertly operate on the principle that intense reactions
 17 invariably compel attention. Because these algorithms measure reactions and contemporaneously
 18 immerse users in the most reactive content, these algorithms effectively work to steer users
 19 toward the most negative content, because negative content routinely elicits passionate reactions.

20 125. Due to its focus on user engagement, Meta's algorithms promote content that is
 21 objectionable and harmful to many users. As set forth in greater detail below, Meta was well
 22 aware of the harmful content that it was promoting but failed to change its algorithms because
 23 the inflammatory content that its algorithms were feeding to users fueled their return to the
 24 platforms and led to more engagement—which in turn helped Meta sell more advertisements that
 25 generate most of its revenue. As such, Meta's algorithms promote harmful content because such

26
 27 ¹¹⁹ See, e.g., Adam Mosseri, *Shedding More Light on How Instagram Works*, Instagram (June 8, 2021),
<https://about.instagram.com/blog/announcements/shedding-more-light-on-how-instagram-works>.

1 content increases user engagement, which thereby increases its appeal to advertisers and
2 increases its overall value and profitability.

3 126. Meta’s shift from chronological ranking to algorithm-driven content and
4 recommendations has changed the Meta platforms in ways that are profoundly dangerous and
5 harmful to children, whose psychological susceptibility to habit-forming platforms put them at
6 great risk of harm from the Meta platforms’ exploitive and harmful features. In this regard, the
7 algorithms used by Meta’s platforms exploit child users’ diminished decision-making capacity,
8 impulse control, emotional maturity, and psychological resiliency caused by users’ incomplete
9 brain development—and Meta specifically designs its platforms with these vulnerabilities in
10 mind.

11 **e. Meta’s Harmful “Feeds”**

12 127. Both Facebook and Instagram show each user a “feed” that is generated by an
13 algorithm for that user, which consists of a series of photos and videos posted by accounts that
14 the user follows, along with advertising and content specifically selected and promoted by Meta.

15 128. These feeds are virtually bottomless lists of content that enable users to scroll
16 endlessly without any natural end points that would otherwise encourage them to move on to
17 other activities. In this regard, “[u]nlike a magazine, television show, or video game,” the Meta
18 platforms only rarely prompt their users to take a break by using “stopping cues.”¹²⁰ Meta’s
19 “bottomless scrolling” feature is designed to encourages users to use its platforms for unlimited
20 periods of time.

21 129. Meta also exerts control over a user’s feed through certain ranking mechanisms,
22 escalation loops, and promotion of advertising and content specifically selected and promoted by
23 Meta based on, among other things, its ongoing planning, assessment, and prioritization of the
24 types of information most likely to increase user engagement.

25 130. As described above, the algorithms generating a user’s feed encourage excessive
26

27 ¹²⁰ See Zara Abrams, *How Can We Minimize Instagram’s Harmful Effects?*, Am. Psych. Ass’n (Dec. 2, 2021),
<https://www.apa.org/monitor/2022/03/feature-minimize-instagram-effects>.
COMPLAINT

1 use and promote harmful content, particularly where the algorithm is designed to prioritize the
2 number of interactions rather than the quality of interactions.

3 131. In this regard, Meta utilizes private information of its child users to “precisely
4 target [them] with content and recommendations, assessing what will provoke a reaction,”
5 including encouragement of “destructive and dangerous behaviors,” which is how Meta “can
6 push teens into darker and darker places.”¹²¹ As such, Meta’s “amplification algorithms, things
7 like engagement based ranking . . . can lead children . . . all the way from just something
8 innocent like healthy recipes to anorexia promoting content over a very short period of time.”¹²²
9 Meta thus specifically selects and pushes this harmful content on its platforms, for which it is
10 then paid, and does so both for direct profit and also to increase user engagement, resulting in
11 additional profits down the road.

12 132. As one example, in 2021, Senators Richard Blumenthal, Marsha Blackburn and
13 Mike Lee tested and confirmed the fact that Meta’s platforms’ recommendation-based feeds and
14 features promote harmful content by opening test accounts purporting to be teenage girls.
15 Senator Blumenthal stated that, “[w]ithin an hour all our recommendations promoted pro-
16 anorexia and eating disorder content.”¹²³ Likewise, Senator Lee found that an account for a fake
17 13-year-old girl was quickly “flooded with content about diets, plastic surgery and other
18 damaging material for an adolescent girl.”¹²⁴

19 133. Meta’s Instagram platform features a feed of “Stories,” which are short-lived
20 photo or video posts that are accessible only for 24 hours. This feature encourages constant,
21 repeated, and compulsive use of Instagram, so that users do not miss out on content before it
22

23 ¹²¹ See *Facebook Whistleblower Frances Haugen Testifies on Children & Social Media Use: Full Senate Hearing*
24 *Transcript* at 09:02, Rev (Oct. 5, 2021), <https://www.rev.com/blog/transcripts/facebook-whistleblower-frances-haugen-testifies-on-children-social-media-use-full-senate-hearing-transcript> (statement by Mr. Chairman
25 Blumenthal).

26 ¹²² *Id.* at 37:34 (statement by Ms. Frances Haugen).

27 ¹²³ Vanessa Romo, *4 Takeaways from Senators' Grilling of Instagram's CEO About Kids and Safety*, NPR (Dec. 8,
2021, 10:13 PM), <https://www.npr.org/2021/12/08/1062576576/instagrams-ceo-adam-mosseri-hears-senators-brush-aside-his-promises-to-self-poli>.

¹²⁴ *Id.*

disappears. As with other feeds, the presentation of content in a user's Stories is generated by an algorithm designed by Meta to maximize the amount of time a user spends on the app.

134. Instagram also features a feed called "Explore," which displays content posted by users not previously "followed." The content in "Explore" is selected and presented by an algorithm designed by Meta to maximize the amount of time a user spends on the app. As with other feeds, the Explore feature may be scrolled endlessly, and its algorithm will continually generate new recommendations, encouraging users to use the app for unlimited periods of time.

135. Instagram also features a feed called "Reels," which presents short video posts by users not previously followed. These videos play automatically, without input from the user, encouraging the user to stay on the app for indefinite periods of time. As with other feeds, Reels content is selected and presented by an algorithm designed by Meta to maximize the amount of time a user spends on the app.

f. For Years, Meta Has Been Aware That Its Platforms Harm Children

136. In an internal slide presentation in 2019, Meta's own researchers studying Instagram's effects on children concluded that "[w]e make body image issues worse for one in three teen girls[.]"¹²⁵ This presentation was one of many documents leaked by former Meta employee Frances Haugen to journalists at the *Wall Street Journal* and federal regulators in 2021.¹²⁶ The *Wall Street Journal*'s reporting on the documents began in September 2021 and caused a national and international uproar.

137. The leaked documents confirmed what social scientists have long suspected, that social media platforms like Meta's—and Instagram in particular—can cause serious harm to the

¹²⁵ Georgia Wells *et al.*, *Facebook Knows Instagram Is Toxic for Teen Girls, Company Documents Show; Its own in-depth research shows a significant teen mental-health issue that Facebook plays down in public*, Wall St. J. (Sept. 14, 2021), <https://www.wsj.com/articles/facebook-knows-instagram-is-toxic-for-teen-girls-company-documents-show-11631620739>.

¹²⁶ The *Wall Street Journal* and *Digital Wellbeing* published several of these documents in November 2021. See Paul Marsden, *The 'Facebook Files' on Instagram Harms—All Leaked Slides on a Single Page*, Digit. Wellbeing (Oct. 20, 2021), <https://digitalwellbeing.org/the-facebook-files-on-instagram-harms-all-leaked-slides-on-a-single-page/>. Gizmodo also started publishing these documents in November 2021. See Dell Cameron *et al.*, *Read the Facebook Papers for Yourself*, Gizmodo (Apr. 18, 2022), <https://gizmodo.com/facebook-papers-how-to-read-1848702919>.

1 mental and physical health of children. Moreover, this capacity for harm is by design—what
2 makes the Meta platforms profitable is precisely what harms its young users.

3 138. Upon information and belief, at least as far back as 2019, Meta initiated a
4 Proactive Incident Response experiment, which began researching the effect of Meta on the
5 mental health of today’s children.¹²⁷ Meta’s own in-depth analyses show significant mental-
6 health issues stemming from the use of Instagram among teenage girls, many of whom linked
7 suicidal thoughts and eating disorders to their experiences on the app.¹²⁸ In this regard, Meta’s
8 researchers have repeatedly found that Instagram is harmful for a sizable percentage of teens that
9 use the platform.¹²⁹

10 139. In particular, the researchers found that “[s]ocial comparison,” or peoples’
11 assessment of their own value relative to that of others, is “worse on Instagram” for teens than on
12 other social media platforms.¹³⁰ One in five teens reported that Instagram “makes them feel
13 worse about themselves.”¹³¹ Roughly two in five teen users reported feeling “unattractive,” while
14 one in 10 teen users reporting suicidal thoughts traced them to Instagram.¹³² Teens “consistently”
15 and without prompting blamed Instagram “for increases in the rate of anxiety and depression.”¹³³
16 And although teenagers identify Instagram as a source of psychological harm, they often lack the
17 self-control to use Instagram less. Also, according to Meta’s own researchers, young users are
18 not capable of controlling their Instagram use to protect their own health.¹³⁴ Such users “often
19 feel ‘addicted’ and know that what they’re seeing is bad for their mental health but feel unable to
20

21
22 ¹²⁷ See *Facebook Whistleblower Testifies on Protecting Children Online*, C-SPAN (Oct. 5, 2021), <https://www.c-span.org/video/?515042-1/whistleblower-frances-haugen-calls-congress-regulate-facebook>.

23 ¹²⁸ See Georgia Wells *et al.*, *Facebook Knows Instagram Is Toxic for Teen Girls, Company Documents Show*, Wall
24 St. J. (Sept. 14, 2021, 7:59 AM), https://www.wsj.com/articles/facebook-knows-instagram-is-toxic-for-teen-girls-company-documents-show-11631620739?mod=hp_lead_pos7&mod=article_inline.

25 ¹²⁹ *Id.*

26 ¹³⁰ *Id.*

27 ¹³¹ *Id.*

¹³² *Id.*

¹³³ *Id.*

¹³⁴ *Id.*

1 stop themselves.”¹³⁵

2 140. Similarly, in a March 2020 presentation posted to Meta’s internal message board,
 3 researchers found that “[t]hirty-two percent of teen girls said that when they felt bad about their
 4 bodies, Instagram made them feel worse.”¹³⁶ Sixty-six percent of teen girls and 40 percent of
 5 teen boys have experienced negative social comparison harms on Instagram.¹³⁷ Further,
 6 approximately 13 percent of teen-girl Instagram users say the platform makes thoughts of
 7 “suicide and self harm” worse, and 17 percent of teen-girl Instagram users say the platform
 8 makes “[e]ating issues” worse.¹³⁸ Meta’s researchers also acknowledged that “[m]ental health
 9 outcomes” related to the use of Instagram “can be severe,” including “Body Dissatisfaction,”
 10 “Body Dysmorphia,” “Eating Disorders,” “Loneliness,” and “Depression.”¹³⁹

11 141. Not only is Meta aware of the harmful nature of the Meta platforms, the leaked
 12 documents reveal that Meta is aware of the specific design features that lead to excessive use and
 13 harm to children. For instance, Meta knows that Instagram’s Explore, Feed, and Stories features
 14 contribute to social comparison harms “in different ways.”¹⁴⁰ Moreover, specific “[a]spects of
 15 Instagram exacerbate each other to create a perfect storm” of harm to users, and that the “social
 16 comparison sweet spot”—a place of considerable harm to users, particularly teenagers and teen
 17

18 ¹³⁵ *Id.*

19 ¹³⁶ *Id.*; *Teen Girls Body Image and Social Comparison on Instagram—An Exploratory Study in the U.S.*, Wall St. J.
 20 (Sept. 29, 2021), <https://digitalwellbeing.org/wp-content/uploads/2021/10/Facebook-Files-Teen-Girls-Body-Image-and-Social-Comparison-on-Instagram.pdf>; see also *Hard Life Moments-Mental Health Deep Dive* at 14,
 21 Facebook (Nov. 2019), <https://about.fb.com/wp-content/uploads/2021/09/Instagram-Teen-Annotated-Research-Deck-1.pdf>; Paul Marsden, *The ‘Facebook Files’ on Instagram arms – all leaked slides on a single page* at slide
 22 14, Dig. Wellbeing (Oct. 20, 2021) <https://digitalwellbeing.org/the-facebook-files-on-instagram-harms-all-leaked-slides-on-a-single-page> (hard life moment – mental health deep dive).

23 ¹³⁷ *Teen Girls Body Image and Social Comparison on Instagram—An Exploratory Study in the U.S.* at 9, Wall St. J.
 24 (Sept. 29, 2021), <https://digitalwellbeing.org/wp-content/uploads/2021/10/Facebook-Files-Teen-Girls-Body-Image-and-Social-Comparison-on-Instagram.pdf>.

25 ¹³⁸ *Hard Life Moments-Mental Health Deep Dive* at 14, Facebook (Nov. 2019), <https://about.fb.com/wp-content/uploads/2021/09/Instagram-Teen-Annotated-Research-Deck-1.pdf>; Paul Marsden, *The Facebook Files’ on Instagram arms – all leaked slides on a single page* at slide 14, Dig. Wellbeing (Oct. 20, 2021),
 26 <https://digitalwellbeing.org/the-facebook-files-on-instagram-harms-all-leaked-slides-on-a-single-page>.

27 ¹³⁹ *Teen Girls Body Image and Social Comparison on Instagram—An Exploratory Study in the U.S.* at 34, Wall St. J.
 (Sept. 29, 2021), <https://digitalwellbeing.org/wp-content/uploads/2021/10/Facebook-Files-Teen-Girls-Body-Image-and-Social-Comparison-on-Instagram.pdf>.

¹⁴⁰ *Id.* at 31.

girls—lies at the center of Meta’s model and platforms’ features.¹⁴¹ In this regard, Meta’s researchers wrote that “[s]ocial comparison and perfectionism are nothing new, but young people are dealing with this on an unprecedented scale,” and “[c]onstant comparison on Instagram is ‘the reason’ why there are higher levels of anxiety and depression in young people.”¹⁴²

2. Snapchat Intentionally Marketed to and Designed Its Social Media Platform for Youth Users, Substantially Contributing to the Mental Health Crisis

a. The Snapchat Platform

142. Snapchat was created in 2011 by Stanford University students Evan Spiegel and Bobby Murphy, who serve as Snap Inc.’s CEO and CTO respectively.¹⁴³

143. Snapchat started as a photo sharing platform that allows users to form groups and share photos, known as “snaps,” that disappear after being viewed by the recipients. Snapchat became well known for this self-destructing content feature. But Snapchat quickly evolved from a simple photo-sharing app, as Snap made design changes and rapidly developed new features aimed at and ultimately increasing Snapchat’s popularity among teenage users.

144. In 2012, Snap added video sharing capabilities, pushing the number of “snaps” to 50 million per day.¹⁴⁴ A year later, Snap added the “Stories” function, which allows users to upload a rolling compilation of snaps that the user’s friends can view for 24 hours.¹⁴⁵ The following year, Snap added a feature that enabled users to communicate with one another in real time via text or video.¹⁴⁶ It also added the “Our Story” feature, expanding on the original stories function by allowing users in the same location to add their photos and videos to a single

¹⁴¹ *Id.* at 33.

¹⁴² See *Hard Life Moments-Mental Health Deep Dive* at 53, Facebook (Nov. 2019), <https://about.fb.com/wp-content/uploads/2021/09/Instagram-Teen-Annotated-Research-Deck-1.pdf>.

¹⁴³ Katie Benner, *How Snapchat is Shaping Social Media*, N.Y. Times (Nov. 30, 2016), <https://www.nytimes.com/2016/11/30/technology/how-snapchat-works.html>.

¹⁴⁴ J.J. Colao, *Snapchat Adds Video, Now Seeing 50 Million Photos A Day*, Forbes (Dec. 14, 2012), <https://www.forbes.com/sites/jjcolao/2012/12/14/snapchat-adds-video-now-seeing-50-million-photos-a-day/?sh=55425197631b>.

¹⁴⁵ Ellis Hamburger, *Snapchat’s Next Big Thing: ‘Stories’ That Don’t Just Disappear*, Verge (Oct. 3, 2013), <https://www.theverge.com/2013/10/3/4791934/snapchats-next-big-thing-stories-that-dont-just-disappear>.

¹⁴⁶ Romain Dillet, *Snapchat Adds Ephemeral Text Chat and Video Calls*, TechCrunch (May 1, 2014), <https://techcrunch.com/2014/05/01/snapchat-adds-text-chat-and-video-calls/>.

publicly viewable content stream.¹⁴⁷ At the same time, Snap gave users the capability to add filters and graphic stickers onto photos indicating a user's location, through a feature it refers to as "Geofilters."¹⁴⁸

145. In 2015, Snap added a "Discover" feature that promotes videos from news outlets and other content creators.¹⁴⁹ Users can watch that content by scrolling through the Discover feed. After the selected video ends, Snapchat automatically plays other video content in a continuous stream unless or until a user manually exits the stream.

146. In 2020, Snap added the "Spotlight" feature through which it serves users "an endless feed of user-generated content" Snap curates from the 300 million daily Snapchat users.¹⁵⁰

147. Today, Snapchat is one of the largest social media platforms in the world. By its own estimates, Snapchat has 363 million daily users, including 100 million daily users in North America.¹⁵¹ Snapchat reaches 90 percent of people ages 13–24 in over twenty countries and reaches nearly half of all smartphone users in the United States.¹⁵²

b. Snap Markets Its Platform to Youth

148. Snapchat's commercial success is due to its advertising. In 2014, Snap began running advertisements on Snapchat.¹⁵³ Since then, Snapchat's business model has revolved around its advertising revenue, which has boomed. Snap now expects to generate \$4.86 billion in

¹⁴⁷ Laura Stampler, *Snapchat Just Unveiled a New Feature*, Time (June 17, 2014), <https://time.com/2890073/snapchat-new-feature/>.

¹⁴⁸ Angela Moscaritolo, *Snapchat Adds 'Geofilters' in LA*, New York, PC Mag. (July 15, 2014), <https://www.pcmag.com/news/snapchat-adds-geofilters-in-la-new-york>.

¹⁴⁹ Steven Tweedie, *How to Use Snapchat's New 'Discover' Feature*, Bus. Insider (Jan. 27, 2015), <https://www.businessinsider.com/how-to-use-snapchat-discover-feature-2015-1>.

¹⁵⁰ Salvador Rodriguez, *Snap is launching a competitor to TikTok and Instagram Reels*, CNBC (Nov. 23, 2020), <https://www.cnbc.com/2020/11/23/snap-launching-a-competitor-to-tiktok-and-instagram-reels.html>.

¹⁵¹ *October 2022 Investor Presentation at 5*, Snap Inc. (Oct. 20, 2022), <https://investor.snap.com/events-and-presentations/presentations/default.aspx>.

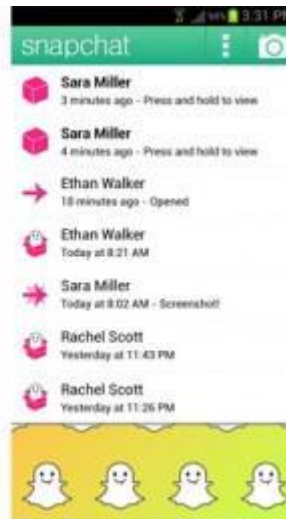
¹⁵² *Id.* at 6–7.

¹⁵³ Sara Fischer, *A timeline of Snap's advertising, from launch to IPO*, Axios (Feb. 3, 2017), <https://www.axios.com/2017/12/15/a-timeline-of-snaps-advertising-from-launch-to-ipo-1513300279>.

1 Snapchat advertising revenue for 2022.¹⁵⁴

2 149. Snap specifically markets Snapchat to children ages 13–17 because they are a key
3 demographic for Snap’s advertising business. Internal documents describe users between the
4 ages of 13–34 as “critical” to Snap’s advertising success because of the common milestones
5 achieved within that age range.¹⁵⁵

6 150. While Snap lumps teenagers in with younger adults in its investor materials, Snap
7 marketing materials featuring young models reveal its priority market:



21 151. In addition to its marketing, Snap has targeted a younger audience by designing
22 Snapchat in a manner that older individuals find hard to use.¹⁵⁶ The effect of this design is that
23

24 ¹⁵⁴ Bhanvi Staija, *TikTok's ad revenue to surpass Twitter and Snapchat combined in 2022*, Reuters (Apr. 11, 2022),
25 <https://www.reuters.com/technology/tiktoks-ad-revenue-surpass-twitter-snapchat-combined-2022-report-2022-04-11/>.

26 ¹⁵⁵ *October 2022 Investor Presentation at 27*, Snap Inc. (Oct. 20, 2022), <https://investor.snap.com/events-and-presentations/presentations/default.aspx>.

27 ¹⁵⁶ See Hannah Kuchler & Tim Bradshaw, *Snapchat's Youth Appeal Puts Pressure on Facebook*, Fin. Times (Aug. 21, 2017), <https://www.ft.com/content/07e4dc9e-86c4-11e7-bf50-e1c239b45787>.

1 Snapchat is a platform where its young users are insulated from older users including their
 2 parents. As Snap’s CEO explained, “[w]e’ve made it very hard for parents to embarrass their
 3 children[.]”¹⁵⁷

4 152. Snap also designed Snapchat as a haven for young users to hide content from their
 5 parents by ensuring that photos, videos, and chat messages quickly disappear. This design further
 6 insulates children from adult oversight.

7 153. Moreover, Snap added as a feature the ability for users to create cartoon avatars
 8 modeled after themselves.¹⁵⁸ By using an artform generally associated with and directed at
 9 younger audiences, Snap further designed Snapchat to entice teenagers and younger children.

10 154. In 2013, Snap also marketed Snapchat specifically to kids under 13 through a
 11 feature it branded “SnapKidz.”¹⁵⁹ This feature—part of the Snapchat platform—allowed children
 12 under 13 to take photos, draw on them, and save them locally on the device.¹⁶⁰ Kids could also
 13 send these images to others or upload them to other social media sites.¹⁶¹

14 155. While SnapKidz feature was later discontinued and Snap purports to now prohibit
 15 users under the age of 13, its executives have admitted that its age verification “is effectively
 16 useless in stopping underage users from signing up to the Snapchat app.”¹⁶²

17 156. Snap’s efforts to attract young users have been successful. *See supra*
 18 Section IV.A. Teenagers consistently name Snapchat as a favorite social media platform. The
 19
 20

21 ¹⁵⁷ Max Chafkin & Sarah Frier, *How Snapchat Built a Business by Confusing Olds*, Bloomberg (Mar. 3, 2016),
 22 <https://www.bloomberg.com/features/2016-how-snapchat-built-a-business/>.

23 ¹⁵⁸ Kif Leswing, *Snapchat just introduced a feature it paid more than \$100 million for*, Bus. Insider (July 19, 2016),
 24 <https://www.businessinsider.com/snapchat-just-introduced-a-feature-it-paid-more-than-100-million-for-2016-7>.

25 ¹⁵⁹ Larry Magid, *Snapchat Creates SnapKidz – A Sandbox for Kids Under 13*, Forbes (June 23, 2013),
 26 <https://www.forbes.com/sites/larrymagid/2013/06/23/snapchat-creates-snapkidz-a-sandbox-for-kids-under-13/?sh=7c682a555e5a>.

27 ¹⁶⁰ *Id.*

¹⁶¹ *Id.*

¹⁶² Isobel Asher Hamilton, *Snapchat admits its age verification safeguards are effectively useless*, Bus. Insider (Mar. 19, 2019), <https://www.businessinsider.com/snapchat-says-its-age-verification-safeguards-are-effectively-useless-2019-3>.

latest figures show 13 percent of children ages 8–12 used Snapchat in 2021,¹⁶³ and almost 60 percent of children ages 13–17 use Snapchat.¹⁶⁴

c. Snap Intentionally Maximizes the Time Users Spend on its Platform

157. Snap promotes excessive use of its platform through design features and manipulative algorithms intended to maximize users’ screen time.

158. Snap has implemented inherently and intentionally exploitive features into Snapchat, including “Snapstreaks,” various trophies and reward systems, quickly disappearing (“ephemeral”) messages, and filters. Snap designed these features, along with others, to maximize the amount of time users spend on Snapchat.

159. Snaps are intended to manipulate users by activating the rule of reciprocity.¹⁶⁵ Whenever a user gets a snap, they feel obligated to send a snap back. And Snapchat tells users each time they receive a snap by pushing a notification to the recipient’s cellphone. These notifications are designed to prompt users to open Snapchat and view content, increasing the amount of time users spend on Snapchat. Further, because snaps disappear within ten seconds of being viewed, users feel compelled to reply immediately. This disappearing nature of snaps is a defining characteristic of Snapchat and intended keep users on the platform.

160. Snap also keeps users coming back to the Snapchat platform through the “Snapstreaks” feature.¹⁶⁶ A “streak” is a counter within Snapchat that tracks how many consecutive days two users have sent each other snaps. If a user fails to snap the other user

¹⁶³ Victoria Rideout *et al.*, *Common Sense Census: Media use by tweens and teens, 2021* at 5, Common Sense Media (2022), https://www.common sense media.org/sites/default/files/research/report/8-18-census-integrated-report-final-web_0.pdf.

¹⁶⁴ Emily Vogels *et al.*, *Teens, Social Media and Technology 2022*, Pew Rsch. Ctr. (Aug. 10, 2022), <https://www.pewresearch.org/internet/2022/08/10/teens-social-media-and-technology-2022/>.

¹⁶⁵ Nir Eyal, *The Secret Psychology of Snapchat*, Nir & Far (Apr. 14, 2015), <https://www.nirandfar.com/psychology-of-snapchat/>.

¹⁶⁶ See Avery Hartmans, *These are the sneaky ways apps like Instagram, Facebook, Tinder lure you in and get you ‘addicted’*, Bus. Insider (Feb. 17 2018), <https://www.businessinsider.com/how-app-developers-keep-us-addicted-to-our-smartphones-2018-1#snapchat-uses-snapstreaks-to-keep-you-hooked-13>; see generally Virginia Smart & Tyana Grundig, *‘We’re designing minds’: Industry insider reveals secrets of addictive app trade*, CBC (Nov. 3, 2017), <https://www.cbc.ca/news/science/marketplace-phones-1.4384876>; Julian Morgans, *The Secret Ways Social Media is Built for Addiction*, Vice (May 17, 2017), <https://www.vice.com/en/article/vv5jkb/the-secret-ways-social-media-is-built-for-addiction>.

1 within 24 hours, the streak ends. Snap adds extra urgency by putting an hourglass emoji next to a
 2 friend's name if a Snapchat streak is about to end.¹⁶⁷ This design implements a system where a
 3 user must "check constantly or risk missing out."¹⁶⁸ And this feature is particularly effective on
 4 teenage users. "For teens in particular, streaks are a vital part of using the app, and of their social
 5 lives as a whole."¹⁶⁹ Some children become so obsessed with maintaining a Snapstreak that they
 6 give their friends access to their accounts when they may be away from their phone for a day or
 7 more, such as on vacation.¹⁷⁰

8 161. Snap also designed features that operate on IVR principles to maximize the time
 9 users are on its platform. The "rewards" come in the form of a user's "Snapscore," and other
 10 signals of recognition similar to "likes" used in other platforms. For example, a Snapscore
 11 increases with each snap a user sends and receives. The increase in score and other trophies and
 12 charms users can earn by using the app operate on variable reward patterns. Like Snapstreaks,
 13 these features are designed to incentivize sending snaps and increase the amount of time users
 14 spend on Snapchat.

15 162. Snap also designs photo and video filters and lenses, which are central to
 16 Snapchat's function as a photo and video sharing social media platform. Snap designed its filters
 17 and lenses in a way to further maximize the amount of time users spend on Snapchat. One way
 18 Snap uses its filters to hook young users is by creating temporary filters that impose a sense of
 19 urgency to use them before they disappear. Another way Snap designed its filters to increase
 20

21
 22 ¹⁶⁷ Lizette Chapman, *Inside the Mind of a Snapchat Streaker*, Bloomberg (Jan. 30, 2017),
<https://www.bloomberg.com/news/features/2017-01-30/inside-the-mind-of-a-snapchat-streaker>.

23 ¹⁶⁸ *Id.*

24 ¹⁶⁹ Avery Hartmans, *These are the sneaky ways apps like Instagram, Facebook, Tinder lure you in and get you*
'addicted', Bus. Insider (Feb. 17 2018), [https://www.businessinsider.com/how-app-developers-keep-us-addicted-](https://www.businessinsider.com/how-app-developers-keep-us-addicted-to-our-smartphones-2018-1#snapchat-uses-snapstreaks-to-keep-you-hooked-13)
[to-our-smartphones-2018-1#snapchat-uses-snapstreaks-to-keep-you-hooked-13](https://www.businessinsider.com/how-app-developers-keep-us-addicted-to-our-smartphones-2018-1#snapchat-uses-snapstreaks-to-keep-you-hooked-13); see generally Cathy Becker,
 25 *Experts warn parents how Snapchat can hook in teens with streaks*, ABC News (July 27, 2017),
<https://abcnews.go.com/Lifestyle/experts-warn-parents-snapchat-hook-teens-streaks/story?id=48778296>.

26 ¹⁷⁰ Caroline Knorr, *How to resist technology addiction*, CNN (Nov. 9, 2017),
<https://www.cnn.com/2017/11/09/health/science-of-tech-obsession-partner/index.html>; Jon Brooks, *7 Specific*
 27 *Tactics Social Media Companies Use to Keep You Hooked*, KQED (June 9, 2017),
<https://www.kqed.org/futureofyou/397018/7-specific-ways-social-media-companies-have-you-hooked>.

1 screen use is by gamification. Many filters include games,¹⁷¹ creating competition between users
 2 by sending each other snaps with scores. Further, Snap tracks data on the most commonly used
 3 filters and develops new filters based on this data.¹⁷² And Snap personalizes filters to further
 4 entice individuals to use Snapchat more.¹⁷³ Snap designs and modifies these filters to maximize
 5 the amount of time users spend on Snapchat.

6 **d. Snapchat's Algorithms Are Manipulative and Harmful**

7 163. Snap also uses complex algorithms to suggest friends to users and recommend
 8 content in order to keep users using Snapchat.

9 164. Snap notifies users based on an equation Snap uses to determine whether someone
 10 should add someone else as a friend on Snapchat. This is known as "Quick Add." By using an
 11 algorithm to suggest friends to users, Snapchat increases the odds users will add additional
 12 friends, send additional snaps, and spend more time on the app.

13 165. Snapchat also contains "Discover" and "Spotlight" features that use algorithms to
 14 recommend content to users. The Discover feature includes content from news and other media
 15 outlets.¹⁷⁴ A user's Discover page is populated by an algorithm and constantly changes
 16 depending on how a user interacts with the content.¹⁷⁵ Similarly, the Spotlight feature promotes
 17 popular videos from other Snapchat users and is based on an algorithm that determines whether a
 18 user has positively or negatively engaged with similar content.¹⁷⁶ Snap programs its algorithms
 19 to push content to users that will keep them engaged on Snapchat and, thereby, increase the
 20 amount of time users spend on Snapchat, worsening their mental health.

21 ¹⁷¹ Josh Constone, *Now Snapchat Has 'Filter Games'*, TechCrunch (Dec. 23, 2016),
 22 <https://techcrunch.com/2016/12/23/snapchat-games/>.

23 ¹⁷² *How We Use Your Information*, Snap Inc., <https://snap.com/en-US/privacy/your-information> (last visited Dec. 8,
 2022).

24 ¹⁷³ *Id.*

25 ¹⁷⁴ Steven Tweedie, *How to Use Snapchat's New 'Discover' Feature*, Bus. Insider (Jan. 27, 2015),
 26 <https://www.businessinsider.com/how-to-use-snapchat-discover-feature-2015-1>.

27 ¹⁷⁵ *How We Use Your Information*, Snap Inc., <https://snap.com/en-US/privacy/your-information> (last visited Dec. 8,
 2022).

¹⁷⁶ Sara Fischer, *Snapchat launches Spotlight, a TikTok competitor*, Axios (Nov. 23, 2020),
<https://www.axios.com/2020/11/23/snapchat-launches-spotlight-tiktok-competitor>; <https://snap.com/en-US/privacy/your-information>.

e. **Snap’s Conduct in Designing and Operating Its Platform Has Harmed Youth Mental Health**

166. The way in which Snap has designed and operated Snapchat has caused youth to suffer increased anxiety, depression, disordered eating, cyberbullying, and sleep deprivation.

167. Snap knows Snapchat is harming youth because, as alleged above, Snap intentionally designed Snapchat to maximize engagement by preying on the psychology of children through its use of algorithms and other features including Snapstreaks, various trophies and reward systems, quickly disappearing messages, filters, and games.

168. Snap should know that its conduct has negatively affected youth. Snap’s conduct has been the subject of inquiries by the United States Senate regarding Snapchat’s use “to promote bullying, worsen eating disorders, and help teenagers buy dangerous drugs or engage in reckless behavior.”¹⁷⁷ Further, Senators from across the ideological spectrum have introduced bills that would ban many of the features Snapchat uses, including badges and other awards recognizing a user’s level of engagement with the platform.¹⁷⁸ Despite these calls for oversight from Congress, Snap has failed to curtail its use of streaks, badges, and other awards that recognize users’ level of engagement with Snapchat.

169. Snap also knows or should know of Snapchat’s other negative effects on youth because of published research findings. For instance, the Journal of the American Medical Association has recognized that Snapchat’s effect on how young people view themselves is so severe, that it named a new disorder, “Snapchat dysmorphia,” after the platform.¹⁷⁹ This disorder describes people, usually young women, seeking plastic surgery to make themselves look like

¹⁷⁷ Bobby Allyn, *4 Takeaways from the Senate child safety hearing with YouTube, Snapchat and TikTok*, Nat’l Pub. Radio (Oct. 26, 2021), <https://www.npr.org/2021/10/26/1049267501/snapchat-tiktok-youtube-congress-child-safety-hearing>.

¹⁷⁸ See Abigail Clukey, *Lawmaker Aims To Curb Social Media Addiction With New Bill*, Nat’l Pub. Radio (Aug. 3, 2019), <https://www.npr.org/2019/08/03/747086462/lawmaker-aims-to-curb-social-media-addiction-with-new-bill>; *Social Media Addiction Reduction Technology Act*, S. 2314, 116th Cong. (2019); *Kids Internet Design and Safety Act*, S. 2918, 117th Cong. (2021).

¹⁷⁹ ‘Snapchat Dysmorphia’: When People Get Plastic Surgery To Look Like A Social Media Filter, WBUR (Aug 29, 2018), <https://www.wbur.org/hereandnow/2018/08/29/snapchat-dysmorphia-plastic-surgery>.

the way they do through Snapchat filters.¹⁸⁰ The rationale underlying this disorder is that beauty filters on social media, like Snapchat, create a “sense of unattainable perfection” that is alienating and damaging to a person’s self-esteem.¹⁸¹ One social psychologist summed the effect as “the pressure to present a certain filtered image on social media can certainly play into [depression and anxiety] for younger people who are just developing their identities.”¹⁸²

170. Despite knowing Snapchat harms its young users, Snap continues to update and add features intentionally designed to maximize the amount of time users spend on Snapchat. Snap continues its harmful conduct because its advertising revenue relies on Snapchat’s users consuming large volumes of content on its platform.

3. TikTok Intentionally Marketed to and Designed Its Social Media Platform for Youth Users, Substantially Contributing to the Mental Health Crisis

a. TikTok’s Platform

171. TikTok is a social media platform that describes itself as “the leading destination for short-form mobile video.”¹⁸³ According to TikTok, it is primarily a platform where users “create and watch short-form videos.”¹⁸⁴

172. TikTok’s predecessor, Musical.ly, launched in 2014 as a place where people could create and share 15-second videos of themselves lip-syncing or dancing to their favorite music.¹⁸⁵

173. In 2017, ByteDance launched an international version of a similar platform that

¹⁸⁰ *Id.*

¹⁸¹ Nathan Smith & Allie Yang, *What happens when lines blur between real and virtual beauty through filters*, ABC News (May 1, 2021), <https://abcnews.go.com/Technology/lines-blur-real-virtual-beauty-filters/story?id=77427989>.

¹⁸² *Id.*

¹⁸³ *About: Our Mission*, TikTok, <https://www.tiktok.com/about> (last visited Dec. 8, 2022).

¹⁸⁴ *Protecting Kids Online: Snapchat, TikTok, and YouTube: Hearing Before the Subcomm. On Consumer Protection, Product Safety, and Data Security*, 117 Cong. (2021) (statement of Michael Beckerman, VP and Head of Public Policy, Americas, TikTok).

¹⁸⁵ Biz Carson, *How a failed education startup turned into Musical.ly, the most popular app you’ve probably never heard of*, Bus. Insider (May, 28, 2016), <https://www.businessinsider.com/what-is-musically-2016-5>.

also enabled users to create and share short lip-syncing videos that it called TikTok.¹⁸⁶

174. That same year, ByteDance acquired Musical.ly to leverage its young user base in the United States, of almost 60 million monthly active users.¹⁸⁷

175. Months later, the apps were merged under the TikTok brand.¹⁸⁸

176. Since then, TikTok has expanded the length of time for videos from 15-seconds to up to 10 minutes;¹⁸⁹ created a fund that was expected to grow to over \$1 billion within three years to incentivize users to create videos that even more people will watch;¹⁹⁰ and had users debut their own songs, share comedy skits,¹⁹¹ and “challenge” others to perform an activity.¹⁹²

177. The videos users create on TikTok are only one part of the equation.

178. “[O]ne of the defining features of the TikTok platform,” is its “For You” feed.¹⁹³ There, users are served with an unending stream of videos TikTok curates for them based on complex, machine-learning algorithms intended to keep users on its platform. TikTok itself describes the feed as “central to the TikTok experience and where most of our users spend their time.”¹⁹⁴ The *New York Times* described it this way:

¹⁸⁶ Paresh Dave, *China’s ByteDance scrubs Musical.ly brand in favor of TikTok*, Reuters (Aug. 1, 2018), <https://www.reuters.com/article/us-bytedance-musically/chinas-bytedance-scrubs-musical-ly-brand-in-favor-of-tiktok-idUSKBN1KN0BW>.

¹⁸⁷ Liza Lin & Rolfe Winkler, *Social-Media App Musical.ly Is Acquired for as Much as \$1 Billion; With 60 million monthly users, startup sells to Chinese maker of news app Toutiao*, Wall St. J. (Nov. 10, 2017), <https://www.wsj.com/articles/lip-syncing-app-musical-ly-is-acquired-for-as-much-as-1-billion-1510278123>.

¹⁸⁸ Paresh Dave, *China’s ByteDance scrubs Musical.ly brand in favor of TikTok*, Reuters (Aug. 1, 2018), <https://www.reuters.com/article/us-bytedance-musically/chinas-bytedance-scrubs-musical-ly-brand-in-favor-of-tiktok-idUSKBN1KN0BW>.

¹⁸⁹ Andrew Hutchinson, *TikTok Confirms that 10 Minute Video Uploads are Coming to All Users*, SocialMediaToday (Feb. 28, 2022), <https://www.socialmediatoday.com/news/tiktok-confirms-that-10-minute-video-uploads-are-coming-to-all-users/619535/>.

¹⁹⁰ Vanessa Pappas, *Introducing the \$200M TikTok Creator Fund*, TikTok (July 29, 2021), <https://newsroom.tiktok.com/en-us/introducing-the-200-million-tiktok-creator-fund>.

¹⁹¹ Joseph Steinberg, *Meet Musical.ly, the Video Social Network Quickly Capturing the Tween and Teen Markets*, Inc. (June 2, 2016), <https://www.inc.com/joseph-steinberg/meet-musically-the-video-social-network-quickly-capturing-the-tween-and-teen-m.html>.

¹⁹² John Herrman, *How TikTok is Rewriting the World*, N.Y. Times (Mar. 10, 2019), <https://www.nytimes.com/2019/03/10/style/what-is-tik-tok.html>.

¹⁹³ *How TikTok recommends videos #ForYou*, TikTok (June 18, 2020), <https://newsroom.tiktok.com/en-us/how-tiktok-recommends-videos-for-you>.

¹⁹⁴ *Id.*

1 It's an algorithmic feed based on videos you've interacted with, or even just
 2 watched. It never runs out of material. It is not, unless you train it to be, full of
 3 people you know, or things you've explicitly told it you want to see. It's full of
 4 things that you seem to have demonstrated you want to watch, no matter what you
 actually say you want to watch.¹⁹⁵

5 179. The "For You" feed has quickly garnered TikTok hundreds of millions of users.
 6 Since 2018, TikTok has grown from 271 million global users to more than 1 billion global
 7 monthly users as of September 2021.¹⁹⁶

8 **b. TikTok Markets Its Platform to Youth**

9 180. TikTok, like the other Defendants' platforms, has built its business plan around
 10 advertising revenue, which has boomed. In 2022, TikTok is projected to receive \$11 billion in
 11 advertising revenue, over half of which (i.e., \$6 billion) is expected to come from the United
 12 States.¹⁹⁷

13 181. TikTok, since its inception as Musical.ly, has been designed and developed with
 14 youth in mind.

15 182. Alex Zhu and Louis Yang, the other co-founder of Musical.ly, raised \$250,000 to
 16 build an app that experts could use to create short three- to five-minute videos explaining a
 17 subject.¹⁹⁸ The day they released the app, Zhu said they knew "[i]t was doomed to be a failure,"
 18 because "[i]t wasn't entertaining, and it didn't attract teens."¹⁹⁹

19 183. According to Zhu, he stumbled upon the idea that would become known as
 20 TikTok while observing teens on a train, half of whom were listening to music while the other
 21

22 ¹⁹⁵ John Herrman, *How TikTok is Rewriting the World*, N.Y. Times (Mar. 10, 2019),
 23 <https://www.nytimes.com/2019/03/10/style/what-is-tik-tok.html>.

24 ¹⁹⁶ Jessica Bursztynsky, *TikTok says 1 billion people use the app each month*, CNBC (Sept. 27, 2021),
 25 <https://www.cnbc.com/2021/09/27/tiktok-reaches-1-billion-monthly-users.html>.

26 ¹⁹⁷ Bhanvi Staija, *TikTok's ad revenue to surpass Twitter and Snapchat combined in 2022*, Reuters (Apr. 11, 2022),
 27 <https://www.reuters.com/technology/tiktoks-ad-revenue-surpass-twitter-snapchat-combined-2022-report-2022-04-11/>.

¹⁹⁸ Biz Carson, *How a failed education startup turned into Musical.ly, the most popular app you've probably never heard of*, Bus. Insider (May 28, 2016), <https://www.businessinsider.com/what-is-musically-2016-5>.

¹⁹⁹ *Id.*

1 half took selfies or videos and shared the results with friends.²⁰⁰ “That’s when Zhu realized he
2 could combine music, videos, and a social network to attract the early-teen demographic.”²⁰¹

3 184. Zhu and Yang thereafter developed the short-form video app that is now known
4 as TikTok, which commentators have observed “encourages a youthful audience in subtle and
5 obvious ways.”²⁰²

6 185. Among the more subtle ways the app was marketed to youth, are its design and
7 content. For example, the Federal Trade Commission (“FTC”) alleged that the app initially
8 centered around a child-oriented activity (i.e., lip syncing); featured music by celebrities that
9 then appealed primarily to teens and tweens, such as Selena Gomez and Ariana Grande; labelled
10 folders with names meant to appeal to youth, such as “Disney” and “school”; included songs in
11 such folders related to Disney television shows and movies, such as “Can You Feel the Love
12 Tonight” from the movie “The Lion King” and “You’ve Got a Friend in Me” from the movie
13 “Toy Story” and songs covering school-related subjects or school-themed television shows and
14 movies.²⁰³

15 186. The target demographic was also reflected in the sign-up process. In 2016, the
16 birthdate for those signing up for the app defaulted to the year 2000 (i.e., 16 years old).²⁰⁴

17 187. TikTok also cultivated a younger demographic in unmistakable, albeit concealed,
18 ways. In 2020, the *Intercept* reported on a document TikTok prepared for its moderators. In the
19 document, TikTok instructs its moderators that videos of “senior people with too many wrinkles”
20 are disqualified for the “For You” feed because that would make “the video . . . much less
21
22

23 ²⁰⁰ *Id.*

24 ²⁰¹ *Id.*

25 ²⁰² John Herrman, *Who’s Too Young for an App? Musical.ly Tests the Limits*, N.Y. Times (Sept. 16, 2016),
<https://www.nytimes.com/2016/09/17/business/media/a-social-network-frequented-by-children-tests-the-limits-of-online-regulation.html>.

26 ²⁰³ Complaint for Civil Penalties, Permanent Injunction, and Other Equitable Relief (“**Musical.ly Complaint**”) at p.
8, ¶¶ 26–27, *United States v. Musical.ly*, 2:19-cv-01439-ODW-RAO (C.D. Cal. Feb. 27, 2019) Dkt. # 1.

27 ²⁰⁴ Melia Robinson, *How to use Musical.ly, the app with 150 million users that teens are obsessed with*, Bus. Insider
(Dec. 7, 2016), <https://www.businessinsider.com/how-to-use-musically-app-2016-12>.

attractive [and] not worth[] . . . recommend[ing.]”²⁰⁵

188. In December 2016, Zhu confirmed the company had actual knowledge that “a lot of the top users are under 13.”²⁰⁶

189. The FTC alleged that despite the company’s knowledge of these and a “significant percentage” of other users who were under 13, the company failed to comply with the COPPA.²⁰⁷

190. TikTok settled those claims in 2019 by agreeing to pay what was then the largest ever civil penalty under COPPA and to several forms of injunctive relief.²⁰⁸

191. In an attempt to come into compliance with the consent decree and COPPA, TikTok made available to users under 13 what it describes as a “limited, separate app experience.”²⁰⁹ The child version of TikTok restricts users from posting videos through the app. Children can still, however, record and watch videos on TikTok.²¹⁰ For that reason, experts fear the app is “designed to fuel [kids’] interest in the grown-up version.”²¹¹

192. These subtle and obvious ways TikTok markets to and obtained a young userbase are manifestations of Zhu’s views about the importance of user engagement to growing TikTok. Zhu explained the target demographic to the *New York Times*: “[T]eenage culture doesn’t exist” in China because “teens are super busy in school studying for tests, so they don’t have the time

²⁰⁵ Sam Biddle *et al.*, *Invisible Censorship: TikTok Told Moderators to Suppress Posts by “Ugly” People and the Poor to Attract New Users*, Intercept (Mar. 15, 2020), <https://theintercept.com/2020/03/16/tiktok-app-moderators-users-discrimination/>.

²⁰⁶ Jon Russell, *Muscal.ly defends its handling of young users, as it races past 40M MAUs at 8:58–11:12*, TechCrunch (Dec. 6, 2016), <https://techcrunch.com/2016/12/06/musically-techcrunch-disrupt-london/>.

²⁰⁷ See generally *Musical.ly Complaint*, *supra* note 202.

²⁰⁸ Lesley Fair, *Largest FTC COPPA settlement requires Musical.ly to change its tune*, FTC (Feb. 27, 2019), <https://www.ftc.gov/business-guidance/blog/2019/02/largest-ftc-coppa-settlement-requires-musically-change-its-tune>.

²⁰⁹ Dami Lee, *TikTok stops young users from uploading videos after FTC settlement*, Verge (Feb. 27, 2019), <https://www.theverge.com/2019/2/27/18243510/tiktok-age-young-user-videos-ftc-settlement-13-childrens-privacy-law>.

²¹⁰ *Id.*

²¹¹ Leonard Sax, *Is TikTok Dangerous for Teens?*, Inst. Fam. Stud. (Mar. 29, 2022), <https://ifstudies.org/blog/is-tiktok-dangerous-for-teens>.

and luxury to play social media apps.”²¹² By contrast, Zhu describes “[t]eenagers in the U.S. [as] a golden audience.”²¹³

193. TikTok’s efforts to attract young users have been successful. *See supra* Section IV.A. Over 66 percent of children ages 13–17 report having used the TikTok app.

c. TikTok Intentionally Maximizes the Time Users Spend on its Platform

194. TikTok employs design elements and complex algorithms to simulate variable reward patterns in a flow-inducing stream of short-form videos intended to captivate its user’s attention well after they are satiated.

195. Like the other Defendants’ social media platforms, TikTok developed features that exploit psychological phenomenon such as IVR and reciprocity to maximize the time users spend on its platform.

196. TikTok drives habitual use of its platform using design elements that operate on principles of IVR. For example, TikTok designed its platform to allow users to like and reshare videos. Those features serve as rewards for users who create content on the platform. Receiving a like or reshare indicates that others approve of that user’s content and satisfies their natural desire for acceptance.²¹⁴ Studies have shown that “likes” activate the reward region of the brain.²¹⁵ The release of dopamine in response to likes creates a positive feedback loop.²¹⁶ Users will use TikTok—again and again—in hope of another pleasurable experience.²¹⁷

197. TikTok also uses reciprocity to manipulate users to use the platform. TikTok

²¹² Paul Mozur, *Chinese Tech Firms Forced to Choose Market: Home or Everywhere Else*, N.Y. Times (Aug. 9, 2016), <https://www.nytimes.com/2016/08/10/technology/china-homegrown-internet-companies-rest-of-the-world.html>.

²¹³ *Id.*

²¹⁴ *See, e.g.*, Lauren E. Sherman *et al.*, *The Power of the Like in Adolescence: Effects of Peer Influence on Neural and Behavioral Responses to Social Media*, 27(7) Psych. Sci. 1027–35 (July 2016), <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5387999/>.

²¹⁵ *Id.*

²¹⁶ Rasan Burhan & Jalal Moradzadeh, *Neurotransmitter Dopamine (DA) and its Role in the Development of Social Media Addiction*, 11(7) J. Neurology & Neurophysiology 507 (2020), <https://www.iomcworld.org/open-access/neurotransmitter-dopamine-da-and-its-role-in-the-development-of-social-media-addiction.pdf>.

²¹⁷ *Id.*

invokes reciprocity through features like “Duet.” The Duet feature allows users to post a video side-by-side with a video from another TikTok user. Users use Duet as a way to react to the videos of TikTok content creators. The response is intended to engender a reciprocal response from the creator of the original video.

198. TikTok, like Snapchat, offers video filters, lenses, and music, which are intended to keep users on its platform. Also, like Snapchat, TikTok has gamified its platform through “challenges.” These challenges are essentially campaigns in which users compete to perform a specific task. By fostering competition, TikTok incentivizes users to use its platform.

199. TikTok’s defining features, its “For You” feed, is a curated, never-ending stream of short-form videos intended to keep users on its platform. In that way, TikTok feeds users beyond the point they are satiated. The ability to scroll ad infinitum, coupled with the variable reward pattern of TikTok induces a flow-like state for users that distorts their sense of time.²¹⁸ That flow is yet another way TikTok increases the time users spend on its platform.

d. TikTok’s Algorithms are Manipulative

200. The first thing a user sees when they open TikTok is the “For You” feed, even if they have never posted anything, followed anyone, or liked a video.²¹⁹

201. The “For You” page presents users with a “stream of videos” TikTok claims are “curated to [each user’s] interests.”²²⁰

202. According to TikTok, it populates each user’s “For You” feed by “ranking videos based on a combination of factors,” that include, among others, any interests expressed when a user registers a new account, videos a user likes, accounts they follow, hashtags, captions, sounds in a video they watch, and certain device settings, such as their language preferences and

²¹⁸ Christian Montag *et al.*, *Addictive Features of Social Media/Messenger Platforms and Freemium Games against the Background of Psychological and Economic Theories*, 16(14) Int’l J. Env’t Rsch. & Pub. Health 2612 (July 23, 2019), <https://doi.org/10.3390/ijerph16142612>.

²¹⁹ Brian Feldman, *TikTok is Not the Internet’s Eden*, N.Y. Mag. (Mar. 16, 2020),

<https://nymag.com/intelligencer/2020/03/tiktok-didnt-want-you-to-see-ugly-or-poor-people-on-its-app.html>.

²²⁰ *How TikTok recommends videos #ForYou*, TikTok (June 18, 2020), <https://newsroom.tiktok.com/en-us/how-tiktok-recommends-videos-for-you>.

1 where they are located.²²¹

2 203. Critically, some factors weigh heavier than others. To illustrate, TikTok explains
3 that an indicator of interest, such as “whether a user finishes watching a longer video from
4 beginning to end, would receive greater weight than a weak indicator, such as whether the
5 video’s viewer and creator are both in the same country.”²²²

6 204. TikTok claims it ranks videos in this way because the length of time a user spends
7 watching a video is a “strong indicator of interest[.]”²²³

8 205. But Zhu offered a different explanation, he repeatedly told interviewers that he
9 was “focused primarily on increasing the engagement of existing users.”²²⁴ “Even if you have
10 tens of millions of users,” Zhu explained, “you have to keep them *always* engaged.”²²⁵

11 206. The decisions TikTok made in programming its algorithms are intended to do just
12 that, as TikTok candidly explained in an internal document titled, “TikTok Algo 101.” The
13 document, which TikTok has confirmed is authentic, “explains frankly that in the pursuit of the
14 company’s ‘ultimate goal’ of adding daily active users, it has chosen to optimize for two closely
15 related metrics in the stream of videos it serves: ‘retention’ — that is, whether a user comes back
16 — and ‘time spent.’”²²⁶

17 207. “This system means that watch time is key.”²²⁷ Guillaume Chaslot, the founder of
18 Algo Transparency, who reviewed the document at the request of the *New York Times*, explained
19 that “rather than giving [people] what they really want,” TikTok’s “algorithm tries to get people
20

21 ²²¹ *Id.*

22 ²²² *Id.*

23 ²²³ *Id.*

24 ²²⁴ Joseph Steinberg, *Meet Musical.ly, the Video Social Network Quickly Capturing the Tween and Teen Markets*,
Inc. (June 2, 2016), <https://www.inc.com/joseph-steinberg/meet-musically-the-video-social-network-quickly-capturing-the-tween-and-teen-m.html>.

25 ²²⁵ Biz Carson, *How a failed education startup turned into Musical.ly, the most popular app you’ve probably never heard of*, *Bus. Insider* (May 28, 2016), <https://www.businessinsider.com/what-is-musically-2016-5> (emphasis added).

26 ²²⁶ Ben Smith, *How TikTok Reads Your Mind*, *N.Y. Times* (Dec. 5, 2021),
<https://www.nytimes.com/2021/12/05/business/media/tiktok-algorithm.html>.

27 ²²⁷ *Id.*

addicted[.]”²²⁸

208. Put another way, the algorithm, coupled with the design elements, condition users through reward-based learning processes to facilitate the formation of habit loops that encourage excessive use.

209. The end result is that TikTok uses “a machine-learning system that analyzes each video and tracks user behavior so that it can serve up a continually refined, never-ending stream of TikToks optimized to hold [user’s] attention.”²²⁹

e. TikTok’s Conduct in Designing and Operating its Platform Has Harmed Youth Mental Health

210. TikTok’s decision to program its algorithm to prioritize user engagement causes harmful and exploitive content to be amplified to the young market it has cultivated.

211. The Integrity Institute, a nonprofit of engineers, product managers, data scientists, and others, has demonstrated how prioritizing user engagement amplifies misinformation on TikTok (and other platforms).²³⁰ That pattern, the Integrity Institute notes, is “true for a broad range of harms,” such as hate speech and self-harm content, in addition to misinformation.²³¹

212. The Integrity Institute’s analysis builds on a premise Mark Zuckerberg described as the “Natural Engagement Pattern.”²³²

²²⁸ *Id.*

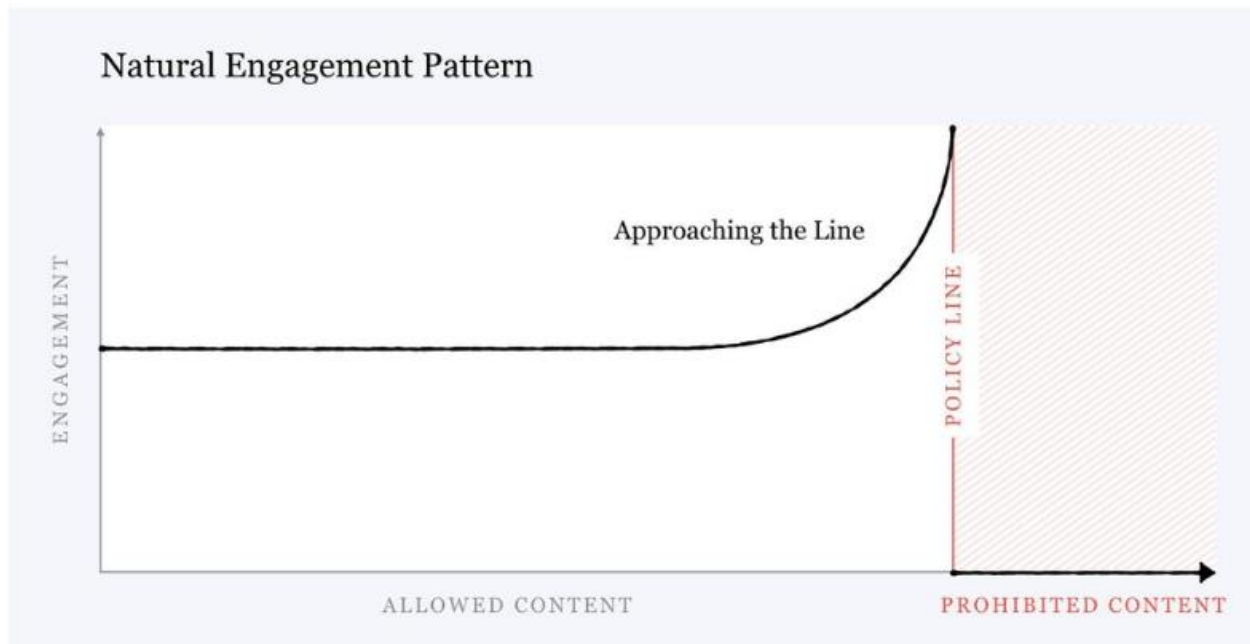
²²⁹ Jia Tolentino, *How TikTok Holds Our Attention*, New Yorker (Sept. 30, 2019), <https://www.newyorker.com/magazine/2019/09/30/how-tiktok-holds-our-attention>.

²³⁰ *Misinformation Amplification Analysis and Tracking Dashboard*, Integrity Inst. (Oct. 13, 2022), <https://integrityinstitute.org/our-ideas/hear-from-our-fellows/misinformation-amplification-tracking-dashboard>; see also Steven Lee Myers, *How Social Media Amplifies Misinformation More Than Information*, N.Y. Times (Oct. 13, 2022), <https://www.nytimes.com/2022/10/13/technology/misinformation-integrity-institute-report.html>.

²³¹ *Misinformation Amplification Analysis and Tracking Dashboard*, Integrity Inst. (Oct. 13, 2022), <https://integrityinstitute.org/our-ideas/hear-from-our-fellows/misinformation-amplification-tracking-dashboard>.

²³² Mark Zuckerberg, *A Blueprint for Content Governance and Enforcement*, Facebook (May 5, 2021), <https://www.facebook.com/notes/751449002072082/>.

213. This chart shows that as content gets closer and closer to becoming harmful, on average, it gets more engagement.



214. According to Zuckerberg “no matter where we draw the lines for what is allowed, as a piece of content gets close to that line, people will engage with it more on average[.]”²³³

215. This has important implications for platform design, as the Integrity Institute explains:

when platforms use machine learning models to predict user engagement on content, we should expect the predicted engagement to follow the actual engagement. When those predictions are used to rank and recommend content, specifically when a higher predicted engagement score means the content is more likely to be recommended or placed at the top of feeds, then we expect that misinformation will be preferentially distributed and amplified on the platform.²³⁴

216. Put differently, if you use past engagement to predict future engagement, as TikTok does, you are most likely to populate users “For You” feed with harmful content.

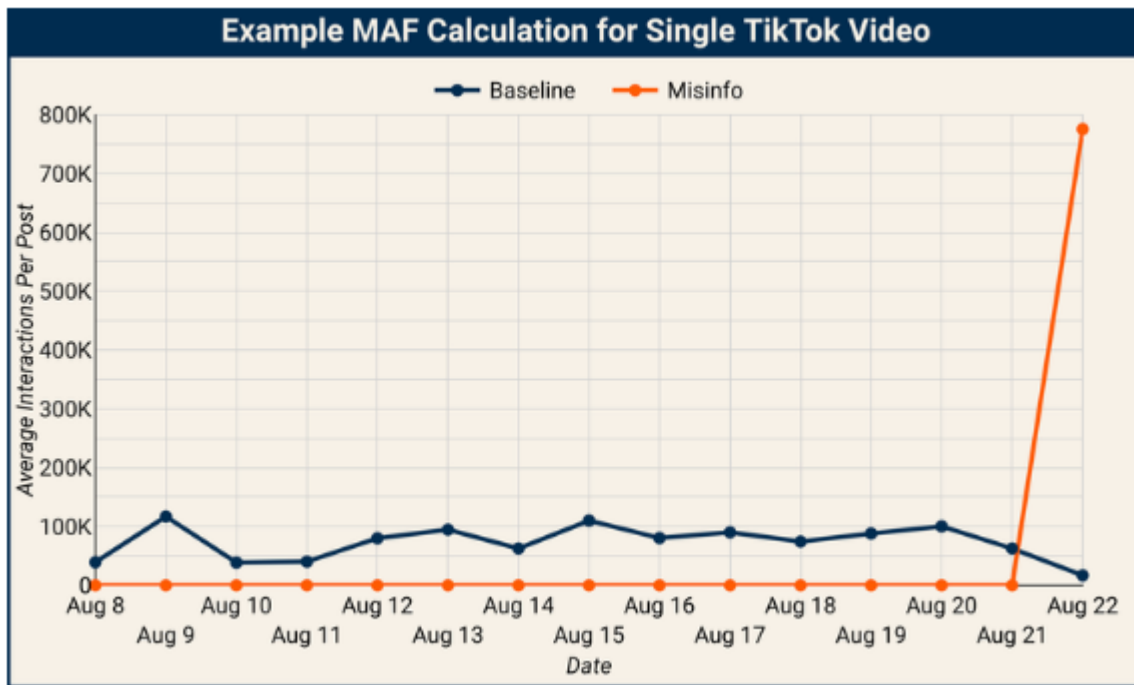
217. The Integrity Institute tested its theory by analyzing a category of harmful

²³³ *Id.*

²³⁴ *Misinformation Amplification Analysis and Tracking Dashboard*, Integrity Inst. (Oct. 13, 2022), <https://integrityinstitute.org/our-ideas/hear-from-our-fellows/misinformation-amplification-tracking-dashboard>.
COMPLAINT

content: misinformation. Specifically, the Integrity Institute compared the amount of engagement (e.g., number of views) a post containing misinformation received as compared to prior posts from the same content creator.²³⁵

218. For example, a TikTok user's historical posts received on average 75,000 views. When that same user posted a false statement (as determined by the International Fact Checking Network), the post received 775,000 views. In this case, TikTok amplified the misinformation 10 times more than this user's typical content.²³⁶



219. After analyzing many other posts from other users, the Integrity Institute found that TikTok on average amplified misinformation 29 times more than other content.²³⁷

220. A separate investigation by *NewsGuard* found TikTok's search algorithm similarly amplified misinformation. TikTok's search engine, like its "For You" feed, is a favorite among youth, with 40 percent preferring it (and Instagram) over Google.²³⁸ Unfortunately,

²³⁵ *Id.*

²³⁶ *Id.*

²³⁷ *Id.*

²³⁸ Wanda Pogue, *Move Over Google. TikTok is the Go-To Search Engine for Gen Z*, Adweek (Aug. 4, 2022), <https://www.adweek.com/social-marketing/move-over-google-tiktok-is-the-go-to-search-engine-for-gen-z/>.

1 *NewsGuard* found that 1 in 5 of the top 20 TikTok search results on prominent news topics, such
 2 as school shootings and COVID vaccines, contain misinformation.²³⁹

3 221. Misinformation is just one type of harmful content TikTok amplifies to its young
 4 users. Investigations by the *Wall Street Journal* found TikTok inundated young users with videos
 5 about depression, self-harm, drugs, and extreme diets, to name a few.

6 222. In one investigation, the *Wall Street Journal* found TikTok's algorithm quickly
 7 pushed users down rabbit holes where they were more likely to encounter harmful content. The
 8 *Wall Street Journal* investigated how TikTok's algorithm chose what content to promote to users
 9 by having 100 bots scroll through the "For You" feed.²⁴⁰ Each bot was programmed with
 10 interests, such as extreme sports, forestry, dance, astrology, and animals.²⁴¹ Those interests were
 11 not disclosed in the process of registering their accounts.²⁴² Rather, the bots revealed their
 12 interests through their behaviors, specifically the time they spent watching the videos TikTok
 13 recommended to them. Consistent with TikTok's internal "Algo 101" document, the *Wall Street*
 14 *Journal* found that time spent watching videos to be "the most impactful data on [what] TikTok
 15 serves you."²⁴³

16 223. Over the course of 26 minutes, one bot watched 224 videos, lingering over videos
 17 with hashtags for "depression" or "sad."²⁴⁴ From then on, 93 percent of the videos TikTok
 18 showed this account were about depression or sadness.²⁴⁵

19 224. That is not an outlier. Guillaume Chaslot, a former engineer for Google who
 20 worked on the algorithm for YouTube and the founder of Algo Transparency, explained that 90–
 21
 22

23 ²³⁹ *Misinformation Monitor*, NewsGuard (Sept. 2022), <https://www.newsguardtech.com/misinformation-monitor/september-2022/>.

24 ²⁴⁰ *Inside TikTok's Algorithm: A WSJ Video Investigation*, Wall St. J. (July 21, 2021),
<https://www.wsj.com/articles/tiktok-algorithm-video-investigation-11626877477>.

25 ²⁴¹ *Id.*

26 ²⁴² *Id.*

27 ²⁴³ *Id.*

²⁴⁴ *Id.*

²⁴⁵ *Id.*

95 percent of the content users see on TikTok is based on its algorithm.²⁴⁶

225. “Even bots with general mainstream interests got pushed to the margin as recommendations got more personalized and narrow.”²⁴⁷ Deep in these rabbit holes, the *Wall Street Journal* found “users are more likely to encounter potential harmful content.”²⁴⁸ For example, one video the *Wall Street Journal* encountered encouraged suicide, reading “Just go. Leave. Stop trying. Stop pretending. You know it and so do they. Do Everyone a favor and leave.”²⁴⁹

226. Chaslot explained why TikTok feeds users this content:

[T]he algorithm is able to find the piece of content that you’re vulnerable to. That will make you click, that will make you watch, but it doesn’t mean you really like it. And that it’s the content that you enjoy the most. It’s just the content that’s most likely to make you stay on the platform.²⁵⁰

227. A follow-up investigation by the *Wall Street Journal* using bots found “that through its powerful algorithms, TikTok can quickly drive minors—among the biggest users of the app—into endless spools of content about sex and drugs.”²⁵¹

228. The bots in this investigation were registered as users aged 13 to 15 and, as before, programmed to demonstrate interest by how long they watched the videos TikTok’s algorithms served them.²⁵² Videos that did not match their interests, the bots scrolled through without pausing.²⁵³ The bots lingered on videos that matched any of their programmed interests.²⁵⁴

229. Every second the bot hesitated or re-watched a video again proved key to what

²⁴⁶ *Id.*

²⁴⁷ *Id.*

²⁴⁸ *Id.*

²⁴⁹ *Id.*

²⁵⁰ *Id.*

²⁵¹ Rob Barry *et al.*, *How TikTok Serves up Sex and Drug Videos to Minors*, Wall St. J. (Sept. 8, 2021), https://www.wsj.com/articles/tiktok-algorithm-sex-drugs-minors-11631052944?st=e92pu5734lvc7ta&reflink=desktopwebshare_permalink.

²⁵² *Id.*

²⁵³ *Id.*

²⁵⁴ *Id.*

1 TikTok recommended to the accounts, which the *Wall Street Journal* found was used to “drive
2 users of any age deep into rabbit holes of content[.]”²⁵⁵

3 230. For example, one bot was programmed to pause on videos referencing drugs,
4 among other topics. The first day on the platform, the “account lingered on a video of a young
5 woman walking through the woods with a caption” referencing “stoner girls.”²⁵⁶ The following
6 day the bot viewed a video of a “marijuana-themed cake.”²⁵⁷ The “majority of the next thousand
7 videos” TikTok directed at the teenage account “tout[ed] drugs and drug use, including
8 marijuana, psychedelics and prescription medication.”²⁵⁸

9 231. TikTok similarly zeroed in on and narrowed the videos it showed accounts
10 whether the bot was programmed to express interest in drugs, sexual imagery, or a multitude of
11 interests. In the first couple of days, TikTok showed the bots a “high proportion of popular
12 videos.”²⁵⁹ “But after three days, TikTok began serving a high number of obscure videos.”²⁶⁰

13 232. For example, a bot registered as a 13-year-old was shown a series of popular
14 videos upon signing up.²⁶¹ The bot, which was programmed to demonstrate interest in sexual text
15 and imagery, also watched sexualized videos. Later, “[i]t experienced one of the most extreme
16 rabbit holes among the *Wall Street Journal*’s accounts. Many videos described how to tie knots
17 for sex, recover from violent sex acts and discussed fantasies about rape.”²⁶² At one point, “more
18 than 90 percent of [one] account’s video feed was about bondage and sex.”²⁶³

19 233. At least 2,800 of the sexualized videos that were shown to the *Wall Street*
20 *Journal*’s bots were labeled as being for adults only.²⁶⁴ Yet, TikTok directed these videos to the
21

22 ²⁵⁵ *Id.*

23 ²⁵⁶ *Id.*

24 ²⁵⁷ *Id.*

25 ²⁵⁸ *Id.*

26 ²⁵⁹ *Id.*

27 ²⁶⁰ *Id.*

²⁶¹ *Id.*

²⁶² *Id.*

²⁶³ *Id.*

²⁶⁴ *Id.*

1 minor accounts because, as TikTok told the *Wall Street Journal*, it does not “differentiate
2 between videos it serves to adults and minors.”²⁶⁵

3 234. TikTok also directed a concentrated stream of videos at accounts programmed to
4 express interest in a variety of topics. One such account was programmed to linger over hundreds
5 of Japanese film and television cartoons. “In one streak of 150 videos, all but four” of the videos
6 TikTok directed at the account, “featured Japanese animation—many with sexual themes.”²⁶⁶

7 235. The relentless stream of content intended to keep users engaged “can be
8 especially problematic for young people,” because they may lack the capability to stop watching,
9 says David Anderson, a clinical psychologist at the nonprofit mental health care provider, The
10 Child Mind Institute.²⁶⁷

11 236. In a similar investigation, the *Wall Street Journal* found TikTok “flood[ed] teen
12 users with videos of rapid-weight-loss competitions and ways to purge food that health
13 professionals say contribute to a wave of eating-disorder cases spreading across the country.”²⁶⁸

14 237. In this investigation, the *Wall Street Journal* analyzed the tens of thousands of
15 videos TikTok recommended to a dozen bots registered as 13-year-olds. As before, the bots were
16 given interests. Bots scrolled quickly through videos that did not match their interests and
17 lingered on videos that did.²⁶⁹ The accounts registered as 13-year-olds were programmed at
18 different times to display interests in weight loss, gambling, and alcohol.²⁷⁰

23 ²⁶⁵ *Id.*

24 ²⁶⁶ *Id.*

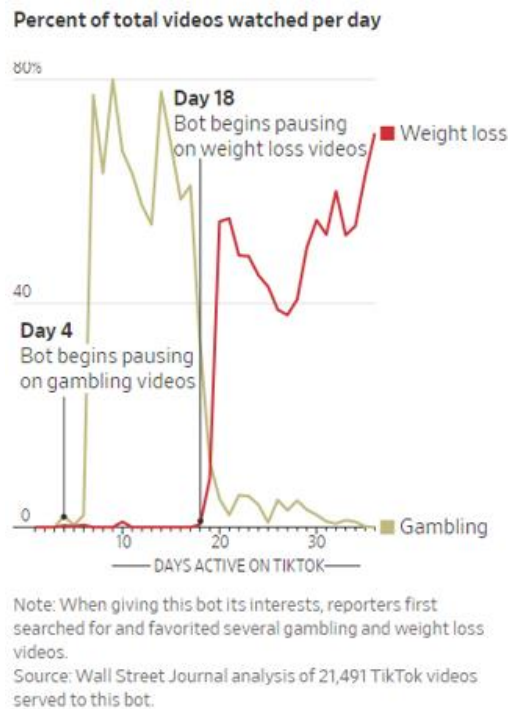
25 ²⁶⁷ *Id.*

26 ²⁶⁸ Tawnell D. Hobbs *et al.*, *The Corpse Bride Diet: How TikTok Inundates Teens with Eating-Disorder Videos*,
Wall St. J. (Dec. 17, 2021), <https://www.wsj.com/articles/how-tiktok-inundates-teens-with-eating-disorder-videos-11639754848> (some of the accounts performed searches or sent other, undisclosed signals indicating their
27 preferences).

²⁶⁹ *Id.*

²⁷⁰ *Id.*

238. “TikTok’s algorithm quickly g[a]ve[] users the content they’ll watch, for as long as they’ll watch it.”²⁷¹ For example, TikTok streamed gambling videos to a bot registered to a 13-year-old after it first searched for and favorited several such videos.²⁷² When the bot began demonstrating interest in weight loss videos, the algorithm adapted quickly, as this chart demonstrates.²⁷³



239. After the change in programming, weight-loss videos accounted for well over 40 percent of the content TikTok’s algorithm recommended to the user.²⁷⁴

240. The other accounts were also flooded with weight-loss videos. Over the course of about 45 days, TikTok inundated the accounts with more than 32,000 such videos, “many promoting fasting, offering tips for quickly burning belly fat and pushing weight-loss detox programs and participation in extreme weight-loss competitions.”²⁷⁵ Some encouraged purging,

²⁷¹ *Id.*

²⁷² *Id.*

²⁷³ *Id.*

²⁷⁴ *Id.*

²⁷⁵ *Id.*

1 eating less than 300 calories a day, consuming nothing but water some days, and other hazardous
2 diets.²⁷⁶

3 241. According to Alyssa Moukheiber, a treatment center dietitian, TikTok's powerful
4 algorithm and the harmful streams of content it directs at young users can tip them into unhealthy
5 behaviors or trigger a relapse.²⁷⁷

6 242. Unfortunately, it has for the several teenage girls interviewed by the *Wall Street*
7 *Journal*, who reported developing eating disorders or relapsing after being influenced by the
8 extreme diet videos TikTok promoted to them.²⁷⁸

9 243. They are not alone. Katie Bell, a co-founder of the Healthy Teen Project, "said the
10 majority of her 17 teenage residential patients told her TikTok played a role in their eating
11 disorders."²⁷⁹

12 244. Others, like Stephanie Zerwas, an associate professor of psychiatry at the
13 University of North Carolina at Chapel Hill, could not recount how many of her young patients
14 told her that "I've started falling down this rabbit hole, or I got really into this or that influencer
15 on TikTok, and then it started to feel like eating-disorder behavior was normal, that everybody
16 was doing that."²⁸⁰

17 245. This trend extends nationwide. The National Association of Anorexia Nervosa
18 and Associated Disorders has fielded 50 percent more calls to its hotline since the pandemic
19 began, most of whom it says are from young people or parents on their behalf.²⁸¹

20 246. Despite the ample evidence that TikTok's design and operation of its platform
21 harms the tens of millions of youths who use it, TikTok continues to manipulate them into
22 returning to the platform again and again so that it may serve them ads in between the exploitive
23 content it amplifies.

24 ²⁷⁶ *Id.*

25 ²⁷⁷ *Id.*

26 ²⁷⁸ *Id.*

27 ²⁷⁹ *Id.*

²⁸⁰ *Id.*

²⁸¹ *Id.*

4. YouTube Intentionally Marketed to and Designed Its Social Media Platform for Youth Users, Substantially Contributing to the Mental Health Crisis

a. The YouTube Platform

247. YouTube is a platform where users can post, share, view, and comment on videos related to a vast range of topics. The platform became available publicly in December 2005, and was acquired by Google in 2006.

248. YouTube reports that today it has over 2 billion monthly logged-in users.²⁸² Even more people use YouTube each month because consumers do not have to register an account to view a video on YouTube. As a result, anyone can view most content on YouTube—regardless of age.

249. Users, whether logged in or not, watch *billions of hours of videos every day*.²⁸³

250. Users with accounts can post their own videos, comment on others, and since 2010 express their approval of videos through “likes.”²⁸⁴

251. Beginning in 2008 and through today, YouTube has recommended videos to users.²⁸⁵ Early on, the videos YouTube recommended to users were the most popular videos across the platform.²⁸⁶ YouTube admits “[n]ot a lot of people watched those videos[,]” at least not based on its recommendation.²⁸⁷

252. Since then, YouTube has designed and refined its recommendation system using machine learning algorithms that today take into account a user’s “likes,” time spent watching a video, and other behaviors to tailor its recommendations to each user.²⁸⁸

253. YouTube automatically plays those recommendations for a user after they finish

²⁸² YouTube for Press, YouTube, <https://blog.youtube/press/> (last visited Dec. 8, 2022).

²⁸³ *Id.*

²⁸⁴ Josh Lowensohn, *YouTube’s big redesign goes live to everyone*, CNET (Mar. 31, 2010), <https://www.cnet.com/culture/youtubes-big-redesign-goes-live-to-everyone/>.

²⁸⁵ Cristos Goodrow, *On YouTube’s recommendation system*, YouTube (Sept. 15, 2021), <https://blog.youtube/inside-youtube/on-youtubes-recommendation-system/>.

²⁸⁶ *Id.*

²⁸⁷ *Id.*

²⁸⁸ *Id.*

1 watching a video. This feature, known as “autoplay,” was implemented in 2015. YouTube turns
 2 the feature on by default, which means videos automatically and continuously play for users
 3 unless they turn it off.²⁸⁹

4 254. YouTube purports to disable by default its autoplay feature for users aged 13–
 5 17.²⁹⁰ But, as mentioned above, YouTube does not require users to log in or even have an
 6 account to watch videos. For them or anyone who does not self-report an age between 13 and 17,
 7 YouTube defaults to automatically playing the videos its algorithm recommends to the user.

8 **b. YouTube Markets Its Platform to Youth**

9 255. The primary way YouTube makes money is through advertising and made \$19
 10 billion in ad revenue in 2021 alone.²⁹¹

11 256. “In 2012, YouTube concluded that the more people watched, the more ads it
 12 could run[.]”²⁹² “So YouTube . . . set a company-wide objective to reach one billion hours of
 13 viewing a day[.]”²⁹³

14 257. “[T]he best way to keep eyes on the site,” YouTube realized, was “recommending
 15 videos, alongside a clip or after one was finished.”²⁹⁴ That is what led to the development of its
 16 recommendation algorithm and autoplay feature described above. *See supra* Section IV.D.4.a.

17 258. YouTube has long known youth use its platforms in greater proportion than older
 18 demographics.

19 259. Yet, YouTube has not implemented even rudimentary protocols to verify the age
 20 of users. Anyone can watch a video on YouTube without registering an account or reporting their

21
 22 ²⁸⁹ Autoplay videos, YouTube Help,
 23 <https://support.google.com/youtube/answer/6327615?hl=en#:~:text=For%20users%20aged%2013%2D17,turned%20off%20Autoplay%20for%20you> (last visited Dec. 8, 2022).

24 ²⁹⁰ *Id.*

25 ²⁹¹ Alphabet Inc., Annual Report, Form 10-k at 60 (2021),
 26 <https://www.sec.gov/ix?doc=/Archives/edgar/data/1652044/000165204422000019/goog-20211231.htm>.

27 ²⁹² Mark Bergen, *YouTube Executive Ignores Warnings, Letting Toxic Videos Run Rampant*, Bloomberg (Apr. 2, 2019), <https://www.bloomberg.com/news/features/2019-04-02/youtube-executives-ignored-warnings-letting-toxic-videos-run-rampant?leadSource=uverify%20wall>.

²⁹³ *Id.*

²⁹⁴ *Id.*

1 age.

2 260. Instead, YouTube leveraged its popularity among youth to increase its revenue
 3 from advertisements by marketing its platform to popular brands of children's products. For
 4 example, Google pitched Mattel, the maker of Barbie and other popular kids' toys, by telling its
 5 executives that "YouTube is today's leader in reaching children age 6–11 against top TV
 6 channels."²⁹⁵ When presenting to Hasbro, the maker of Play-Doh, My Little Pony, and other
 7 kids' toys, Google touted that "YouTube was unanimously voted as the favorite website for kids
 8 2-12," and that "93% of tweens visit YouTube to watch videos."²⁹⁶ In a different presentation to
 9 Hasbro, YouTube was referred to as "[t]he new 'Saturday Morning Cartoons,'" and claimed that
 10 YouTube was the "#1 website regularly visited by kids" and "the #1 source where children
 11 discover new toys + games."²⁹⁷

12 261. In addition to turning a blind eye towards underage users of its platform,
 13 YouTube developed and marketed a version of YouTube specifically for children under the age
 14 of 13.

15 262. YouTube's efforts to attract young users have been successful. *See supra*
 16 Section IV.A. A vast majority, 95 percent, of children ages 13–17 have used YouTube.²⁹⁸

17 **c. YouTube Intentionally Maximizes the Time Users Spend on its**
 18 **Platform**

19 263. Google designed YouTube to maximize user engagement, predominantly through
 20 the amount of time users spend watching videos. To that end, Google employs design elements
 21 and complex algorithms to create a never-ending stream of videos intended to grip user's
 22 attention.

23 264. Like the other Defendants' social media platforms, Google developed features

25 ²⁹⁵ Complaint for Permanent Injunction, Civil Penalties, and Other Equitable Relief, Exhibit A, *FTC v. Google LLC*
et al., No. 1-19-cv-02642-BAH (D.D.C. Sept. 4, 2019), Dkt. # 1-1.

26 ²⁹⁶ *Id.* Exhibit B.

27 ²⁹⁷ *Id.* Exhibit C.

²⁹⁸ *Id.*

1 that exploit psychological phenomenon such as IVR to maximize the time users spend on
2 YouTube.

3 265. YouTube uses design elements that operate on principles of IVR to drive both
4 YouTube content creators and YouTube viewers into habitual, excessive use. Google designed
5 YouTube to allow users to like, comment, and share videos and to subscribe to content creator's
6 channels. These features serve as rewards for users who create and upload videos to YouTube.
7 As described above, receiving a like indicates others' approval and activates the reward region of
8 the brain.²⁹⁹ The use of likes, therefore, encourages users to use YouTube over and over, seeking
9 future pleasurable experiences.

10 266. YouTube also uses IVR to encourage users to view others content. One of the
11 ways Google employs IVR into YouTube's design is through subscriber push notifications and
12 emails, which are designed to prompt users to watch YouTube content and encourages excessive
13 use of the platform. When a user "subscribes" to another user's channel, they receive
14 notifications every time that user uploads new content, prompting them to open YouTube and
15 watch the video.³⁰⁰

16 267. One of YouTube's defining features is its panel of recommended videos.
17 YouTube recommends videos to users on both the YouTube home page and on every individual
18 video page in an "Up Next" panel.³⁰¹ This list automatically populates next to the video a user is
19 currently watching. This recommended video list is a never-ending feed of videos intended to
20 keep users on the app watching videos without having to affirmatively click or search for other
21 videos. This constant video stream, comprised of videos recommended by YouTube's
22 algorithms, is the primary way Google increases the time users spend on YouTube.

23
24 ²⁹⁹ See, e.g., Lauren E. Sherman et al., *The Power of the Like in Adolescence: Effects of Peer Influence on Neural and Behavioral Responses to Social Media*, 27(7) Psych. Sci. 1027–35 (July 2016),
25 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5387999/>.

26 ³⁰⁰ *Manage YouTube Notifications*, YouTube,
27 <https://support.google.com/youtube/answer/3382248?hl=en&co=GENIE.Platform%3DDesktop> (last visited Dec. 8, 2022).

³⁰¹ *Recommended Videos*, YouTube, <https://www.youtube.com/howyoutubeworks/product-features/recommendations/> (last visited Dec. 8, 2022).

d. YouTube's Algorithms are Manipulative

268. Google uses algorithms throughout YouTube to recommend videos to users. These algorithms select videos that populate the YouTube homepage, rank results in user searches, and suggest videos for viewers to watch next. These algorithms are manipulative by design and increase the amount of time users spend on YouTube.

269. Google began building the YouTube recommendation system in 2008.³⁰² When Google initially developed its recommendation algorithms, the end goal was to maximize the amount of time users spend watching YouTube videos. A YouTube spokesperson admitted as much, saying YouTube's recommendation system was initially set up to "optimize" the amount of time users watch videos.³⁰³

270. Former YouTube engineer Guillaume Chaslot has also stated that when he worked for YouTube designing its recommendation algorithm, the priority was to keep viewers on the site for as long as possible to maximize "watch time."³⁰⁴ Chaslot further stated that "[i]ncreasing users' watch time is good for YouTube's business model" because the more people watch videos, the more ads they see and YouTube's advertising revenue increases.³⁰⁵

271. Early on, one of the primary metrics behind YouTube's recommendation algorithm was clicks. As YouTube describes, "[c]licking on a video provides a strong indication that you will also find it satisfying."³⁰⁶ But as YouTube learned, clicking on a video does not mean a user actually watched it. Thus, in 2012, YouTube also started tracking watch time—the amount of time a user spends watching a video.³⁰⁷ YouTube made this switch to keep people

³⁰² Cristos Goodrow, *On YouTube's recommendation system*, YouTube (Sept. 15, 2021), <https://blog.youtube/inside-youtube/on-youtubes-recommendation-system/>.

³⁰³ Ben Popken, *As algorithms take over, YouTube's recommendations highlight a human problem*, NBC (Apr. 19, 2018), <https://www.nbcnews.com/tech/social-media/algorithms-take-over-youtube-s-recommendations-highlight-human-problem-n867596>.

³⁰⁴ William Turton, *How YouTube's algorithm prioritizes conspiracy theories*, Vice (Mar. 5, 2018), <https://www.vice.com/en/article/d3w9ja/how-youtubes-algorithm-prioritizes-conspiracy-theories>.

³⁰⁵ Jesselyn Cook & Sebastian Murdock, *YouTube is a Pedophile's Paradise*, Huffington Post (Mar. 20, 2020), https://www.huffpost.com/entry/youtube-pedophile-paradise_n_5e5d79d1c5b6732f50e6b4db.

³⁰⁶ Cristos Goodrow, *On YouTube's Recommendation System*, YouTube (Sept. 15, 2021), <https://blog.youtube/inside-youtube/on-youtubes-recommendation-system/>.

³⁰⁷ *Id.*

1 watching for as long as possible.³⁰⁸ In YouTube’s own words, this switch was successful. “These
 2 changes have so far proved very positive -- primarily less clicking, more watching. We saw the
 3 amount of time viewers spend watching videos across the site increase immediately[.]”³⁰⁹ And in
 4 2016, YouTube started measuring “valued watchtime” via user surveys to ensure that viewers are
 5 satisfied with their time spent watching videos on YouTube.³¹⁰ All of these changes to
 6 YouTube’s algorithms were made to ensure that users spend more time watching videos and ads.

7 272. YouTube’s current recommendation algorithm is based on deep-learning neural
 8 networks that retune its recommendations based on the data fed into it.³¹¹ While this algorithm is
 9 incredibly complex, its process can be broken down into two general steps. First, the algorithm
 10 compiles a shortlist of several hundred videos by finding videos that match the topic and other
 11 features of the video a user is currently watching.³¹² Then the algorithm ranks the list according
 12 to the user’s preferences, which the algorithm learns by tracking a user’s clicks, likes, and other
 13 interactions.³¹³ In short, the algorithms track and measure a user’s previous viewing habits and
 14 then finds and recommends other videos the algorithm thinks will hold the consumer’s attention.

15 273. YouTube’s recommendation system “is constantly evolving, learning every day
 16 from over 80 billion pieces of information.”³¹⁴ Some of the information the recommendation
 17 algorithm relies on to deliver recommended videos to users includes users’ watch and search

18 ³⁰⁸ Dave Davies, *How YouTube became one of the planet’s most influential media businesses*, NPR (Sept. 8, 2022),
 19 <https://www.npr.org/2022/09/08/1121703368/how-youtube-became-one-of-the-planets-most-influential-media-businesses>.

20 ³⁰⁹ Eric Meyerson, *YouTube Now: Why We Focus on Watch Time*, YouTube (Aug. 10, 2012),
 21 <https://blog.youtube/news-and-events/youtube-now-why-we-focus-on-watch-time/>.

22 ³¹⁰ Cristos Goodrow, *On YouTube’s recommendation system*, YouTube (Sept. 15, 2021),
 23 <https://blog.youtube/inside-youtube/on-youtubes-recommendation-system/>.

24 ³¹¹ Alexis C. Madrigal, *How YouTube’s Algorithm Really Works*, Atl. (Nov. 8, 2018),
 25 <https://www.theatlantic.com/technology/archive/2018/11/how-youtubes-algorithm-really-works/575212/>; Paul
 26 Covington *et al.*, *Deep Neural Networks for YouTube Recommendations*, Google (2016),
 27 <https://storage.googleapis.com/pub-tools-public-publication-data/pdf/45530.pdf>.

³¹² Karen Hao, *YouTube is experimenting with ways to make its algorithm even more addictive*, MIT Tech. Rev. (Sept. 27, 2019), <https://www.technologyreview.com/2019/09/27/132829/youtube-algorithm-gets-more-addictive/>;
 Paul Covington *et al.*, *Deep Neural Networks for YouTube Recommendations*, Google (2016),
<https://storage.googleapis.com/pub-tools-public-publication-data/pdf/45530.pdf>.

³¹³ *Id.*

³¹⁴ Cristos Goodrow, *On YouTube’s Recommendation System*, YouTube (Sept. 15, 2021),
<https://blog.youtube/inside-youtube/on-youtubes-recommendation-system/>.

1 history, channel subscriptions, clicks, watch time, survey responses, shares, likes, dislikes, users'
2 location (country) and the time of day.³¹⁵

3 274. The recommendation algorithm can determine what “signals” or factors are more
4 important to individual users.³¹⁶ For example, if a user shares every video they watch, including
5 videos the user gives a low rating, the algorithm learns not to heavily factor the user’s shares
6 when recommending content.³¹⁷ Thus, the recommendation algorithm “develops dynamically” to
7 individual user’s viewing habits and makes highly specific recommendations to keep individual
8 users watching videos.³¹⁸

9 275. In addition to the algorithm’s self-learning, Google engineers consistently update
10 YouTube’s recommendation and ranking algorithms, making several updates every month,
11 according to YouTube Chief Product Officer Neal Mohan.³¹⁹ The end goal is to increase the
12 amount of time users spend watching content on YouTube.

13 276. Because Google has designed and refined its algorithms to be manipulative, these
14 algorithms are incredibly successful at getting users to view content based on the algorithm’s
15 recommendation. Mohan stated in 2018 that YouTube’s AI-driven recommendations are
16 responsible for 70 percent of the time users spend on YouTube.³²⁰ In other words, 70 percent of
17 all YouTube content that users watch was recommended to users by YouTube’s algorithms as
18 opposed to users purposely searching for and identifying the content they watch.

19 277. Mohan also stated that recommendations keep mobile device users watching
20 YouTube for more than 60 minutes at a time on average.³²¹

21
22 ³¹⁵ *Recommended Videos*, YouTube, <https://www.youtube.com/howyoutubeworks/product-features/recommendations/#signals-used-to-recommend-content> (last visited Dec. 8, 2022).

23 ³¹⁶ *Id.*

24 ³¹⁷ *Id.*

25 ³¹⁸ *Id.*

26 ³¹⁹ Nilay Patel, *YouTube Chief Product Officer Neal Mohan on The Algorithm, Monetization, and the Future for Creators*, Verge (Aug. 3, 2021), <https://www.theverge.com/22606296/youtube-shorts-fund-neal-mohan-decoder-interview>.

27 ³²⁰ Joan E. Solsman, *YouTube’s AI is the puppet master over most of what you watch*, CNET (Jan. 20, 2018), <https://www.cnet.com/tech/services-and-software/youtube-cs-2018-neal-mohan/>.

³²¹ *Id.*

278. Given that people watch more than one billion hours of YouTube videos daily,³²² YouTube’s recommendation algorithms are responsible for hundreds of millions of hours that users spend watching videos on YouTube.

e. YouTube’s Conduct in Designing and Operating its Platform Has Harmed Youth Mental Health

279. By designing YouTube’s algorithms to prioritize and maximize the amount of time users spend watching videos, Google has harmed youth mental health. In particular, YouTube has harmed youth mental health by recommending content to youth through its algorithms.

280. YouTube’s algorithms push its young users down rabbit holes where they are likely to encounter content that is violent, sexual, or encourages self-harm, among other types of harmful content.

281. Research by the Tech Transparency Project (“TTP”) shows that YouTube Kids fed children content that involved drug culture, guns, and beauty and diet tips that could lead to harmful body image issues.³²³ Among the videos TTP found were step-by-step instructions on how to conceal a gun, guides on how to bleach one’s face at home, and workout videos emphasizing the importance of burning calories and telling kids to “[w]iggle your jiggle.”³²⁴ This research shows that YouTube Kids not only lets inappropriate content slip through its algorithmic filters, but actively directed the content to kids through its recommendation engine.

282. Similar examples abound. Amanda Kloer, a campaign director with the child safety group ParentsTogether, spent an hour on her child’s YouTube Kids profile and found videos “encouraging kids how to make their shirts sexier, a video in which a little boy pranks a

³²² Shira Ovide, *The YouTube Rabbit Hole is Nuanced*, N.Y. Times (Apr. 21, 2022), <https://www.nytimes.com/2022/04/21/technology/youtube-rabbit-hole.html>.

³²³ Alex Hern, *YouTube Kids shows videos promoting drug culture and firearms to toddlers*, Guardian (May 5, 2022), <https://www.theguardian.com/technology/2022/may/05/youtube-kids-shows-videos-promoting-drug-culture-firearms-toddlers>.

³²⁴ *Guns, Drugs, and Skin Bleaching: YouTube Kids Poses Risks to Children*, Tech Transparency Project (May 5, 2022), <https://www.techtransparencyproject.org/articles/guns-drugs-and-skin-bleaching-youtube-kids-still-poses-risks-children>.

girl over her weight, and a video in which an animated dog pulls objects out of an unconscious animated hippo's butt."³²⁵ Another parent recounted that YouTube Kids' autoplay function led her 6-year-old daughter to an animated video that encouraged suicide.³²⁶

283. Other youth are fed content by YouTube's algorithms that encourages self-harm. As reported by PBS Newshour, a middle-schooler named Olivia compulsively watched YouTube videos every day after she came home from school.³²⁷ Over time she became depressed and started searching for videos on how to commit suicide. Similar videos then gave her the idea of overdosing. Weeks later she was in the hospital after "downing a bottle of Tylenol."³²⁸ Ultimately, she was admitted into rehab for digital addiction because of her compulsive YouTube watching.³²⁹

284. According to the Pew Research Center, 46 percent of parents say their child has encountered inappropriate videos on YouTube.³³⁰ And children are not encountering these videos on their own volition. Rather, they are being fed harmful and inappropriate videos through YouTube's algorithms. Again, YouTube's AI-driven recommendations are responsible for 70 percent of the time users spend on YouTube.³³¹

285. Other reports have also found that YouTube's recommendation algorithm suggests a wide array of harmful content, including videos that feature misinformation, violence, and hate speech, along with other content that violates YouTube's policies.³³² A 2021

³²⁵ Rebecca Heilweil, *YouTube's kids app has a rabbit hole problem*, Vox (May 12, 2021), <https://www.vox.com/recode/22412232/youtube-kids-autoplay>.

³²⁶ *Id.*

³²⁷ Lesley McClurg, *After compulsively watching YouTube, teenage girl lands in rehab for 'digital addiction'*, PBS (May 16, 2017), <https://www.pbs.org/newshour/health/compulsively-watching-youtube-teenage-girl-lands-rehab-digital-addiction>.

³²⁸ *Id.*

³²⁹ *Id.*

³³⁰ Brooke Auxier *et al.*, *Parenting Children in The Age of Screens*, Pew Rsch. Ctr. (July 28, 2020), <https://www.pewresearch.org/internet/2020/07/28/parental-views-about-youtube/>.

³³¹ Joan E. Solsman, *YouTube's AI is the puppet master over most of what you watch*, CNET (Jan. 20, 2018), <https://www.cnet.com/tech/services-and-software/youtube-cs-2018-neal-mohan/>.

³³² Brandy Zadrozny, *YouTube's recommendations still push harmful videos, crowdsourced study finds*, NBC News (July 17, 2021), <https://www.nbcnews.com/tech/tech-news/youtubes-recommendations-still-push-harmful-videos-crowdsourced-study-rcna1355>.

crowdsourced investigation from the Mozilla Foundation involving 37,000 YouTube users revealed that 71 percent of all reported negative user experiences came from videos recommended by YouTube to users.³³³ And users were 40 percent more likely to report a negative experience with a video recommended by YouTube's algorithm than with a video they searched for.³³⁴

286. The inappropriate and disturbing content YouTube's algorithms expose children to have adverse effects on mental health. Mental health experts have warned that YouTube is a growing source of anxiety and inappropriate sexual behavior among kids under the age of 13.³³⁵

287. Further the harmful content YouTube's algorithms expose children to harm brain development. "Children who repeatedly experience stressful and/or fearful emotions may under develop parts of their brain's prefrontal cortex and frontal lobe, the parts of the brain responsible for executive functions, like making conscious choices and planning ahead," according to "Donna Volpitta, Ed.D., founder of The Center for Resilient Leadership."³³⁶

288. Even though much of the content YouTube's algorithms feed to youth is harmful, it triggers chemical reactions that encourage youth to spend more time watching videos on YouTube. According to Dr. Volpita, watching "fear-inducing videos cause the brain to receive a small amount of dopamine," which acts as a reward and creates a desire to do something over and over.³³⁷ This dopaminergic response is in addition to the reward stimulus YouTube provides users through IVR.

289. Mental health professionals across the country have seen an increase in children experiencing mental health issues because of YouTube. Natasha Daniels, a child psychotherapist in Arizona, has said she has seen a rise in cases of children suffering from anxiety because of

³³³ *Id.*

³³⁴ *Id.*

³³⁵ Josephine Bila, *YouTube's dark side could be affecting your child's mental health*, CNBC (Feb. 13, 2018), <https://www.cnbc.com/2018/02/13/youtube-is-causing-stress-and-sexualization-in-young-children.html>.

³³⁶ *Id.*

³³⁷ *Id.*

1 videos they watched on YouTube.³³⁸ Because of their anxiety, these children “exhibit loss of
2 appetite, sleeplessness, crying fits, and fear.”³³⁹

3 290. In addition to causing anxiety, watching YouTube is also associated with
4 insufficient sleep.³⁴⁰ In one study on the effect of app use and sleep, YouTube was the only app
5 consistently associated with negative sleep outcomes.³⁴¹ For every 15 minutes teens spent
6 watching YouTube, they had a 24 percent greater chance of getting fewer than seven hours of
7 sleep.³⁴² YouTube is particularly problematic on this front because of YouTube’s
8 recommendation and autoplay feature make it “so easy to finish one video” and watch the next,
9 said Dr. Alon Avidan, director of the UCLA Sleep Disorders Center.³⁴³ In turn, insufficient sleep
10 is associated with poor health outcomes.³⁴⁴ Thus, YouTube exacerbates an array of youth mental
11 health issues by contributing to sleep deprivation.

12 291. Despite the vast evidence that YouTube’s design and algorithms harms millions
13 of youths, Google continues to manipulate them into staying on the platform and watching more
14 and more videos so that it can increase its ad revenue.

15 **E. The Effect of Social Media Use on Schools**

16 292. School districts are uniquely harmed by the current youth mental health crisis.
17 This is because schools are one of the main providers for mental health services for school-aged
18 children.³⁴⁵ Indeed, over 3.1 million children ages 12–17 received mental health services through
19

20 ³³⁸ *Id.*

21 ³³⁹ *Id.*

22 ³⁴⁰ Meg Pillion *et al.*, *What’s ‘app’-ning to adolescent sleep? Links between device, app use, and sleep outcomes*,
100 *Sleep Med.* 174–82 (Dec. 2022),
<https://www.sciencedirect.com/science/article/abs/pii/S1389945722010991?via%3Dihub>.

23 ³⁴¹ *Id.*

24 ³⁴² *Id.*

25 ³⁴³ Cara Murez, *One App is Especially Bad for Teens’ Sleep*, U.S. News (Sept. 13, 2022),
<https://www.usnews.com/news/health-news/articles/2022-09-13/one-app-is-especially-bad-for-teens-sleep>.

26 ³⁴⁴ Jessica C. Levenson *et al.*, *The Association Between Social Media Use and Sleep Disturbance Among Young
Adults*, 85 *Preventive Med.* 36–41 (Apr. 2016),
<https://www.sciencedirect.com/science/article/abs/pii/S0091743516000025>.

27 ³⁴⁵ *National Survey on Drug Use and Health*, SAMHSA (2019 & 1st & 4th Qs. 2020),
<https://www.samhsa.gov/data/report/2020-nsduh-detailed-tables>.

1 an education setting in 2020, more than any other non-specialty mental health service setting.³⁴⁶

2 293. Most schools offer mental health services to students. In the 2021–22 school year,
3 96 percent of public schools reported offering at least one type of mental health service to their
4 students.³⁴⁷ But 88 percent of public schools did not strongly agree that they could effectively
5 provide mental health services to all students in need.³⁴⁸ The most common barriers to providing
6 effective mental health services are (1) insufficient number of mental health professionals; (2)
7 inadequate access to licensed mental health professionals; and (3) inadequate funding.³⁴⁹ Student
8 opinions also reflect that schools are unable to provide adequate mental health services. Less
9 than a quarter of students in grades 6–12 report accessing counseling or psychological services
10 when they are upset, stressed, or having a problem.³⁵⁰ And of the students who access mental
11 health services, only 41 percent of middle schoolers and 36 percent of high schoolers are
12 satisfied with the services they receive.³⁵¹

13 294. In part, schools are struggling to provide adequate mental health services because
14 of the increase in students seeking these services. More than two-thirds of public schools
15 reported an increase in the percent of students seeking mental health services from school since
16 the start of the pandemic.³⁵²

17 295. During this same period, adolescents increased their social media use, also raising
18 levels of excessive and problematic use of digital media.³⁵³ And these higher rates of social
19

20 ³⁴⁶ *Id.*

21 ³⁴⁷ *Roughly Half of Public Schools Report That They Can Effectively Provide Mental Health Services to All*
22 *Students In Need*, Nat'l Ctr. Educ. Stat. (May 31, 2022),
https://nces.ed.gov/whatsnew/press_releases/05_31_2022_2.asp.

22 ³⁴⁸ *Id.*

23 ³⁴⁹ *Id.*

24 ³⁵⁰ *Insights From the Student Experience, Part I: Emotional and Mental Health* at 2, YouthTruth (2022),
https://youthtruthsurvey.org/wp-content/uploads/2022/10/YouthTruth_EMH_102622.pdf.

25 ³⁵¹ *Id.*

26 ³⁵² *Roughly Half of Public Schools Report That They Can Effectively Provide Mental Health Services to All*
27 *Students In Need*, Nat'l Ctr. Educ. Stat. (May 31, 2022),
https://nces.ed.gov/whatsnew/press_releases/05_31_2022_2.asp.

³⁵³ Laura Marciano *et al.*, *Digital Media Use and Adolescents' Mental Health During the Covid-19 Pandemic: A*
Systematic Review and Meta-Analysis, *Frontiers Pub. Health* (Feb. 2022),
<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC8848548/>.

media use are related to higher “ill-being.”³⁵⁴ Thus, the increase in adolescent social media use during the pandemic has caused an increase in adolescents experiencing mental health problems.

296. That relationship is reflected in reports from public schools. Over 75 percent of public schools reported an increase in staff expressing concerns about student depression, anxiety, and other disturbances since the start of the pandemic.³⁵⁵ Students receiving mental health services in educational settings predominately do so because they “[f]elt depressed,” “[t]hought about killing [themselves] or tried to” or “[f]elt very afraid and tense.”³⁵⁶

297. Anxiety disorders are also up, affecting 31.9 percent of adolescents between 13 and 18 years old.³⁵⁷ “Research shows that untreated teenagers with anxiety disorders are at higher risk to perform poorly in school, miss out on important social experiences, and engage in substance abuse.”³⁵⁸

298. Schools are struggling not only to provide students with mental health services but also to deliver an adequate education because of the youth mental health crisis. Students in grades 6–12 identify depression, stress, and anxiety as the most prevalent obstacles to learning.³⁵⁹ Most middle school and high school students also fail to get enough sleep on school nights, which contributes to poor academic performance.³⁶⁰ These negative mental health outcomes are also the most common symptoms of excessive social media use.

299. The youth mental health crisis has also caused a wide range of other behavioral

³⁵⁴ *Id.*

³⁵⁵ *Roughly Half of Public Schools Report That They Can Effectively Provide Mental Health Services to All Students In Need*, Nat’l Ctr. Educ. Stat. (May 31, 2022), https://nces.ed.gov/whatsnew/press_releases/05_31_2022_2.asp.

³⁵⁶ Rachel N. Lipari *et al.*, *Adolescent Mental Health Service Use and Reasons for Using Services in Specialty, Educational, and General Medical Settings*, SAMHSA (May 5, 2016), [https://www.samhsa.gov/data/sites/default/files/report_1973/ShortReport-1973.html#:~:text=The percent20Substance percent20Abuse percent20and percent20Mental,273 percent20DTALK percent20\(8255\)](https://www.samhsa.gov/data/sites/default/files/report_1973/ShortReport-1973.html#:~:text=The percent20Substance percent20Abuse percent20and percent20Mental,273 percent20DTALK percent20(8255)).

³⁵⁷ *Anxiety Disorders: Facts and Statistics*, Anxiety & Depression Ass’n Am., <https://adaa.org/understanding-anxiety/facts-statistics> (last visited Dec. 8, 2022).

³⁵⁸ *Id.*

³⁵⁹ *Insights From the Student Experience, Part I: Emotional and Mental Health* at 2–3, YouthTruth (2022), https://youthtruthsurvey.org/wp-content/uploads/2022/10/YouthTruth_EMH_102622.pdf.

³⁶⁰ Anne G. Wheaton *et al.*, *Short Sleep Duration Among Middle School and High School Students-United States, 2015*, 67(3) *Morbidity & Mortality Wkly. Rpt.* 85–90 (Jan. 26, 2018), <http://dx.doi.org/10.15585/mmwr.mm6703a1>.

1 issues among students that interfere with schools' ability to teach. In 2022, 61 percent of public
 2 schools saw an increase in classroom disruptions from student misconduct compared to school
 3 years before the pandemic.³⁶¹ Fifty-eight percent of public schools also saw an increase in
 4 rowdiness outside of the classroom, 68 percent saw increases in tardiness, 27 percent saw
 5 increases in students skipping classes, 55 percent saw increases in the use of electronic devices
 6 when not permitted, 37 percent saw an increase in bullying, 39 percent saw an increase in
 7 physical fights between students, and 46 percent saw an increase in threats of fights between
 8 students.³⁶²

9 300. Further exacerbating school's struggle to teach is the fact students are not
 10 showing up to school. Indeed, student absenteeism has greatly increased. In the 2021–22 school
 11 year, 39 percent of public schools experienced an increase in chronic student absenteeism
 12 compared to the 2020–21 school year, and 72 percent of public schools saw increased chronic
 13 student absenteeism compared to school years before the pandemic.³⁶³ Following suit, vandalism
 14 has increased in 2022, with 36 percent of public schools reporting increased acts of student
 15 vandalism on school property.³⁶⁴

16 301. School districts have borne increased costs and expenses in response to the youth
 17 mental health crisis. These costs include:

- 18 • hiring additional mental health personnel (41 percent of public schools added staff
 19 to focus on student mental health);³⁶⁵
- 20 • developing additional mental health resources (46 percent of public schools
 21 created or expanded mental health programs for students, 27 percent added
 22 student classes on social, emotional, and mental health and 25 percent offered
 23 guest speakers for students on mental health);³⁶⁶

24 ³⁶¹ 2022 *School Pulse Panel*, U.S. Dep't Educ., Inst. Educ. Sci. (2022), <https://ies.ed.gov/schoolsurvey/spp/>.

25 ³⁶² *Id.*

26 ³⁶³ *Id.*

27 ³⁶⁴ *Id.*

³⁶⁵ *Id.*

³⁶⁶ *Id.*

- training teachers to help students with their mental health (56 percent of public schools offered professional development to teachers on helping students with mental health);³⁶⁷
- increasing disciplinary services and hiring additional personnel for disciplinary services in response to increased bullying and harassment over social media;
- addressing property damaged as a result of students acting out because of mental, social, and emotional problems Defendants' conduct caused;
- diverting time and resources from instruction activities to notify parents and guardians of students' behavioral issues and attendance;
- investigating and responding to threats made against schools and students over social media;
- updating its student handbook to address use of Defendants' platforms; and
- updating school policies to address use of Defendants' platforms.

F. Impact of Social Media Use on Plaintiff

302. Plaintiff Kent School District is the fifth largest school district in Washington State³⁶⁸ and is located in King County, Washington, one of the largest counties in the country.³⁶⁹ Kent School District operates 42 schools and academies, serving approximately 25,000 students.³⁷⁰

303. Kent School District has been directly impacted by the mental health crisis among youth in its community.

304. There has been a surge in the proportion of youth in Plaintiff's community who say they cannot stop or control their anxiety, who feel so sad and hopeless that they stop doing the activities that they used to love, who are considering suicide, who made plans to commit suicide, and who have attempted to commit suicide.

305. From 2010 to 2018, more youth became depressed, more youth reported

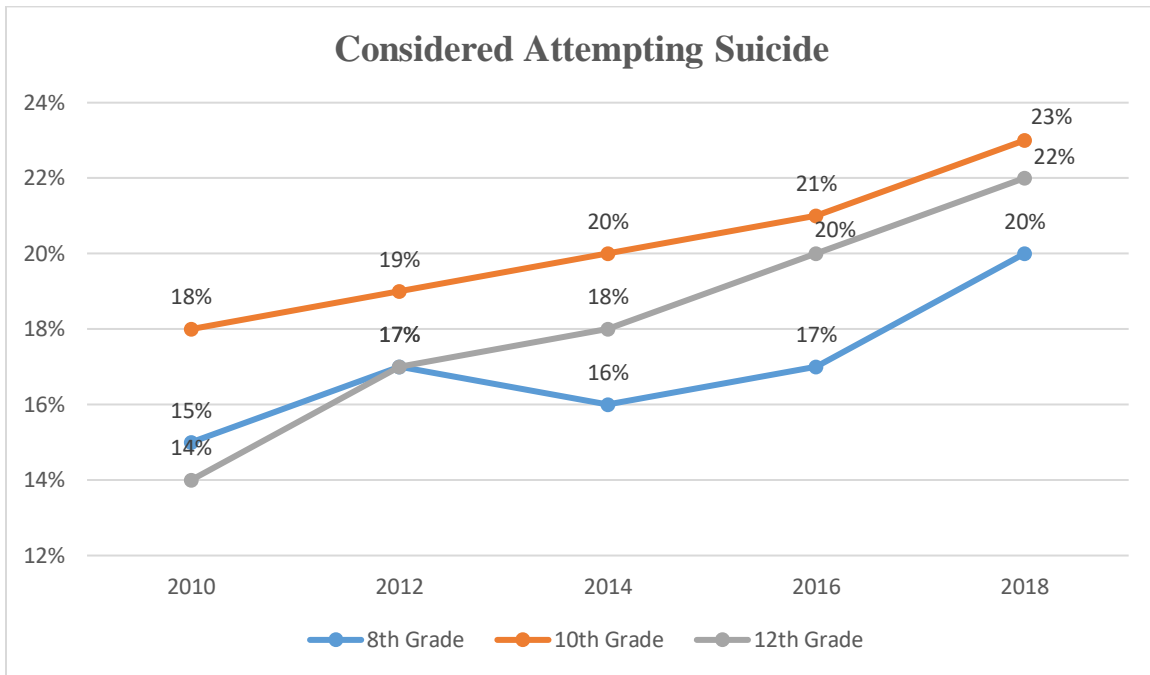
³⁶⁷ *Id.*

³⁶⁸ *Fast Facts*, Kent Sch. Dist., <https://www.kent.k12.wa.us/Page/12621> (last visited Dec. 14, 2022).

³⁶⁹ *Quick Facts: King County, Washington*, U.S. Census Bureau, <https://www.census.gov/quickfacts/fact/map/kingcountywashington/PST045216> (last visited Dec. 8, 2022).

³⁷⁰ *Fast Facts*, Kent Sch. Dist., <https://www.kent.k12.wa.us/Page/12621> (last visited Dec. 14, 2022).

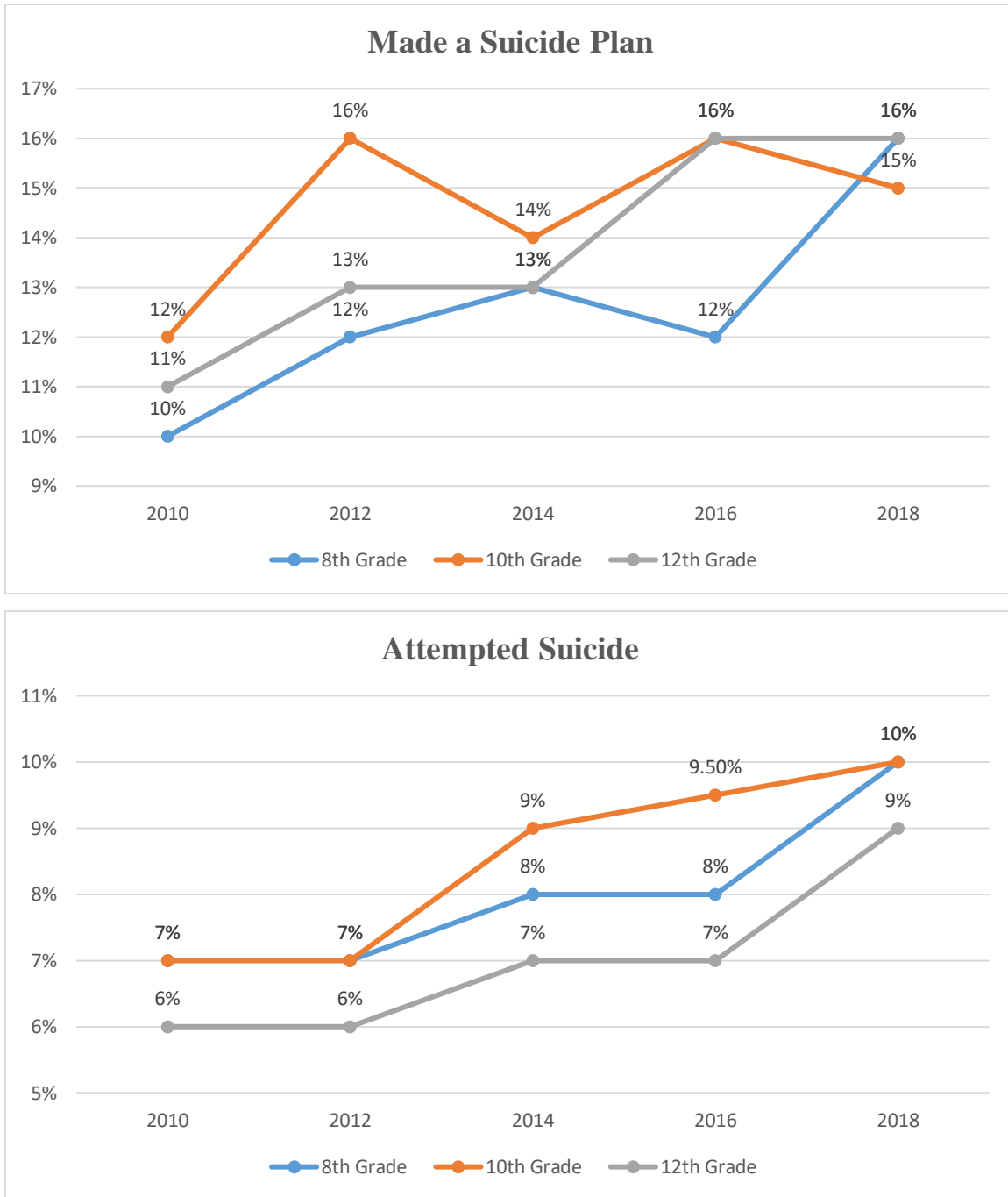
considering suicide, making plans to commit suicide, and attempting suicide.³⁷¹



³⁷¹ King County, Healthy Youth Survey from 2010 to 2018, www.askhys.net (last visited Dec. 8, 2022); *see also* *Health of Children & Youth in King County* at 66, King Cty. Pub. Health (Sept. 2016), <https://kingcounty.gov/depts/health/~media/depts/health/data/documents/health-of-children-youth-king-county-2016.ashx> (finding rates for youth suicidal attempt had been rising prior to the pandemic).

COMPLAINT

KELLER ROHRBACK L.L.P.
1201 THIRD AVENUE, SUITE 3200
SEATTLE, WA 98101-3052
TELEPHONE: (206) 623-1900
FACSIMILE: (206) 623-3384



306. The pandemic and corresponding increase in time youth spend on Defendants' platforms have intensified the crisis.³⁷²

³⁷² *Mental Health Among Youth and Young Adults in King County, WA: January 2019 – October 2021*, Pub. Health Seattle & King Cnty. (Jan. 2022), <https://kingcounty.gov/depts/health/~media/depts/health/communicable-diseases/documents/C19/report-YYA-behavioral>
COMPLAINT

307. In 2021, parents of teens in Washington State, where Plaintiff is located, estimated 47 percent spend between one and three hours on social media platforms, 20 percent spend between three and five hours, and 10 percent spend more than five hours a day on social media platforms.³⁷³

308. As students' use of Defendants' platforms has increased, students' mental, emotional, and social health has declined. An investigation by the *Seattle Times* found that "[b]etween 2015 and 2021, the total number of hospitalizations nearly doubled among youth whose primary diagnosis is psychiatric[.]"³⁷⁴ As a result, "[c]harges to government insurance for youth psychiatric stays did double, rising to more than \$151 million last year."³⁷⁵

309. Moreover, the number of emergency department visits involving suspected suicide attempts was "significantly higher in September 2021 than September 2019," for residents aged 10–24.³⁷⁶ The difference in the number involving kids aged 10–13 were particularly stark, increasing from 56 in 2019 to 122 in 2021.³⁷⁷ The Washington Poison Center also reported 130 more suspected suicide calls from females ages 6–17 between 2019 and 2021.³⁷⁸

310. The "drastic increases in suicides, attempted suicides, and mental-health related

[health.ashx#:~:text=If%20you%20need%20support%20in,appropriate%20treatment%20in%20your%20communit](#)
y.

³⁷³ Jake Whittenberg, *Should my middle schooler be on social media? A mental health counselor weighs in*, King5 (Nov. 5, 2021), <https://www.king5.com/article/life/family/when-should-kids-be-allowed-social-media/281-19b0d6f9-bbb8-4fec-9257-1d9e91f6c207> (reporting on survey); see also *Results of SurveyUSA News Poll #26154*, KING-TV Seattle (Nov. 4, 2021), <https://www.surveyusa.com/client/PollReport.aspx?g=4d325b35-64be-42a0-86f1-7de82d6aa243>.

³⁷⁴ Hannah Furfaro, *Caught in WA's youth mental health 'disaster,' a teen with nowhere to go*, *Seattle Times* (Dec. 18, 2022), <https://www.seattletimes.com/seattle-news/mental-health/caught-in-was-youth-mental-health-disaster-a-teen-with-nowhere-to-go/>.

³⁷⁵ *Id.*

³⁷⁶ *Mental Health Among Youth and Young Adults in King County, WA: January 2019 – October 2021* at 3, Pub. Health Seattle & King Cnty. (Jan. 2022), <https://kingcounty.gov/depts/health/~media/depts/health/communicable-diseases/documents/C19-report-YYA-behavioral-health.ashx#:~:text=If%20you%20need%20support%20in,appropriate%20treatment%20in%20your%20communit>

y.

³⁷⁷ *Id.*

³⁷⁸ *Id.* at 4.

COMPLAINT

KELLER ROHRBACK L.L.P.
1201 THIRD AVENUE, SUITE 3200
SEATTLE, WA 98101-3052
TELEPHONE: (206) 623-1900
FACSIMILE: (206) 623-3384

ER visits” have not gone unnoticed.³⁷⁹ As Councilmember Rod Dembowski observed, it is “clear to any parent across this country and here in King County[.]” where Plaintiff is located, that even before the COVID-19 pandemic, there was and is “an *existing* youth mental health crisis[.]”³⁸⁰

311. Leo Flor, the director of King County’s Department of Community and Human Services echoed Councilmember Dembowski’s comments, telling reporters that “[i]t could not be more clear that we have a crisis in behavioral health, mental health in our youth.”³⁸¹ That crisis “shows up in many ways.”³⁸² “It shows up in what [Director Flor and his staff] are hearing from staff at school districts, what they see every day,” and “in things as terrible as kids taking their own lives.”³⁸³

312. The crisis is also reflected in what Plaintiff’s students are telling mental health professionals at its schools. Plaintiff uses screening, brief intervention, and referral to treatment (“SBIRT”) to identify and help students in need. Of the “students [that] have been tested using the SBIRT, . . . 20% ‘screened red,’ meaning they had suicidal agitation or self-harm tendencies, and 20–30% ‘screened yellow’ for anxiety or depression.”³⁸⁴

313. In an attempt to address the decline in students’ mental, emotional, and social health, Plaintiff has been forced to divert resources and expend additional resources to:

314. hire additional personnel, including counselors and medical professionals to address mental, emotional, and social health issues;³⁸⁵

315. develop additional resources to address mental, emotional, and social health

³⁷⁹ Press Release, *Council approves \$5 million in funding for youth mental health*, King Cnty. (Aug. 17, 2022), <https://kingcounty.gov/council/news/2022/August/8-17-youth-mental-health-funding-release.aspx> (emphasis added).

³⁸⁰ *Id.*

³⁸¹ Chris Daniels, *King County schools face mental and behavioral health crisis*, King5 (Jun. 2, 2022), <https://www.king5.com/article/news/health/teens-mental-behavioral-health-crisis/281-6f8bdd5-ebc4-42a4-93e1-0f1eb7901595>.

³⁸² *Id.*

³⁸³ *Id.*

³⁸⁴ *Id.*

³⁸⁵ See, e.g., *Mental Health Services and Support*, Kent Sch. Dist., <https://www.kent.k12.wa.us/Page/13099#mental-health> (last visited Dec. 19, 2022) (noting that the “District has substantially increased mental and social-emotional health supports for students,” including “commit[ing] an additional \$2.5 million dollars in mental and social emotional health for students for the 2022–23 school year”).

1 issues;³⁸⁶

2 316. increase training for teachers and staff to identify students exhibiting symptoms
3 affecting their mental, emotional, and social health;

4 317. train teachers, staff, and members of the community about the harms caused by
5 Defendants' wrongful conduct;³⁸⁷

6 318. develop lesson plans to teach students about the dangers of using Defendants'
7 platforms;³⁸⁸

8 319. educate students about the dangers of using Defendants' platforms;

9 320. update its student handbook to address use of Defendants' platforms; and

10 321. update school policies to address use of Defendants' platforms.

11 322. Additionally, more students have been acting out as a result of the decline
12 Defendants caused in students' mental, emotional, and social health. As a result, Plaintiff has
13 been forced to divert resources and expend additional resources to:

14 a. repair property damaged as a result of the exploitive and harmful content
15 Defendants directed to students;³⁸⁹

16
17 ³⁸⁶ See, e.g., *Multi-Tiered Systems of Support*, Kent Sch. Dist., <https://www.kent.k12.wa.us/domain/5797> (last
18 visited Dec. 14, 2022) (describing three-tiered system through which Plaintiff provides social and emotional
19 support for its students); *Social and Emotional Learning*, Kent Sch. Dist.,
20 <https://www.kent.k12.wa.us/domain/5655> (last visited Dec. 14, 2022) (describing curriculum for one of the tiers of
21 support Plaintiff offers to students); *Mental Health Support for Students Expanding*, Kent Sch. Dist.,
22 <https://www.kent.k12.wa.us/site/default.aspx?PageType=3&DomainID=4&ModuleInstanceID=15745&ViewID=6446EE88-D30C-497E-9316-3F8874B3E108&RenderLoc=0&FlexDataID=41825&PageID=1> (last visited Dec. 14,
23 2022) (describing Plaintiff's expansion of teletherapy services to students).

24 ³⁸⁷ See, e.g., *Social Media Support Tips for Families*, Kent Sch. Dist.,
25 <https://wa49000006.schoolwires.net/site/Default.aspx?PageType=3&DomainID=4&PageID=1&ViewID=6446ee88-d30c-497e-9316-3f8874b3e108&FlexDataID=37564> (last visited Dec. 15, 2022); *Online Safety*, Kent Sch. Dist.,
26 <https://www.kent.k12.wa.us/Page/10343> (last visited Dec. 15, 2022); *Digital Citizenship Resources*, Jenkins Creek
27 Elementary Sch., <https://www.kent.k12.wa.us/Page/10760> (last visited Dec. 15, 2022).

³⁸⁸ *Middle School Students Want You to Talk About Mental Health*, Kent Sch. Dist.,
28 <https://www.kent.k12.wa.us/site/default.aspx?PageType=3&DomainID=4&ModuleInstanceID=15745&ViewID=6446EE88-D30C-497E-9316-3F8874B3E108&RenderLoc=0&FlexDataID=35341&PageID=1> (last visited Dec. 15,
29 2022).

³⁸⁹ See, e.g., *Dangerous TikTok Challenges Negatively Impact Schools and Learning*, Meeker Middle Sch.,
30 <https://www.kent.k12.wa.us/site/Default.aspx?PageType=3&DomainID=34&PageID=61&ViewID=6446ee88-d30c-497e-9316-3f8874b3e108&FlexDataID=36703> (last visited Dec. 19, 2022) (describing how "[h]armful
31 TikTok challenges continue to affect Kent School District," that "multiple school in [the] district" are
32 "experiencing theft and vandalism as a result," and such challenges have "serious consequences").

b. increase disciplinary services and time spent addressing bullying, harassment, and threats;

c. confiscate devices on which students were compelled by Defendants' conduct to use while in class or school campuses to access Defendants' platforms;

d. meet with students and the parents of students caught using Defendants' platforms at school;

e. divert time and resources from instruction activities to notify parents and guardians of students' behavioral issues and attendance; and

f. investigate and respond to threats made against schools and students over social media.³⁹⁰

323. Plaintiff has also teamed up with local partners to provide mental health counseling.³⁹¹

324. Plaintiff cannot keep up with the increased need for mental health services because of the youth mental health crisis.

325. The King County Council has recognized Plaintiff's and other schools' need for additional resources to address this crisis and recently allocated \$2 million to go "to behavioral health providers with prioritization of school-based services, mental health first aid for youth, and suicide prevention for youth."³⁹²

326. But Plaintiff requires significantly greater and long-term funding to address the nuisance Defendants have created. It is time, as President Biden declared, to get "all Americans

³⁹⁰ See, e.g., *Social Media Threat Resolved, Classes Resume Safely*, Mill Creek Middle Sch., <https://www.kent.k12.wa.us/site/Default.aspx?PageType=3&DomainID=37&PageID=67&ViewID=6446ee88-d30c-497e-9316-3f8874b3e108&FlexDataID=37070> (last visited Dec. 15, 2022) (noting that "[f]rom an administrative perspective, [resolving the threat] has depleted all energies that my team and I have had over the last 36 hours"); *No Specific Social Media Threats to KSD Schools on December 17*, Kentwood High Sch., <https://www.kent.k12.wa.us/site/Default.aspx?PageType=3&DomainID=29&PageID=51&ViewID=6446ee88-d30c-497e-9316-3f8874b3e108&FlexDataID=37084> (last visited Dec. 15, 2022) (noting that "[e]ven if they are not credible threats, they can cause a great deal of stress and anxiety for our students, families, and staff").

³⁹¹ *Behavioral Health Screening*, Kent Sch. Dist., <https://www.kent.k12.wa.us/Page/11725> (last visited Dec. 15, 2022).

³⁹² Press Release, *Council approves \$5 million in funding for youth mental health*, King Cnty. (Aug. 17, 2022), <https://kingcounty.gov/council/news/2022/August/8-17-youth-mental-health-funding-release.aspx>.

the mental health services they need.”³⁹³

V. SECTION 230 IS NO SHIELD FOR DEFENDANTS’ CONDUCT

327. Plaintiff anticipates that Defendants will raise section 230 of the Communications Decency Act, 47 U.S.C. § 230(c)(1), as a shield for their conduct. But section 230 is no shield for Defendants’ own acts in designing, marketing, and operating social media platforms that are harmful to youth.

328. Section 230 provides immunity from liability only to “(1) a provider or user of an interactive computer service (2) whom a plaintiff seeks to treat, under a state law cause of action, as a publisher or speaker (3) of information provided by another information content provider.” *Barnes v. Yahoo!, Inc.*, 570 F.3d 1096, 1100–01 (9th Cir. 2009), *as amended* (Sept. 28, 2009).

329. Publication generally involves traditional editorial functions, such as reviewing, editing, and deciding whether to publish or to withdraw from publication third-party content. *Lemmon v. Snap, Inc.*, 995 F.3d 1085, 1091 (9th Cir. 2021).

330. Publication does not, however, include duties related to designing and marketing a social media platform. *See id.* at 1092–93.

331. Plaintiff expressly disavows any claims or allegations that attempt to hold Defendants liable as the publisher or speaker of any information provided by third parties.

332. Section 230 does not shield Defendants’ conduct because, among other considerations: (1) Defendants are liable for their own affirmative conduct in recommending and promoting harmful content to youth; (2) Defendants are liable for their own actions designing and marketing their social media platforms in a way that causes harm; (3) Defendants are liable for the content they create that causes harm; and (4) Defendants are liable for distributing, delivering, and/or transmitting material that they know or have reason to know is harmful, unlawful, and/or tortious.

³⁹³ President Biden, State of the Union Address (Mar. 1, 2022) (transcript available at <https://www.whitehouse.gov/state-of-the-union-2022/>).

333. First, Plaintiff is not alleging Defendants are liable for what third-parties have said on Defendants' platforms but, rather, for Defendants' own conduct. As described above, Defendants affirmatively recommend and promote harmful content to youth, such as pro-anorexia and eating disorder content. Recommendation and promotion of damaging material is not a traditional editorial function and seeking to hold Defendants liable for these actions is not seeking to hold them liable as a publisher or speaker of third party-content.

334. Second, Plaintiff's claims arise from Defendants' status as designers and marketers of dangerous social media platforms that have injured the health, comfort, and repose of its community. The nature of Defendants' platforms centers around Defendants' use of algorithms and other designs features that encourage users to spend the maximum amount of time on their platforms—not on particular third party content. The algorithms Defendants employ adapt to the social media activity of individual users to promote whatever content will trigger a particular user's attention and maximize their screen time. That is, Defendants' algorithms are user-focused rather than content-based and are indifferent to the nature and type of content they promote to users, provided that such content increases the time users spend on their platforms. In that respect, they are content neutral.

335. Third, Defendants are liable for the content they create. In addition to content such as Snapchat filters which promote body dysmorphia, Defendants send emails and notifications to youth including material they create which often promotes certain harmful content.

336. Fourth, Plaintiff does not seek to hold Defendants liable as publishers or speakers of information provided by other content providers, but instead Plaintiff seeks to hold them liable for distributing material they know or should know is harmful or unlawful. *See Malwarebytes, Inc. v. Enigma Software Grp. USA, LLC*, 141 S. Ct. 13 (2020) (statement of Justice Thomas respecting denial of certiorari discussing the distinction between distributor and publisher liability); *cf. Restatement (Second) of Torts* § 581 (Am. Law Inst. 1977) (“[O]ne who only delivers or transmits defamatory matter published by a third person is subject to liability if, but

COMPLAINT

only if, he knows or has reason to know of its defamatory character.”).

337. Ultimately, Plaintiff’s claim is not predicated on information provided by another information content provider. Rather, Plaintiff’s claim rests on Defendants’ conduct which has resulted in the current public health crisis among youth mental health.

VI. CAUSE OF ACTION

COUNT ONE — VIOLATIONS OF THE WASHINGTON PUBLIC NUISANCE LAW, RCW 7.48.010 *ET SEQ.*

338. Plaintiff incorporates each preceding paragraph as though set forth fully herein.

339. Plaintiff brings this claim under RCW 7.48.010 *et seq.* and common law regarding public nuisances.

340. Pursuant to RCW 7.48.010, an actionable nuisance is defined as, *inter alia*, “whatever is injurious to health or indecent or offensive to the senses, or an obstruction to the free use of property, so as to essentially interfere with the comfortable enjoyment of the life and property.” *Id.*

341. Specifically, a “[n]uisance consists in unlawfully doing an act, or omitting to perform a duty, which act or omission either annoys, injures or endangers the comfort, repose, health or safety of others, offends decency . . . or in any way renders other persons insecure in life, or in the use of property.” RCW 7.48.120.

342. Under Washington law, conduct that substantially and/or unreasonably interferes with the Plaintiff’s use of its property is a nuisance even if it would otherwise be lawful.

343. Pursuant to RCW 7.48.130, “[a] public nuisance is one which affects equally the rights of an entire community or neighborhood, although the extent of the damage may be unequal.” *Id.*

344. Defendants have created a mental health crisis in Seattle Public Schools, injuring the public health and safety in Plaintiff’s community and interfering with the operations, use, and enjoyment of the property of Seattle Public Schools.

345. Employees and patrons, including students, of Seattle Public Schools have a right
COMPLAINT

KELLER ROHRBACK L.L.P.
1201 THIRD AVENUE, SUITE 3200
SEATTLE, WA 98101-3052
TELEPHONE: (206) 623-1900
FACSIMILE: (206) 623-3384

1 to be free from conduct that endangers their health and safety. Yet Defendants have engaged in
 2 conduct which endangers or injures the health and safety of the employees and students of
 3 Seattle Public Schools by designing, marketing, and operating their respective social media
 4 platforms for use by students in Seattle Public Schools and in a manner that substantially
 5 interferes with the functions and operations of Seattle Public Schools and impacts the public
 6 health, safety, and welfare of the Seattle Public Schools community.

7 346. Each Defendant has created or assisted in the creation of a condition that is
 8 injurious to the health and safety of Plaintiff and its students and employees and interferes with
 9 the comfortable enjoyment of life and property of the Seattle Public Schools community.

10 347. The health and safety of the students and employees of Seattle Public Schools,
 11 including those who use, have used, or will use Defendants' platforms, as well as those affected
 12 by others' use of their platforms, are matters of substantial public interest and of legitimate
 13 concern to Plaintiff.

14 348. Defendants' conduct has affected and continues to affect a substantial number of
 15 people within Seattle Public Schools and is likely to continue causing significant harm.

16 349. Defendants' conduct has directly caused a severe disruption of the public health,
 17 order, and safety. Defendants' conduct is ongoing and continues to produce permanent and long-
 18 lasting damage.

19 350. This harm to youth mental health and the corresponding impacts to public health,
 20 safety, and the welfare of the Seattle Public Schools community outweighs any social utility of
 21 Defendants' wrongful conduct.

22 351. The rights, interests, and inconvenience to Seattle Public Schools' community far
 23 outweighs the rights, interests, and inconvenience to Defendants, who have profited
 24 tremendously from their wrongful conduct.

25 352. But for Defendants' actions, Plaintiff's students would not use social media
 26 platforms as frequently or long as they do today, be deluged with exploitive and harmful content
 27 to the same degree, and the public health crisis that currently exists as a result of Defendants'

COMPLAINT

1 conduct would have been averted.

2 353. Logic, common sense, justice, policy, and precedent indicate Defendants' unfair
3 and deceptive conduct has caused the damage and harm complained of herein. Defendants knew
4 or reasonably should have known that their design, promotion, and operation of their platforms
5 would cause students to use their platforms excessively, that their marketing methods were
6 designed to appeal to youth, and that their active efforts to increase youth use of their platforms
7 were causing harm to youth and to schools, including youth in Seattle Public Schools.

8 354. Thus, the public nuisance caused by Defendants was reasonably foreseeable,
9 including the financial and economic losses incurred by Seattle Public Schools.

10 355. Alternatively, Defendants' conduct was a substantial factor in bringing about the
11 public nuisance even if a similar result would have occurred without it. By designing, marketing,
12 promoting, and operating their platforms in a manner intended to maximize the time youth spend
13 on their respective platforms—despite knowledge of the harms to youth from their wrongful
14 conduct—Defendants directly facilitated the widespread, excessive, and habitual use of their
15 platforms and the public nuisance effecting Seattle Public Schools. By seeking to capitalize on
16 their success by refining their platforms to increase the time youth spend on their platforms,
17 Defendants directly contributed to the public health crisis and the public nuisance effecting
18 Seattle Public Schools.

19 356. Defendants' conduct is especially injurious to Seattle Public Schools because, as a
20 direct and proximate cause of Defendants' conduct creating or assisting in the creation of a
21 public nuisance, Plaintiff and its students and employees have sustained and will continue to
22 sustain substantial injuries.

23 357. Plaintiff has had to take steps to mitigate the harm and disruption caused by
24 Defendants' conduct, including the following:

- 25 a. hiring additional personnel to address mental, emotional, and social health issues;
- 26 b. developing additional resources to address mental, emotional, and social health
- 27 issues;

COMPLAINT

- c. increasing training for teachers and staff to identify students exhibiting symptoms affecting their mental, emotional, and social health;
- d. training teachers, staff, and members of the community about the harms caused by Defendants' wrongful conduct;
- e. developing lesson plans to teach students about the dangers of using Defendants' platforms;
- f. educating students about the dangers of using Defendants' platforms;
- g. addressing property damaged as a result of students acting out because of mental, social, and emotional problems Defendants' conduct is causing;
- h. increasing disciplinary services and time spent addressing bullying, harassment, and threats;
- i. confiscating devices on which students use Defendants' platforms while in class or on Plaintiff's school campuses;
- j. meeting with students and the parents of students caught using Defendants' platforms at school or other disciplinary matters related to students' use of Defendants' platforms;
- k. diverting time and resources from instruction activities to notify parents and guardians of students' behavioral issues and attendance;
- l. investigating and responding to threats made against Plaintiff's schools and students over social media;
- m. updating its student handbook to address use of Defendants' platforms; and
- n. updating school policies to address use of Defendants' platforms.

358. Fully abating the nuisance resulting from Defendants' conduct will require much more than these steps.

359. Pursuant to RCW 7.48.020, Seattle Public Schools requests an order providing for abatement of the public nuisance that Defendants have created or assisted in the creation of, and enjoining Defendants from future violations of RCW 7.48.010.

COMPLAINT

1 360. Pursuant to RCW 7.48.020, Plaintiff also seeks the maximum statutory and civil
2 penalties permitted by law, including actual and compensatory damages, as a result of the public
3 nuisance created by Defendants.

4 361. Pursuant to RCW 4.22.070, Defendants are jointly and severally liable because
5 they have acted in concert with each other and because Plaintiff is not at fault.

6 **VII. PRAYER FOR RELIEF**

7 WHEREFORE, Plaintiff prays for judgment as follows:

8 362. Entering an Order that the conduct alleged herein constitutes a public nuisance
9 under Washington law;

10 363. Entering an Order that Defendants are jointly and severally liable;

11 364. Entering an Order requiring Defendants to abate the public nuisance described
12 herein and to deter and/or prevent the resumption of such nuisance;

13 365. Enjoining Defendants from engaging in further actions causing or contributing to
14 the public nuisance as described herein;

15 366. Awarding equitable relief to fund prevention education and treatment for
16 excessive and problematic use of social media;

17 367. Awarding actual and compensatory damages;

18 368. Awarding statutory damages in the maximum amount permitted by law;

19 369. Awarding reasonable attorneys' fees and costs of suit;

20 370. Awarding pre-judgment and post-judgment interest; and

21 371. Such other and further relief as the Court deems just and proper under the
22 circumstances.

23 **VIII. JURY TRIAL DEMAND**

24 372. Plaintiff hereby demands a trial by jury.
25
26
27

RESPECTFULLY SUBMITTED this 9th day of January, 2023.

KELLER ROHRBACK L.L.P.

By /s/ Cari C. Laufenberg

By /s/ Derek W. Loeser

By /s/ Dean N. Kawamoto

By /s/ Garrett A. Heilman

By /s/ Felicia J. Craick

By /s/ Chris Ryder

Cari C. Laufenberg

Derek W. Loeser

Dean N. Kawamoto

Garrett A. Heilman

Felicia J. Craick

Chris Ryder

1201 Third Avenue, Suite 3200

Seattle, WA 98101-3052

Telephone: (206) 623-1900

Fax: (206) 623-3384

claufenberg@kellerrohrback.com

dloeser@kellerrohrback.com

dkawamoto@kellerrohrback.com

gheilman@kellerrohrback.com

fcraick@kellerrohrback.com

cryder@kellerrohrback.com

Christopher Springer (*pro hac vice* to follow)

801 Garden Street, Suite 301

Santa Barbara, CA 93101

Telephone: (805) 456-1496

Fax: (805) 456-1497

cspringer@kellerrohrback.com

Attorneys for Plaintiff

COMPLAINT

KELLER ROHRBACK L.L.P.
1201 THIRD AVENUE, SUITE 3200
SEATTLE, WA 98101-3052
TELEPHONE: (206) 623-1900
FACSIMILE: (206) 623-3384